Verification of expected death

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Current situation

- At present, GP's are advised not to enter care homes wherever possible and this may or not be leaving a gap in support for verifying deaths that may occur within your organisations.
- In many of the nursing homes some staff are able to verify deaths and may already do this.
- Where this is the case we just wanted to offer a refresher on the procedure and listen to any questions or concerns you may have around this.
- If you do not have staff trained and able to do this DO NOT
 WORRY this is not being expected of you and we are here to

Refresher of how to verify a death

- Confirm identification of patient and that they have DNACPR in place.
- No signs of spontaneous breathing for 1 minute: chest not moving up and down
- No breath sounds on listening with a stethoscope for 1 minute
- No carotid (neck) or femoral (groin) pulse on palpating (feeling) for 1 minute
- No heart sounds on listening with a stethoscope for 1 minute
- No response to painful stimulus sternal rub (knuckles rubbing on chest) or pressure with thumb in upper inner eye socket
- Pupils are 'fixed and dilated' on checking with a pen torch meaning they are large and do not become smaller when light is shone into them, as they normally would.

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- 6 checks to perform
- If it helps think of it in order as you would for first aid: check for response, A BC
- Sternal rub or pressure to upper eye socket and pupil response
- Breathing look first, then listen
- Circulation feel first, then listen

• When these things are all confirmed, the death of the patient can be confirmed

In summary

- We know there are homes where there are no people trained to verify deaths. We would like to understand:
 - how you are getting on at the moment
 - which routes you are using to receive support
 - Any issues you might be having around this area
- Any questions, comments or concerns?
- Please feel free to ask anything there is no such thing as a stupid question!
- <u>https://www.youtube.com/watch?v=BZQs89RsggQ</u>