



## **Transformation Programmes 2020/21**

### **Practice Nurse Live Webinar**

The Humber Coast and Vale Primary Care Board are pleased to announce a programme of support aimed at Primary Care staff across Humber Coast and Vale. We will be hosting a Practice Nurse Live Webinar during **December** to enable you to understand from the providers a little more about the aims, objectives, target audience and time commitment required. We hope you find the summary below helpful, please do not hesitate to get in touch if you have any queries in the meantime.

#### **Motivational Interviewing for all Primary Care Staff 13<sup>th</sup> Nov and 8<sup>th</sup> Dec '20 (delivered by Et al Training)**

An interactive, live, online study day suitable for all members of the team. Motivational Interviewing is a style of communication that helps you to engage with people, clarify their strengths and aspirations, promote independent decision making and utilise their own motivations for change. Delegates will not be asked to role play but will interact, participate and influence the content of the day which will use bespoke situations to demonstrate MI skills. Feedback suggests that MI helps to avoid burn out.

13 November '20 - <https://www.eventbrite.co.uk/e/motivational-interviewing-for-primary-care-in-e-riding-lincs-hulln-yorks-tickets-126970322653>

8 December '20 - <https://www.eventbrite.co.uk/e/motivational-interviewing-for-primary-care-in-e-riding-hull-lincs-n-york-tickets-126983640487>

#### **Clinical Supervision Training for Supervisors - for GPNs, GPs, other health professionals 30<sup>th</sup> Nov, 1<sup>st</sup> Dec '20, 15<sup>th</sup> Jan '21 (delivered by M&K Update)**

An interactive online one-day course. Participants will be given the tools and techniques to teach people about Clinical Supervision and to undertake the role of Supervisor.

Register your place by emailing [melissa.brolls@nhs.net](mailto:melissa.brolls@nhs.net)

#### **Managing Your World - A session written for Practice Nurses 9<sup>th</sup> Feb, 2<sup>nd</sup> & 17<sup>th</sup> March '21 (delivered by Primary Care Training Centre)**

A one-day session looking for ways to manage the pressure of working in a busy practice. On return to work delegates will be able to identify stress points and difficulties that need to be addressed. They will feel more confident about using key management skills in order to arrange their workload. They will understand and be able to use key mindfulness techniques, recognise possible burnout in others and offer support.

### **Nurse Leadership and Management in Primary Care** **24<sup>th</sup> Nov, 10<sup>th</sup> Dec, 13<sup>th</sup> Jan '21 (delivered by Haxby Group Training)**

The Nurse Leadership and Management in Primary Care programme aims to arm nurses who have management or supervisory responsibilities working in a primary care environment with the skills and supporting theory that will help them perform well in their role. The programme is suitable for:

- Newly appointed junior or supervisory nurse managers or team leaders
- Nursing staff who are in a role that carries responsibility for other staff or important resources
- Existing nurse managers, supervisors or team leaders who require training or refresher training.
- Nursing staff who have the potential to develop and move into managerial or leadership roles in the near future.

### **New to Practice Nursing Leadership Development** **dates tbc for early '21 (delivered by Haxby Group Training)**

This programme aims to arm nurses who are new to working in a primary care environment with the skills and supporting theory that will help them perform well in their role. The course consists of three interactive study days over a duration of 6 months with a certificate of completion awarded following attendance at all 3 days. The programme is aimed at:

- Newly qualified nurses working in General Practice
- Nurses who are new to General Practice

### **Time Management for all Health Care Professionals** **date tbc end Jan '21 (delivered by M&K Update)**

This workshop is designed to help you manage your time more effectively. It will explore issues with time management, prioritisation and delegation, managing meetings and emails, Managing other people's priorities and action planning.

At the end of the session delegates will have:

- a good understanding of time management techniques
- an understanding of the benefits of effective time management
- an understanding of the importance of good delegation
- knowledge of how to manage meetings more effectively
- knowledge of how to manage emails and your calendar more efficiently
- some tips on how to manage interruptions

### **NB Medical Hot Topics Nurse Course**

NB Medical is the largest provider of primary care education in the UK, educating over 20,000 colleagues each year via face to face and webinar courses. The one-day Hot Topics Nurse course has been designed by their NHS nurse and GP team. NB Medical promise they aren't teaching you how to be a nurse! This isn't hours of showing you how to take a

blood pressure – it's a concise look at the hot topics in primary care nursing, supported by fantastic resources.

NB take the time you don't have to read all the journals, summarise the guidelines and research, then deliver it to you in an engaging and interactive way. The course content is continually redesigned to ensure it is aligned with the latest and most up to date policies, procedures and best practice. The course is supported by a detailed course book, access to NB's online dashboard and mobile app for 12 months, and access to the support of their lecturers via their dedicated emails.

### **New to Practice Nursing Programme (hosted by Haxby ATP)**

HCV Advanced Training Practice has developed a 'New to Practice Nursing' 1-year programme. The programme will act as a catalyst for recruitment and result in trained, motivated, high quality clinicians supporting primary care in our region. The following is summary of what will be covered:

- Each nurse will have a named mentor
- The mentor would provide supervision for clinical work and deliver a weekly tutorial on a topic related to the syllabus
- The syllabus would be divided into three semesters
- It will be delivered through half day sessions – attendance would be compulsory for all nurses on the programme
- A bursary will be made available to the employing practice
- Topics include:-
  - Semester 1 – Practical Practice Nursing (Women's Health, Cervical Smears, Contraception, Venepuncture, ECGs, Spirometry and Vacc and Imms)
  - Semester 2 – Chronic Disease Management (Respiratory Diseases, Diabetes, Cardiovascular Disease)
  - Semester 3 – Leadership and Management Skills (Understanding the basics, working as a team, contracts and QOF)

### **Nurse Assessor Programme (delivered by Haxby ATP)**

**Dates tbc - to commence before 31<sup>st</sup> March '21**

Students in every field have previously been trained and supervised by qualified practitioners in their particular field with a teaching and assessing qualification such as ENB 997/8, Teaching and Assessing in Clinical Practice. These staff were termed as mentors.

In 2018 the Nursing and Midwifery Council (NMC) announced a change in educational standards and introduced "academic assessors", 'practice supervisors' and 'practice assessors' to replace traditional mentors for all students who commence training after September 2018.

A lack of trained nurse assessors and supervisors prevents practices from taking on student nurse placements. Haxby ATP are now supporting HCV practices to develop 30 GPNs to undertake the relevant Nurse Assessor Training which supports this new model "Standards for Student Supervision and Assessment" (SSSA):

- Practice supervisors will supervise students on placements
- A practice assessor will assess and confirm the students' achievements in practice in conjunction with the supervisors and recommend students for completion of the placement or year or training. These are no longer field specific

- An academic assessor will collate and confirm the student's learning and achievement in theory.
- Practice assessors will assess and confirm the students' learning achievements in clinical practice and recommend students for progression in partnership with the academic assessors.
- All mentors can fulfil the role of either supervisor or assessor following transition training. These can be interchangeable.
- All qualified practitioners will be required by the NMC to function at a minimum of supervisor level (following period of preceptorship when the initially qualify)
- All practitioners who would have become mentors now need to complete ;
  1. supervision training ( future nursing cohorts will qualify Supervisor Ready)
  2. assessor training.

### **Respiratory Training for Health Care Professionals (delivered by Rotherham Respiratory)**

NHSE have commissioned RR to deliver: [Spirometry Performing & interpreting](#), [Spirometry Performing Only](#), [Asthma Foundation](#), [Paediatric Asthma](#), [COPD Foundation](#), [COPD Update](#), [Heart Failure Foundation](#) and Asthma Update (link coming soon), which is currently being delivered to primary and community health care professionals across HCV.

RR have been delivering pioneering long-term conditions education and training for over 20 years to health care professionals in the Yorkshire & The Humber region. Their courses are evidenced based and developed by [expert practicing clinicians](#). Due to the COVID 19 pandemic education is now delivered online.

The new online courses are mapped to a very strict criteria and unique model, for example the respiratory education is mapped to the PCRS (Primary Care Respiratory Society) "[Fit to care document](#)" the NMC codes and an educational model. All courses are assessed and some are accredited by the RCN, NPRANG (National Paediatric and Allergy nurses group). RR are in the application process for more endorsements from other recognised bodies and are currently applying for CPD accreditation for all online courses. The evaluations received so far have been outstanding with many delegates applying for further courses.

All the courses are a mixture of videos with narrated PowerPoints with the tutor, self-directed learning and further learning if the delegate would like to extend their learning time. Each section can be repeated as many times as necessary and has a check your knowledge section before moving onto the next section. At the end of the course is a small final assessment that the delegate has to pass before downloading their certificate of completion. This assessment can be retaken if necessary. RR are aware that students learn at different levels, so their courses are available for the student to repeat as many times as they need to within the time frame allocated. For example, with a 7.5 hour module, the student has access for 14 days and for a 14 hour module 28 days. These course times can be extended if the delegate requires more time due to circumstances.

Please see the [course portfolio](#) for more in-depth information of all courses offered.