



Vale of York  
Clinical Commissioning Group



Monday 26 October 2020

## What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)



## Partners in Care Virtual Forum and NHS Mail Q&A Session

This week's Partners in Care Virtual Forum, will take place on **Thursday 29 October from 2.00-2.30**. These sessions are designed to provide support with the latest guidance, updates from across health and social care and a chance to ask questions of both health professionals and fellow care sector colleagues. The sessions are shaped by our care providers so if you have anything you would like to raise for this meeting please get in touch.

Directly following on from the forum this week will be an interactive Q&A session from the regional team helping to support care providers accessing NHS Mail. This session is designed for providers just starting out using NHS

Mail, and to help answers any questions. Topics that will be covered include

- Why providers need secure mail
- How these accounts can be used to communicate with wider health services
- How to reset your password if you haven't been able to access your account
- Using the shared mailbox for your provider
- Adding new users and removing users no longer with the service
- Navigating NHS Mail and using the NHS Mail directory

All care providers and partner agencies are welcome to join both sessions, please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net) if you don't have the calendar invite.

## **Nutritional Wellbeing Virtual Training**

In response to the national call to help support Care/Nursing Homes, the Department of Nutrition and Dietetics at York Hospital has developed a comprehensive virtual training package designed to support staff in the identification and management of malnutrition to help promote residents' nutritional wellbeing.

Since rolling out the programme on 1 October 2020, training has already been delivered to three Care/Nursing Homes. Training is available to any Care/Nursing Home in the Vale of York CCG. Expressions of interest should be emailed to: [Nutrition&Dietetics@york.nhs.uk](mailto:Nutrition&Dietetics@york.nhs.uk)

Did you know that Care/Nursing Homes within the Vale of York CCG can refer residents directly to the outpatient dietetic service at York Hospital, without obtaining a referral from their GP? The referral form can be accessed from the York Teaching Hospital NHS Foundation Trust [website](#). Completed referral forms should be emailed from an nhs.net email address to: [yhs-tr.yorkdietitians@nhs.net](mailto:yhs-tr.yorkdietitians@nhs.net)

## Need to know



### **Project ECHO Session- Staff Wellbeing and Mindfulness Support Session**

**When: Monday 26 October 2.00-3.00**

As part of Project ECHO's work with the care home community, they are very aware of the stress that a lot of staff are under due to the Covid- 19 pandemic. They are offering providers and your staff the chance to join a session on Mindfulness and how we can support ourselves in this current climate. The session will be led by the St Leonards Complimentary therapy lead.

For further information and for joining details please contact:  
[ProjectECHOTeam@stleonardshospice.nhs.uk](mailto:ProjectECHOTeam@stleonardshospice.nhs.uk)



### **Best Practice Guides (Updated)**

Following on from the best practice guides circulated last week, we have now included updated versions of the below:

- COVID-19 Visitor Information Sign
- Your 5 Moments for Hand Hygiene Poster

To view all these resources please follow this [link](#).

## Updated Guidance

- [COVID-19: supporting adults with learning disabilities and autistic adults-](#)  
Has been updated to include guidance on local COVID-19 alert levels, updated links to accessible resources
- [COVID-19 Management of Exposed Healthcare Workers and Patients in Hospital Settings-](#) Contains a helpful flowchart for staff returning to work after isolation

## Conversations about COVID

Yorkshire Humber Clinical Network have a series of “Conversations about COVID” Planned. These are intended to be informal and interactive so that staff and paid carers across Y&H have the chance to join to share their experiences of supporting people affected by dementia and frailty during COVID. You’re welcome to talk about challenges, share successes or just come and listen and provide and receive some peer support. We are now having a ‘theme’ for each session and we do have some gaps, if you have any suggestions please do get in touch.

For information and dates of sessions please access this [flyer](#).



Yorkshire and the Humber  
Clinical Network

**Training and Development Opportunities**

## Registered Manager Webinar: Contingency Planning: COVID-19 Maintaining Safe Staffing Levels

Skills for Care are offering this session on  
**Thursday 29 October, 10:30-11:00**

The session will combine insight from other managers of how they have successfully managed safe staffing, staff wellbeing and consistency of care in the early stages of the pandemic, the webinar will also share recommendations to plan for the risk of potential reduced staffing levels as we enter the autumn and winter period.

To book please follow this [link](#)

## Registered Manager Wellbeing Webinars

Skills for Care are offering Registered Managers the below webinar

### Leading for wellbeing

This webinar will focus on 'Leading for Wellbeing' with practical support and ideas to support your teams with wellbeing. This will be held on **Weds 4 November 11:00 to 11:30.**

### [Booking link](#)

The sessions are designed for registered managers and managers who directly supervise others. Places are limited and advance booking is required.

## Further Information



### Pulse Oximeters for Care Homes

The oximeters allocated by CCG to care homes should now have all been delivered. However if your device has not been delivered or you have any queries about these devices please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)

### Capacity Tracker- All Providers National Call

A weekly drop in session has been set up nationally by the Capacity Tracker team, taking place on **Tuesdays from 1:00-2:00**. This is a chance for care providers to shape the development of the tracker, and feedback on your experiences of using it.

If you would like the joining details for these sessions or

have any feedback or queries  
on the tracker please contact  
[sam.varo@nhs.net](mailto:sam.varo@nhs.net)

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

## Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact [sarah.fiori@nhs.net](mailto:sarah.fiori@nhs.net) or [sam.varo@nhs.net](mailto:sam.varo@nhs.net)