

# COVID-19 visitor instructions

## Visiting is strictly by appointment only

### Visiting restrictions will be immediately imposed if there is a community hotspot or outbreak of COVID-19

- Visiting is restricted to a single 'constant' visitor, e.g. the same family member, per resident, wherever possible, with an absolute maximum of 2 constant visitors per resident to limit risk of disease transmission.
- You should have no contact with other residents and minimal contact with staff.
- You will be asked to provide contact details for contact tracing purposes (unless these have previously been supplied).
- You will be reminded to wash your hands for 20 seconds or use hand sanitiser on entering and leaving the home, and to catch coughs and sneezes in tissues and clean your hands after disposal of the tissue.
- You will be supported to wear a face covering when visiting and advised to wash hands thoroughly (or use hand sanitiser) before and after putting it on and taking it off. A face covering does not need to be a medical/surgical mask.
- Please keep personal interaction with the resident to a minimum, for example, avoid skin-to-skin contact (handshake, hug) and follow the latest social distancing advice for as much of the visit as possible.

### Screening

You will be screened for symptoms of acute respiratory infection before entering: if you are currently experiencing, or first experienced, COVID-19 symptoms in the last 10 days, you will not be allowed to enter these premises, nor if you are a household contact of a case or you have been advised to self-isolate by NHS Test and Trace. Screening questions that you will be asked are:

- Have you been feeling unwell recently?
- Have you had recent onset of a new continuous cough?
- Do you have a high temperature? (You may be requested to provide a temperature check.)
- Have you noticed a loss of, or change in, normal sense of taste or smell?
- Have you had recent contact (in the last 14 days) with anyone with COVID-19 symptoms or someone with confirmed COVID-19 – if yes, should you be self-isolating as a family member or as a contact advised to do so by NHS Test and Trace?

**Thank you**