**Staff mental health and wellbeing/support for staff especially around dealing with bereavement – what is happening across Y&H.**

1. **Virtual offer - NHS Staff Samaritans Helpline and mental wellbeing apps -** [**https://people.nhs.uk/help/**](https://people.nhs.uk/help/)

* Across systems PHE are widely promote PHE have promoting with LAs and Clinical Networks to commissioners and providers, VCS and partners
* However, feedback around this only being for NHS staff – need an nhs.net email address to access many of the apps and so real gap for social care in terms of care home staff, carers in the community, social workers, LA staff redeployed or with a very different role now ie groundsmen being asked to support crematorium work in some cases. This has been flagged to PMH National Team to escalate, particularly the urgent mental health support needed by care home staff. **There is concern around this gap from many partners across Y&H.**

1. **Psychosocial support for frontline NHS staff**

* Guidance around some recommendations for psychosocial support/trauma support for frontline healthcare staff here - <https://www.traumagroup.org/> and what not to do due to the impact on PTSD. Further NHSE/PHE guidance on this has been flagged.

1. **Training Offer**

* Some training is available online, particularly for groups such as volunteers in communities, that might be having difficult conversations with the public around bereavement and loss – so in order to give them skills to support people but also protect their own mental health.: <https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_45016&programmeId=45016>

CORE SESSION FOLDER

* COVID-19 and Palliative, End-of-life and Bereavement – this is very clinician focused
* Emotional Support and Signposting – all health and social care staff working with people faced with the loss of a loved one

ADDITIONAL SESSIONS

* Sudden death and bereavement – more clinician focused

There are lots of modules for clinical staff and potentially two for non-clinical staff.

1. **Bereavement support offer**

* The NHS Samaritans Helpline has stated that there will be an element of bereavement support. Access to local services is still being developed.
* Some LAs have been signposting staff to their standard counselling helplines that have been in place for some time as part of their health and wellbeing offer
* Work is happening at an ICS level to look scope the bereavement offer for the general public – most areas looking at a more immediate dedicated helpline offer and then trying to ensure an equitable offer for all in terms of longer-term counselling need. Some areas going ahead anyway – i.e. SYB expanded Amparo offer to offer Listening Ear service for COVID-19 bereavement support.

More broadly here are some of the activities supported by PHE YH around PMH more broadly at the moment:

* Holding regular Peer Support Calls with Local Authority Mental Health Leads/Suicide Prevention Leads in ICSs
* Participating in ICS/STP conference calls around Business Continuity approaches for postvention services
* Attending NHS E network meetings with CCG commissioners – Adult MH services, Older People MH services, CYP MH services and PNMH Services
* Disseminating updated gov.uk MH&Wellbeing guidance and fielding queries on this
* Disseminating and sharing good practice on COVID-19 between partners/updating table of example of Y&H LA MH approaches and interventions and sharing weekly
* Weekly webinars on latest evidence base and then updating local partners
* Coordinating and updating all MH&Wellbeing resources that are available on the Y&H ADsPH website