



Monday 29 June 2020

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Care Home and Domiciliary Care colleagues.

[Please click here to bookmark these pages](#)

PPE Ordering Portal Changes

On 22 June changes were made to the [PPE portal: How to order emergency Protective Equipment](#). Healthcare providers, who have been invited to register, can order additional personal protective equipment (PPE) through the portal to top up their existing supplies for COVID-19 in an emergency. The main change made was to allow GPs and small social care providers to place orders multiple times per week within the limits set out in the guidance, instead of a singular order.

The order limits are:

- GPs can order up to 100 IIR masks, 200 aprons and 400 gloves (200 pairs) per week.
- Small social care providers can order up to 200 IIR masks, 400 aprons and 800 gloves (400 pairs) per week.

Small social care providers are: small residential social care providers (24 beds or fewer) and domiciliary social care providers (99 clients or fewer)

Need to know



CAS Alert: Personal Protective Equipment and Heat- Risk of Heat Stress

Wearing Personal Protective Equipment (PPE) in warm/hot environments increases the risk of heat stress. Heat stress occurs when the body is unable to cool itself enough to maintain a healthy temperature. Heat stress can cause heat exhaustion and lead to heat stroke if the person is unable to cool down.

Measures to control the temperature of clinical environments and enable staff to make behavioural adaptations to stay cool and well hydrated should be made. Staff may require more frequent breaks and the frequency of PPE changes may increase, with a resulting increase in demand.

For more information on this alert please follow this [link](#)



Care Home and Dementia Team (CHAD) York Update

We have a couple of items to share this week. One is a [poster](#) for your staff room following on from the Partners in Care/Project ECHO call last week which is a delirium wheel redesigned to include COVID-19.

We are also attaching a [booklet full of ideas](#) for managing your mental wellbeing by connecting with nature. It may be a nice resource to share with staff, family or involve some of your residents in them. It is full of simple ideas to make the most of

the nature we find all around us.

As ever, if you would like any support for your care home and staff during these difficult times, please get in contact with the Care Home and Dementia Team and we will do our best to help. You can email us on: tewv.chad.york@nhs.net or reach us by phone on our professional's only line: **01904 461196**.

Delirium Webinar Resources

As mentioned during the Partners in Care/Project ECHO session last week, please find resources from the webinar "*Delirium and considerations during the Covid-19 pandemic*" which was hosted by the Dementia Policy Unit at NHS England and Improvement on 24th June 2020. As promised, please find enclosed:

- [Webinar Slides](#)
- [The Greater Manchester Community Delirium Toolkit](#), which is referred to in the presentation. This is shared as a 'working draft' - Greater Manchester Health and Social Care Partnership – Dementia United
- Yorkshire and Humber Clinical Network ['Think Delirium'](#) resources

COVID-19 Guidance and Resources

Partners in Care- COVID-19 Response ECHO Network

The network is open to all Vale of York independent care providers, and takes place **every Thursday** from **14:00-15:00**. Through the Zoom online platform the network is designed to provide the latest best practice guidance, training, and peer support to care providers at this difficult time. CCG, Local Authority, Infection Prevention and Control, Mental Health, CQC and Medicines Management are among the organisations and specialists represented on these sessions to answer questions and help discussion.

The slides from all the sessions that have taken place so far can be found through our [website](#).

For any queries or to suggest topics for future sessions, please email projectECHOteam@stleonardshospice.nhs.uk or call Chris Charters on 07741 734659.



Free Psychological First Aid in Emergencies Training

Public Health England have created a free psychological first aid in emergencies training for frontline staff and volunteers. Training will equip staff to provide support and recognise people at risk of distress

The course follows a globally recommended model for supporting people during emergencies, tailored to the specific challenges of coronavirus (COVID-19). This training takes place over 3 weeks and those who register are asked for a 1 hour per week learning commitment. To register and for information please follow this [link](#).

Further Information

Skills for Care COVID-19 support webinars

Wednesday 01 July 2020, 10:00 – 10:30

[Effective delegation and empowering your staff](#)

This webinar looks at how empowering your staff and effective approaches to delegation can benefit both frontline managers and the ability of your service to respond to day to day challenges, including COVID-19. It will draw on examples from other managers and share practical checklists, resources and ideas to help you delegate effectively. To view previous webinars from Skills for Care please follow this [link](#).

Public Health England Active at Home Booklet

For most of us we are able to go out to exercise, but this is not the case for a lot of older people or people who are shielding. Public Health England have adapted a Sheffield initiative on becoming more active at home to suitable for wider audience An electronic version of this is available through this [link](#) for you to print off.

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact sarah.fiori@nhs.net or sam.varo@nhs.net