

Meet our new wellbeing link worker



Bethany is our new wellbeing link worker, with 5 years' experience of supporting people to take greater control of their health and wellbeing. An appointment with Bethany could help you to:

- 👍 Access community services and meet new people
- 👍 Take up a new hobby or do more exercise
- 👍 Reduce isolation, loneliness, stress and anxiety
- 👍 Gain tailored advice and support
- 👍 Make positive changes

“Having a wellbeing link worker based in our surgery is a very positive development in being able to offer our patients an all-round excellent service” – Dr Richard Stockley

Speak to reception about this service