



Vale of York  
Clinical Commissioning Group



Tuesday 4 August 2020

## What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Care Home and Domiciliary Care colleagues. [Please click here to bookmark these pages](#)

### Chief Medical Officer Decision to Increase Self-Isolation Period

In symptomatic people COVID-19 is most infectious just before, and for the first few days after symptoms begin. It is very important people with symptoms self-isolate and get a test, which will allow contact tracing.

With widespread and rapid testing available and the relaxation of other measures, [the Chief Medical Officer has now extended the self-isolation period from 7 to 10 days](#) for those in the community who have symptoms or a positive test result. This will help provide additional protection to others in the community. This is particularly important to protect those who have been shielding and in advance of the autumn and winter when we may see increased community transmission.

## Admission and care of residents in a care home during COVID-19

This [document](#) updates the previous 'Admission and care of residents during COVID-19 incident in a care home' guidance published on 2 April 2020, in line with the support package for care homes and latest updated advice on testing, and infection prevention and control (IPC).

This guidance is for periods of sustained community transmission. It will be updated as the situation relating to the spread of and risk posed by coronavirus changes. Proprietors, managers, social workers, family members and relevant health professionals should check this guidance at regular intervals to ensure they're viewing the most current version and should continue to keep the implementation of any locally adopted measures under review to ensure that they're appropriate.



## Health and Social Care Workers Flu Immunisation campaign 2020

Campaign materials specifically to encourage health and social care providers to have the flu vaccination [are now available to order](#). A separate campaign with materials will be available for the general public later this month.

If you are not already registered with the PHE Campaign resource Centre, you can do this on line and then print off resources encourage your staff to have the flu vaccination this year. The emphasis this year is on 'Protect'. Protect you, your family, your colleagues, those you care for', Badges for staff to wear with 'I've had my flu jab' on them are also available and nationally they are encouraging the use of these so please order some and encourage staff to wear them.

There are a whole range of posters, leaflets, stickers, digital and paper resources to use.

## Need to know

### Care Home and Dementia Team (CHAD) York Update

This week we wanted to share some resources about creating psychological safety with your teams and why it is important to do so. Here is a [link](#) to the key elements leaders need to utilise to build psychological safety in their teams:



We are also attaching a [flyer](#) and [checklist](#) about setting up a staff wellbeing group to enable reflection during these extraordinary times.

As ever, if you would like any support for your care home and staff during these difficult times, please get in contact with the Care Home and Dementia Team and we will do our best to help. You can email us on: [tewv.chad.york@nhs.net](mailto:tewv.chad.york@nhs.net) or reach us by phone on our professional's only line: 01904 461196.

### Celebrating Key Workers (York)

To recognise the vital work of key workers during the pandemic, City of York and Make it York are hosting a Key Worker Celebration Week from 1 August (Yorkshire Day). This is available to both those who live and work in York

- Further information is available through this [link](#) including a list of all the offers available, and how to get involved and enjoy them safely.
- Please share it with your staff who are key workers and encourage them to take part as a thank you from the city.



## Nursing Associate Role Webinar

**Date: Thursday 06 August 1.00-3.00**

Please see details of a [webinar](#) being hosted by Humber Coast and Vale Workforce Consortium regarding the role of Nursing Associate which may be of interest. There is an offer to help with the embedding and funding this role within Care Homes across Humber, Coast and Vale of York region.

**Nursing Associates in Social Care  
Webinar: Thursday 6<sup>th</sup> August 1-3pm**

## COVID-19 Guidance and Resources



Public Health  
England

### Personal Protective Equipment (PPE) illustrated guide for community and social care settings

Published on 31 July, [a new illustrated guide](#) is now available identifying what PPE should be worn and when in community and social care settings.

This resource outlines personal protective equipment (PPE) advice for health and social care workers working in the community. Guidance should be used in conjunction with local policies. The guide offers five common scenarios for Health and social care workers in the community and outlines the correct PPE for your work.

### Updated NY and York PPE Flowchart and Changes for PPE Access in York

The PPE Flowchart for York and North Yorkshire has been updated and can be found through this [link](#). The flowchart has been updated following alterations to the Working safely in [care homes](#) /Working safely in [domiciliary care](#) guidance, however cover all social care settings.

City of York Council are changing how they support external providers of care with PPE. From August they will no longer be providing PPE on request and are asking providers to go back to their PPE suppliers. This reflects the situation nationally, however they will be able to support providers if they have difficulties in obtaining PPE as an emergency cover. The council will always be available for advice and support regarding PPE and people can continue to use the [PPE@York.gov.uk](mailto:PPE@York.gov.uk) email as they require. Further information can be found through this [full briefing](#).

## Further Information

### Partners in Care- COVID-19 Response ECHO Network

The network is open to all Vale of York independent care providers, and takes place **alternate Thursdays** from **14:00-15:00**. Through the Zoom online platform the network is designed to provide the latest best practice guidance, training, and peer support to care providers at this difficult time. CCG, Local Authority, Infection Prevention and Control, Mental Health, CQC and Medicines Management are among the organisations and specialists represented on these sessions to answer questions and help discussion.

The next session will take place on **Thursday 06 August**

The slides from all the sessions that have taken place so far can be found through our [website](#).

For any queries or to suggest topics for future sessions, please email [projectECHOteam@stleonardshospice.nhs.uk](mailto:projectECHOteam@stleonardshospice.nhs.uk) or call Chris Charters on 07741 734659.

### Updated NHS Mail User Guide

NHS England and Improvement have created a really useful [user guide](#) to help those starting out with NHS Mail to navigate the system and provide a guide to completing tasks including:

- Adding more NHS Mail accounts for colleagues within your service
- Resetting or changing passwords
- Gaining access to the shared mailbox for your care home/provider
- Searching for an NHS employee's email address through the NHS directory.

The guide is designed for those using the NHS Mail website, but the same principles apply for those using Outlook. Having an account will allow your provider to share patient identifiable information securely and directly with a wide variety of NHS services as well as local authority. If you have any queries or needed assistance in accessing your account for the first time then please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)

**This bulletin is produced by NHS Vale of York Clinical Commissioning Group.**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sarah.fiori@nhs.net](mailto:sarah.fiori@nhs.net) or [sam.varo@nhs.net](mailto:sam.varo@nhs.net)