



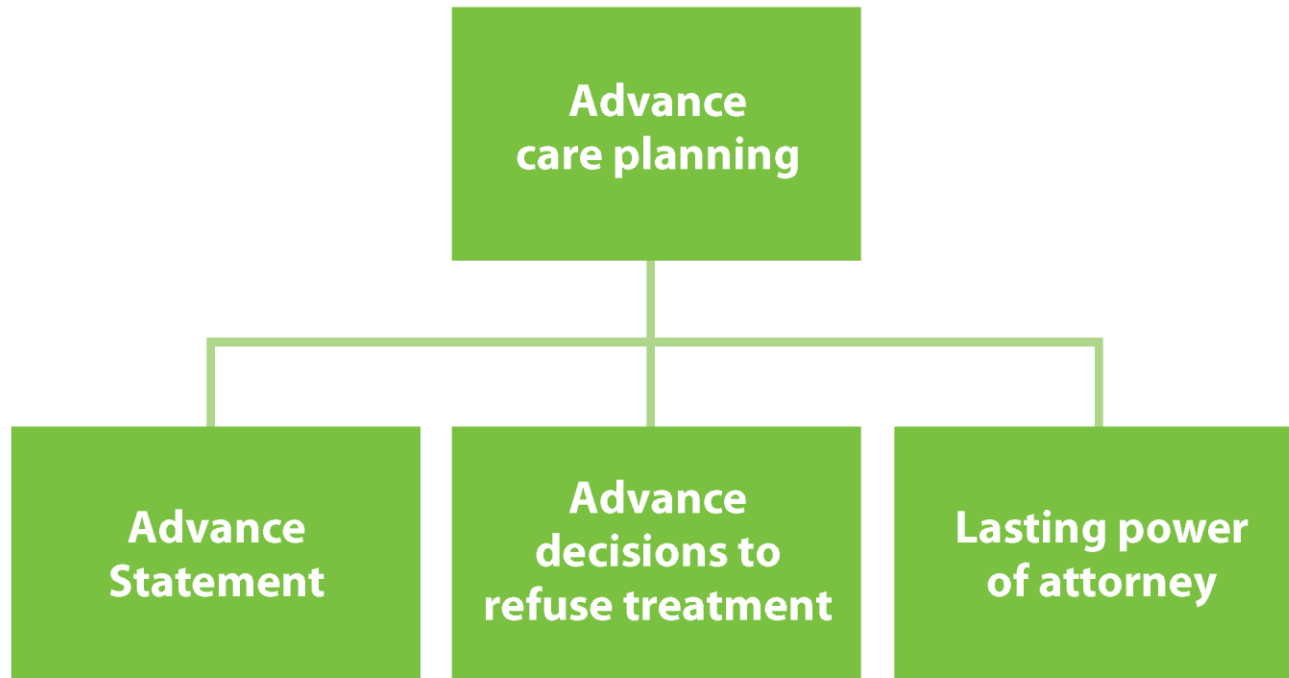
Decision Making, Advance Care Planning

Making your wishes known whilst you are able
to express your preferences for end of life
care

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Specific outcomes in the context of the Mental Capacity Act (2005)



Honest Conversations

- *"I don't want to die yet but if I become so sick I might not survive: I do/do not want to be at home*
- *I want family to be with me/stay away*
- *If a ventilator could save my life I would/wouldn't want it*
- *I understand that when my heart eventually stops, CPR may not work and I would not want it*
- *Remember I love you. Thank you. I forgive our misunderstandings and hope you do too.*
- *Just one conversation can make all the difference but when you're ready to talk more, think about who you might want to talk to.*



Resources

- St Leonards Hospice ACP script
- York Trust ACP document
- St Leonards Hospice ACP document
- Dying Matters 'I Didn't Want That' DVD
- 'Ain't The Way To Die'

<https://www.youtube.com/watch?v=NAInRHicgWs>

