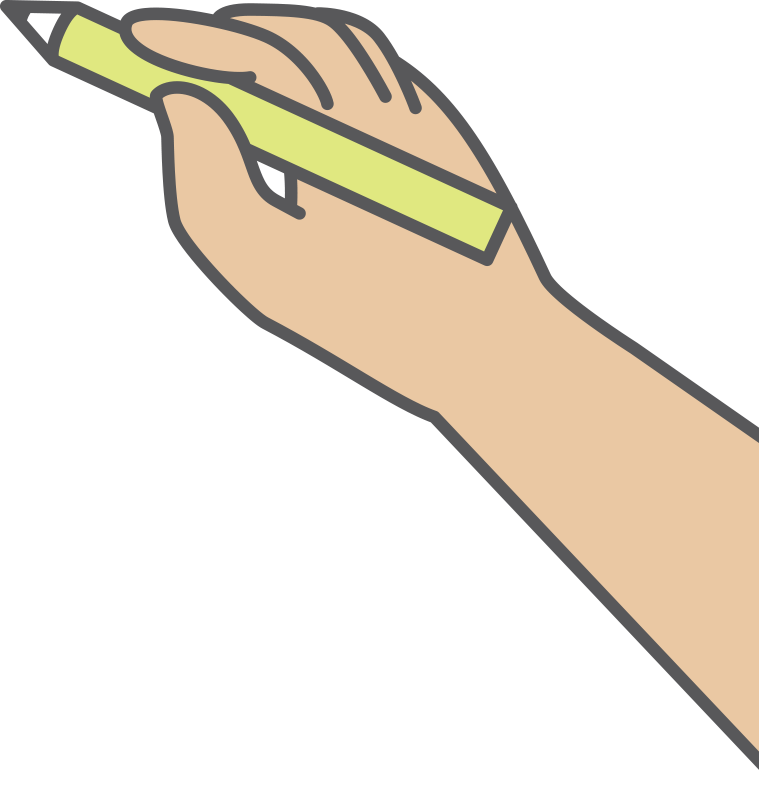


supported by:

­­**BACKGROUND**

for those over the age of 18 and not under the influence of drugs and/or alcohol

**02.06.20**

**DRAFT v0.3**

**NOTE: THIS IS A WORKING DOCUMENT AND WILL BE UPDATED ON THE DU WEBSITE: HTTPS://DEMENTIA-UNITED.ORG.UK/**

Greater Manchester community Delirium Toolkit

Dementia United have developed two resources:

1. A Greater Manchester (GM) Community Delirium Toolkit for health and social care staff to be using in the community. This toolkit is based on national evidence and building on and with thanks to NHS Ayrshire and Arran for their Community Pathway. The toolkit will include the delirium leaflet as a resource.
2. A delirium leaflet which is a specific resource for anyone with delirium, family members, as well as anyone at risk of developing delirium.

Both resources are draft and will be sent out as ‘working’ resources and we will be:

1. Testing the usability of the toolkit (including the leaflet) with health and social care staff. We will be asking any community teams, who would like to consider using the toolkit as a ‘working’ resource, to complete an Expressions of Interest form and send it in to Dementia United. We will provide ongoing support to those teams that are wanting to test out using the toolkit.
2. Asking for feedback on the leaflet from lived experience groups and carers

We will then review the feedback we receive and plan to have a final toolkit available for use by the end of 2020.

Contact Dementia United if you want to provide feedback or have any questions e: [gmhscp.dementiaunited@nhs.net](mailto:gmhscp.dementiaunited@nhs.net)

**KEY DOCUMENTS**

1. Overview: How to identify and manage delirium in the community:



1. 4AT:



1. Greater Manchester Community Delirium TIME (**Triggers, Investigations, Management, Engagement)** Bundle



1. Greater Manchester Delirium Management and Engagement Guide



1. Greater Manchester Delirium Leaflet

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**OPTIONAL RESOURCES TO FACILITATE THE GM COMMUNITY DELIRIUM TIME BUNDLE**

1. [RESTORE2 (**R**ecognise **E**arly Soft **S**igns, **T**ake **O**bservations, **R**espond, **E**scalate)](https://wessexahsn.org.uk/projects/329/restore2)

**Triggers**

1. [Abbey Pain Scale](https://www.apsoc.org.au/PDF/Publications/Abbey_Pain_Scale.pdf)
2. Greater Manchester Nutrition and Hydration material:
   1. [Paper Weight Arm band can be used to indicate malnutrition](https://www.ageuk.org.uk/salford/about-us/improving-nutrition-and-hydration/the-paperweight-armband/)
   2. Monitoring food, fluid intake and oral hygiene



1. Health Education England Mouth Care Assessment Guide



1. [Bristol Stool Chart](https://www.bladderandbowel.org/wp-content/uploads/2017/05/BBC002_Bristol-Stool-Chart-Jan-2016.pdf)
2. [West Essex CCG Anticholinergic side-effects and prescribing guidance](https://westessexccg.nhs.uk/your-health/medicines-optimisation-and-pharmacy/clinical-guidelines-and-prescribing-formularies/04-central-nervous-system/61-anticholinergic-side-effects-and-prescribing-guidance/file)

**Investigations**

1. [Bury UTI Assessment Tool](https://www.buryccg.nhs.uk/download/document_library/your-local-nhs/plans_policies_and_reports/medicines_optimisation/Assessment-Tool-Version-1.4.pdf)

**Management and Engagement**

1. Eating, drinking and moving well:
   1. [Greater Manchester Nutrition and Hydration: Eat, Drink, Live Well](https://www.ageuk.org.uk/bp-assets/globalassets/salford/forms/nutrition-and-hydration/eat-drink-live-well-booklet-v2-24042020.pdf)
   2. [Eating and drinking well – supporting people living with dementia](https://wessexahsn.org.uk/img/projects/Living%20with%20Dementia%20A4-1569934855.pdf)
   3. [Keep GM Moving: Moving More at Home](https://www.greatersport.co.uk/media/3506/tc-cv19-leaflet-keepgmmoving-older-adults-1.pdf)
   4. [GM COVID-19 specific guide for living well at home](http://documents.manchester.ac.uk/display.aspx?DocID=49104)
2. [Alzheimer’s Society “This is Me” document](https://www.alzheimers.org.uk/get-support/publications-factsheets/this-is-me)

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* British Geriatric Society (2020). Coronavirus: Managing delirium in confirmed and suspected cases. <https://www.bgs.org.uk/resources/coronavirus-managing-delirium-in-confirmed-and-suspected-cases>
* Health Improvement Scotland 2019. Scottish Intercollegiate Guidelines Network. Risk reduction and management of delirium. A national clinical guideline. <https://www.sign.ac.uk/assets/sign157.pdf>
* Health Improvement Scotland ihub video toolkit <https://ihub.scot/project-toolkits/delirium-toolkit/delirium-toolkit/video-toolkit/>
* National Institute for Health and Care Excellence: [www.nice.org.uk/guidance/cg103](http://www.nice.org.uk/guidance/cg103)
* NHS Ayrshire and Arran (2019). Community Delirium TIME Pathway
* Scottish Delirium Association Community Pathway <http://www.scottishdeliriumassociation.com/uploads/7/1/9/3/71939991/sda_summary_pathway_-_gps_master_08_12_17.pdf>
* Wessex Academic Health Science Network. RESTORE2 <https://wessexahsn.org.uk/projects/329/restore2>
* Yorkshire and the Humberside Strategic Clinical Networks: Delirium resources [www.yhscn.nhs.uk/mental-health-clinic/dementia/delirium](http://www.yhscn.nhs.uk/mental-health-clinic/dementia/delirium)

# GET IN TOUCH

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<https://hub.gmhsc.org.uk/mental-health/>

# GET IN TOUCH

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[**https://dementia-united.org.uk/**](https://dementia-united.org.uk/)