






Meet our new wellbeing link worker



Wendy is our new wellbeing link worker, with 10 years' experience in mental health support and passionate to help people take greater control of their health and wellbeing. An appointment could help you to:

-  Access community services and meet new people
-  Take up a new hobby or do more exercise
-  Reduce isolation, loneliness, stress and anxiety
-  Gain tailored advice and support
-  Make positive changes

“Having a wellbeing link worker based in our surgery is a very positive development in being able to offer our patients an all-round excellent service” – Dr Nick Jackson

Speak to reception about this service