

# Memory services during covid- challenges turned into opportunities

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# format

- INTRODUCTION- IMPORTANCE OF DIAGNOSIS
- TEWV MEMORY SERVICES- CURRENT WAYS
- INTEGRATED WORK BETWEEN PRIMARY AND SECONDARY CARE
- CASE EXAMPLES

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# IMPORTANCE OF DIAGNOSIS

- Early diagnosis and treatment: live independently longer and delay care home
- Pharmacological & non-pharmacological are more effective at early stages
- Access to right services and state support
- Better prepare for end of life care
- Key component in most cases of frailty and multi-disciplinary care

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# Importance of diagnosis- patient view

“ Being diagnosed with something like this absolutely devastates you, but for me diagnosis – and this is going to sound really strange – was probably the best news I had at the time. Because... I thought I was losing my mind. I thought there was a conspiracy against me. I was right and everybody else was wrong.

An early diagnosis of dementia is so, so important. Once diagnosed, I knew what I was up against. As they say: know your enemy. If I hadn't been diagnosed early and I hadn't been seen by consultants on a regular basis, I wouldn't be as well as I am today. I don't know what my future holds, but at least I'm prepared for it.' ”

# Importance of diagnosis- carer view

“ I suppose it really just made me accept that what I'd feared as the worst was actually the worst. That there was no doubt anymore if it was dementia and it was a progressive situation. And although it was upsetting it was calming in a way because you couldn't kid yourself any longer.

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## Cost of dementia care

The cost of dementia to the UK is currently £34.7 billion a year, which works out as an average annual cost of £32,250 per person with dementia. Two-thirds of this cost is currently being paid by people with dementia and their families, either in unpaid care or in paying for private social care.

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# Dementia and future

The prevalence of dementia is also increasing in coming years. There are 850,000 people with dementia in the UK, with numbers set to rise to over 1 million by 2025. This will soar to 2 million by 2051.

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# Tewv memory services- key points

- One of very few mental health trusts to continue to delivery memory services
- Need help from gp/ccg: to encourage patients and carers to participate in new ways
- Support and patience for us to work together to overcome challenges: technology, ct scan, training, increasing number of referrals, staff changes, etc

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# Tewv memory services- assessment

- Rather than one long assessment at clinic: two halves delivered through video
- Video assessment of cognition- online tools validated- training delivered
- Neuroimaging: TEWV have no control
- Neuropsychological assessments being delivered

# Tewv memory services- diagnosis

- In absence of neuroimaging- working diagnosis- to be brought back for ct brain- but treatment started- snomed code is one opportunity
- Mdt diagnosis is being developed across the patch with staff being trained for assessment as well as delivery of diagnosis- empowering staff and meeting demand

# Tewv memory services- treatment

- Pulse recording- practical means
- Simple algorithm and consider alternatives
- Virtual cst groups- being trialled
- Closer working with dementia forward

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