



Vale of York
Clinical Commissioning Group



**Care Homes and
Domiciliary Care**

Monday 22 June 2020

What's in your Partners in Care bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Care Home and Domiciliary Care colleagues. [Please click here to bookmark these pages](#)



Free Psychological First Aid in Emergencies Training

Public Health England have created a free psychological first aid in emergencies training for frontline staff and volunteers. Training will equip staff to provide support and recognise people at risk of distress

The course follows a globally recommended model for supporting people during emergencies, tailored to the specific challenges of coronavirus (COVID-19). This training takes place over 3 weeks and those who register are asked for a 1 hour per week learning commitment. To register and for information please follow this [link](#).

A message from Yorkshire Ambulance Service NHS Trust Patient Transport Service (PTS)

Patients registered with a GP in North Yorkshire, Hull and East Riding or North Lincolnshire who are eligible for NHS-funded transport are now able to book their journeys in the same way they did prior to the outbreak of COVID-19 and we will ensure that transport is available to support the reintroduction of services delivered by healthcare providers.

As part of our response to COVID-19, Yorkshire Ambulance Service NHS Trust are taking steps to ensure that our Patient Transport Service (PTS) is able to convey patients as safely as possible. We support social distancing measures by seating patients away from crews and from each other, asking patients to wear protective face masks and transporting only one patient in a vehicle at a time. Unfortunately, not all escorts will be eligible for transport and may be asked to meet the patient at the hospital.

However, these steps significantly reduce our capacity and limit our ability to provide transport for those most in need. Before requesting transport, please consider whether your patient could drive themselves or, in line with government guidance, travel with a friend, a close family member or someone from their household – these methods are the safest means of transport during the COVID-19 pandemic.

When patients contact YAS to book transport they will be asked a series of questions that we will use to establish whether they meet the eligibility criteria for NHS-funded transport set by the Department of Health and Social Care. The same questions will be asked if patients self-book or if a healthcare representative makes the booking on their behalf.

If you feel that PTS is the only option available, please call 0300 330 2000.

Please note: It is extremely important to cancel transport if it is no longer required. This is to ensure that we don't make unnecessary journeys that could be used to transport other patients.

Need to know

Tees, Esk and Wear Valleys

NHS Foundation Trust

Care Home and Dementia Team (CHAD) York Update

This week we have two information sheets giving ideas on [how to support a resident living with dementia who 'walks with purpose'](#) and [how to maintain wellbeing and reduce distress using reminiscence, simulated presence therapy and virtual entertainment](#) with links to a host of online resources and to Chatter pack which we hope you and your residents will find both informative and enjoyable

One of our team may have already rung you or will be ringing you to see how you and your team are during these extraordinary times and asking if there is anything we can do to help support you. In the meantime, as ever, if you would like any support for your care home and staff during these difficult times, please get in contact with the Care Home and Dementia Team and we will do our best to help. You can email us on: tewv.chad.york@nhs.net or reach us by phone on our professional's only line: 01904 461196.

Public Health England Active at Home Booklet

For most of us we are able to go out to exercise, but this is not the case for a lot of older people or people who are shielding. Public Health England have adapted a Sheffield initiative on becoming more active at home to suitable for wider audience An electronic version of this is available through this [link](#) for you to print off.



Care Staff Support Resources and Contacts

Below are a number of the resources that are available to managers and staff should they need support or wish to talk to somebody during the current challenging times. The Quality & Nursing Team recognize the immense challenge our colleagues are facing and would like to offer our support and again reiterate thanks for the personal sacrifices you are all making at home and work to ensure residents and teams are able to continue being safe. Please do contact sarah.fiori@nhs.net if you have any queries or requests for support.

- National NHS line operated by Samaritans. Call: 0300 131 7000 (7am – 11pm, seven days a week) Text: FRONTLINE to 85258
- St Leonards Hospice Bereavement Support Line. 01904 777772 Monday to Friday 10am – 4pm (until 7pm on Thursdays). A suite of resources designed by the Hospice to help support staff within your setting that were presented at the Project ECHO/Partners in Care Forum can be found through this [link](#).
- Bereavement and Trauma Support Line by Hospice UK. Call: 0300 303 4434 (8am-8pm, seven days a week).
- Skills for Care has a dedicated support and information line available to all registered and front line managers during the Covid 19 pandemic. For details on how to access the service, please follow this [link](#). They also have a [Facebook group](#) open to all managers, and are setting up WhatsApp and [support groups at local level](#). Regular support webinars are also regularly scheduled. Previous webinars can be found through this [link](#).
- A number of apps are currently available to health and social care staff including SilverCloud, Sleepio, Daylight and Stay Alive. For more information please follow this [link](#).

COVID-19 Guidance and Resources

Partners in Care- COVID-19 Response ECHO Network

The network is open to all Vale of York independent care providers, and takes place **every Thursday** from **14:00-15:00**. Through the Zoom online platform the network is designed to provide the latest best practice guidance, training, and peer support to care providers at this difficult time. CCG, Local Authority, Infection Prevention and Control, Mental Health, CQC and Medicines Management are among the organisations and specialists represented on these sessions to answer questions and help discussion.

The slides from all the sessions that have taken place so far can be found through our [website](#).

For any queries or to suggest topics for future sessions, please email projectECHOteam@stleonardshospice.nhs.uk or call Chris Charters on 07741 734659.

Covid-19 Testing- Mental Capacity Guidance

Please find below information for local care homes and domiciliary care providers that has been approved by the Mental Capacity Act group for the Yorkshire and Humber region. Whilst recognising that many care providers have significant plans in place, this information is designed by North Yorkshire County Council and agreed by the local MCA group, and has been developed to be a supportive tool to care providers supporting those without capacity.

- [Covid-19 and MCA Decision Making Tool](#)
- [MCA and COVID-19 Testing](#)
- [Mental Capacity Assessment](#)
- [Having a Nose and Throat Swab](#)

If any providers have any queries about these issues they would like to raise they can do so through the below email addresses:
abigail.combes@nhs.net
and charlotte.mcfarlane-brooke@nhs.net

Skills for Care COVID-19 support webinars

Wednesday 01 July 2020, 10:00 – 10:30

[Effective delegation and empowering your staff](#)

This webinar looks at how empowering your staff and effective approaches to delegation can benefit both frontline managers and the ability of your service to respond to day to day challenges, including COVID-19. It will draw on examples from other managers and share practical checklists, resources and ideas to help you delegate effectively. To view previous webinars from Skills for Care please follow this [link](#).

Delirium and Considerations during the COVID-19 Pandemic Webinar

When: Wednesday 24 June 13:00 – 14:30

Delirium is a marker of acute illness and is increasingly recognised as being a condition linked to the presentation of COVID-19, particularly in older people. This presents new challenges in terms of recognition and management, especially in the community setting. This webinar brings together experts in the field to discuss how to care for someone with delirium and COVID-19. To register for the webinar please follow this [link](#)

Further Information



HSE Alert- KN95 Facemask

The Health and Safety Executive released an [alert](#) on Thursday 11 June warning against all purchase and use of KN95 facemasks as PPE. This respirator has been identified as

PRINCIPLE Study

Individuals who have been diagnosed with or who are showing symptoms of COVID-19 and are aged 65 or over (or 50-64 with certain conditions) are able to self-enrol into the PRINCIPLE study. This is a national trial to find treatments that reduce hospital admissions

suspect and testing has confirmed they would not meet requirements, including to protect against the ongoing coronavirus pandemic.

and improve symptoms. To join the study, please follow this [link](#).

For further information, the [poster](#) and [patient information leaflet](#) can be found through these links

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact sarah.fiori@nhs.net or sam.varo@nhs.net