Partners in Care Weekly Bulletin

The CCG produce weekly bulletins to keep our Partners in Care updated with all the latest development in health and social care. The bulletin is a collaborative effort shaped by the news and updates providers have told us they would like to hear. Content of these includes latest advice and guidance, updates around programmes of works across the Vale of York, and the availability of training and support. To receive the bulletin please contact sam.varo@nhs.net

How else can we help you?

If you have any queries or requests for support then please contact a member of the team and we will endeavor to help you.

Sam Varo- sam.varo@nhs.net

Helen Degnan- h.degnan1@nhs.net

Sarah Fiori- sarah.fiori@nhs.net

Skills for Care– Personal Assistant Hub

Skills for Care also have a comprehensive hub providing support and guidance, including COVID-19 testing, essential learning and PPE as well as links to official government guidance. Please follow this link to access: <u>https://www.skillsforcare.org.uk/Employing-yourown-care-and-support/Working-as-a-personal-assistant/Working-asa-personal-assistant.aspx</u>



Vale of York Clinical Commissioning Group



Vale of York Clinical Commissioning Group

Personal Assistants

How We Can Support You

The Partners in Care Team at NHS Vale of York CCG work in partnership with stakeholders from health, social care and the third sector to support care providers and staff across the patch, in their provision of high quality care. We can offer support and guidance, as well as access to training opportunities and peer support from other care providers.

For more information please visit: www.valeofyorkccg.nhs.uk/about-us/ partners-in-care1/

Training Programmes

Recognising and Responding to Deterioration in Residents Using a Softer Signs Tool

This training develops care staff skills and knowledge in the early identification of deterioration and how to respond using a softer signs tools. Training also includes communication skills and how to use the SBAR (situation, background, assessment and recommendations) tool to help care staff relay accurate, relevant and timely information to other health and care services including GPs and District Nurses. The aim of this work is to reduce avoidable harm, reduce the likelihood of hospital admissions, enhance clinical outcomes and improve the experience for individuals. This training can be offered face to face, virtual or through the use of a workbook. For more information please contact kay.ford3@nhs.net

React to Falls Prevention

The NHS Vale of York CCG is committed to supporting care colleagues in providing best care and are promoting the React to Falls Prevention principles across the Vale of York. The emphasis of this work is to reduce falls risks by implementation of a person centred, peripatetic approach to prevent and manage falls for each care home resident. Ideally all care staff should receive face to face training. Resources used include an educational video, workbook and self-assessment skills booklet which supports carers in recognising when an individual may be at increased risk of falls and the steps that can be taken to reduce these risks. React to Falls Prevention' identifies 3 key areas of risk: Physical, Behavioral and Environmental, and the subsequent use of a simple framework that prompts carers to consider these risks and 'REACT' to reduce the risk of falls. For more information please contact h.degnan1@nhs.net

Training Programmes

React to Red (Pressure Ulcer Prevention)

React to Red is an education package using a simple yet effective framework which supports carers in recognising when an individual may be at increased risk of pressure ulcer development and the simple steps that can be taken to avoid them. The intensive face-to-face training programme delivered by the CCG's nursing team has already resulted in a 75% decrease in the incidence of reported pressure ulcers in care homes within the Vale of York, contributing to increased quality of life for residents. The framework known as 'SSKIN' prompts carers to consider key areas important in maintaining skin integrity. For more information please contact <u>h.degnan1@nhs.net</u>

Support and Guidance

Partners in Care Virtual Forum

All care providers and care staff are welcome to attend our Partners in Care Virtual Forums which take place on **alternate Thursdays from 14.00 to 14.45**. These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues. There forum is also open to and attended by partner organisations who support care providers from acute care, mental health, local authority and Skills for Care among others. The forum and topics discussed are shaped by its member care providers, with topics discussed recently ranging from digital initiatives to flu vaccinnation, continence services, and infection prevention and control. For more information and to join this sessions please contact <u>sam.varo@nhs.net</u>