



# Practice Nurse Engagement

Your regular briefing from the CCG

Wednesday 31 October 2018



## Celebrating General Practice Nursing Conference

On behalf of Wendy Barker, Deputy Director of Nursing, the NHS England Nursing and Quality team are pleased to announce that there will be a Yorkshire and Humber “Celebrating General Practice Nursing Conference” held on Thursday 21 March 2019 (full day).

The awards will celebrate the following categories:

- Mentor and Preceptor
- Innovation
- Integrated Working
- Driving person Centre Care
- Rising Star

Each of the Northern Region's 21 CCG's can nominate one individual/team for each of the five categories above (five nominations in total).

The nomination forms are attached along with a guidance for the criteria of candidates. Please complete these with as much supporting information as possible as these will then be judged and winners invited to the Awards ceremony

in March.

Please send the nomination forms to [sam.varo@nhs.net](mailto:sam.varo@nhs.net) by no later than Friday 4 January 2019.

**We look forward to celebrating the fantastic staff in primary care.**

More information to follow when this is received from NHSE e.g. details on venue and times



### **MSc in Advanced Practice Course**

The University of Hull is now in a position to offer a February start date for the MSc Advanced Practice. The date of the first taught session will be 1st February.

For further details please contact [Nicki Credland](#) via email Applications forms are available via the University [web pages](#).

### **Practice Nurse Forum – our next meeting**

**When** – Thursday 22<sup>nd</sup> November from 2:00-4:00

**Where** - MyHealth Stamford Bridge Surgery, YO41 1BR,

**What** - Jacqui Hourigan, Nurse Consultant Safeguarding Children and Vulnerable Adults Primary Care presenting: Safeguarding

For more details of this meeting and for upcoming dates throughout 2018-19 [click here](#).

Please confirm your attendance by email to [sam.varo@nhs.net](mailto:sam.varo@nhs.net) or phone 01904 551 773.



## Summary Care Records with Additional Information

In order to help practices promote Summary Care Records with Additional Information (SCR-AI) to patients, a resource pack (link below) has been developed to provide practices with some useful tools to assist you, including: posters; leaflets and suggested wording for your website and communications to patients.

Please contact [sarah.kocinski@nhs.net](mailto:sarah.kocinski@nhs.net) if you have any queries.

**Please note this resource pack is in Word.**



## Practice Nurse & Allied Health Professional Forum

**Who organises the Forum sessions?** Sarah Goode, Quality Lead for Primary Care, Vale of York CCG. Sarah is also a registered nurse.

**Who actually goes?** Each session a professional speaker presents a topic which has been requested by a practice nurse/AHP. Sarah and/or Charlotte Porthouse, CCG Lead Practice Nurse look forward to welcoming you 😊 The forum encourages all nurses (qualified and non-qualified) and Allied Health Professionals (AHPs) from across the Vale of York - young, old, experienced and new to practice!

**Who is an Allied Health Professional?** Anybody employed in general practice who is not a doctor including.....Advanced Care Practitioner, Advanced Nurse Practitioner, Health Care Assistant, Physician Associate, Physician Assistant, Physiotherapist, MSK practitioner, Pharmacist, Urgent Care Practitioner, Paramedics, Student Nurse/ AHP student, Phlebotomist, Link Practitioner, Counsellor etc.

**How long is each Forum session?** 2 hours

**When are they?** Every month on an afternoon because this is when staff find it easier to be released.

**Where are they?** The forum travels around the Vale of York allowing as many nurses and AHPs as possible to attend. Usually at a general practice surgery and sometimes at the community room at Tesco. If you have a venue that could be used please let Sarah Goode or Sam Varo know.

**Why should I attend?** It is a great opportunity to network and meet others working in primary care. Attendance counts towards participatory CPD learning for revalidation. You will get an attendance certificate and an NMC Reflective Accounts Form to both support revalidation and maintain your registration.

**What should I expect?** Professional, relaxed and reflective learning with fellow primary care staff. You will be directed by the reception staff to the relevant room. Tea/coffee and biscuits available. You are welcome to bring your lunch with you. Sarah & Charlotte will welcome you and introduce the session. Speakers present for the duration of the forum. You are welcome to ask them any questions at the end of their presentation. If you wish, you can talk to other people attending at the end of the session.

**What is expected from me?** You are only asked to say who you are and where you work when we all introduce ourselves at the beginning of each session and complete a feedback form so future sessions can be made even better. You are welcome to ask questions and join in any discussion if you wish or you can just sit back and listen.

**Who has presented already this year?**

- Caroline Gent, Community Infection Prevention and Control Nurse Specialist.
- Lyeanda Berry former Project Manager-Community District Nurse Workforce and Polly Smith, Head of Nursing and Clinical Services, York Medical Group presenting: The CAVA General Practice Nursing Workforce Review.
- Wendy Billsborough, Advanced Nurse Specialist, Yor Sexual Health.
- Dr Emma Broughton NHS Vale of York Clinical Lead for Women and Children presenting: The Menopause.
- Jason Feavers, Cancer Research UK Facilitator, Yorkshire and Humber. Cancer Research UK presenting: Cancer Screening.
- Jacqui Hourigan, Nurse Consultant Safeguarding Children and Vulnerable Adults Primary Care, Scarborough Ryedale CCG presenting: Safeguarding Hot Topics.

- Jamal Hussain, Senior Pharmacist – Prescribing Support Pharmacist shared the Community Wound Care Formulary (see attached) and described the on-line prescription ordering system (ONPOS).
- Rose Richardson, Account Manager and Former District Nurse at LRMed presented an education session about wound bed preparation and dressing selection.
- Katey Burnett, PHE Physical Activity Nurse Clinical Champion PHE Physical Activity session

**Sounds good.... I want to organise my diary. How do I find out about future sessions?** The upcoming Forum session is in each weekly Practice Nurse Engagement edition. There is a full diary up until January 2019. You can access further information on the [Practice Nurse Forum](#) section of our website. Please note the website is currently being updated.

**Can I come?** Get permission from your line manager and let Sam Varo at the CCG know by contacting him by email [sam.varo@nhs.net](mailto:sam.varo@nhs.net) or phone: 01904 551773.



## Parish Nurses in Selby

Anne Gill and Alison Wimbles are Parish Nurses at King's Church, Selby.

Parish nurses support and work with people of any faith or no faith.

They are keen to support patients within their Church Parish, including Tadcaster, Elvington, Escrick, Selby and South Milford practices. Please consider inviting them to your upcoming MDT meetings to understand how their role might benefit your patients.

Anne and Alison are both registered nurses and have a contract with the Church to provide non-invasive nursing care within their parish.

Anne also works as a Rheumatology Specialist Nurse at YTH and Alison works at Fulford Nursing Home.

They commit to the following Parish Nurse work each Wednesday:

- A listening ear
- Checking weight, height, blood pressure, cholesterol, urinalysis
- Signposting to appropriate services
- Home visits if required for those unable to come to us or those recently discharged from hospital
- Discuss medications
- Health education
- Attend GP or hospital appointments with you
- Visit you in hospital
- Pray with you

Further information available at their [website](#)

**You can contact Anne or Alison via email: [selbyparishnurses@outlook.com](mailto:selbyparishnurses@outlook.com) or telephone: 07518374867**



## The Role of Health Professionals in Supporting Physical Activity

### Free training delivered at your practice

The Health Benefits of Physical Activity are well documented; however recent figures suggest that a significant proportion of adults in the UK are not active enough for good health.

There is evidence to suggest that when healthcare professionals promote physical activity in consultations it is effective in increasing activity levels.

It has been suggested that 1 in 4 people would be more active if advised by a GP or Nurse. Despite this, a nationwide study found that a significant number of Health Care Professionals are unfamiliar with the national guidelines and are not confident in raising the issue of Physical Activity with their patients.

Public Health England in Partnership with Sport England and Burdett Nursing Trust has developed a Physical Activity Clinical Champion Programme for Health Professionals.

The Programme offers peer-to-peer training, that aims to equip allied health professionals, nurses, midwives and doctors with the knowledge and skills that they need to promote physical activity in their routine clinical contacts.

**If you would like a **FREE** Physical Activity Clinical Champions training session for your team** email Katey Burnett:

[katey.yhpaclinicalchampion@gmail.com](mailto:katey.yhpaclinicalchampion@gmail.com)

For further information on the project you can also contact Public Health England at: [physicalactivity@PHE.gov.uk](mailto:physicalactivity@PHE.gov.uk)



## Humber, Coast and Vale Excellence Centre

The Humber, Coast and Vale Excellence Centre website is now live. It has been developed with colleagues from across Humber, Coast and Vale and Skills for Care with the support of the National Skills Academy for Health.

The website can be accessed through this [link](#)

Web pages regarding the work we they progressing to grow our ACP and PA workforce will also be available very soon

The website will evolve with time as work progresses and in response to feedback, so should you have any feedback or wish to add, please do not hesitate to contact [carly.mcintyre@hey.nhs.uk](mailto:carly.mcintyre@hey.nhs.uk)



## City of York Council: Workforce Development Unit Training

City of York Council's Workforce Development Unit offer a large number of training sessions relevant to the practice nursing.

Upcoming sessions include

- Moving and Positioning People Assessor
- Virtual Dementia Tour
- Domestic Abuse- Bitesize Safety of Others
- Consent- Bitesize Safety of Others

A full list of sessions available from September to November is attached for you.

To book on to these courses you will need to register for a MyLo account through this [link](#)

For any queries please contact: [wdu@york.gov.uk](mailto:wdu@york.gov.uk)





## **Leeds Beckett University short courses**

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography
- Vaccination and immunisation for new starters

Details of all courses can be found [here](#)



## **Haxby Group Training: Autumn and Winter 2018**

Please find attached an updated list of training dates offered by Haxby Group Practice in the upcoming months.

The next session in York will be:  
Medical Terminology on 20  
November from 10:00-16:00 at  
Haxby Surgery

**For more information and to  
investigate bespoke training  
sessions, please contact:  
[training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk)**

## Training Opportunities and Events



### Youth Mental Health First Aid Training

**When:** Monday 5 November

**Where:** The Mount School, Dalton Terrace. York

**Times:** 9:30-16:30

**Content:** The course is designed to teach people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

**Booking:** To book follow this [link](#)



### Diabetes Nurse Group CPD

**When:** Wednesday 7 November

**Times:** 18:30 registration and buffet, 19:15 session commences for 20:30 finish

**Where:** The Parsonage, York Road, Escrick, YO19 6EY

**Agenda:** Please find attached

**For more information, please find agenda's attached. Please note these are events are not CCG events and are pharma sponsored.**

**For more information and to register, please contact:**  
[ellieholmes@wpem.co.uk](mailto:ellieholmes@wpem.co.uk)



### Diabetes Foot Screening Education (CPD)

The session will outline the skills needed to assess foot problems of diabetic patients. In line with current NICE guidelines this session considers the annual diabetes review including details of how to refer patients who are at an increased or high risk of developing foot disease. There will be a demonstration and an opportunity to practice neurological and vascular assessment of the foot.

The session is free of charge and a certificate of competency will be issued to evidence CPD.

**When** – 7 November and 5 December 2018

**What** – Detecting and managing diabetic foot disease.

**Where** - Podiatry Department, White Cross Court, York YO31 8FT

**Booking:** In-house training may be available if there are several staff at your practice who would benefit from this training.

Booking is required as places are limited.

Email [podiatry.appointments@hdfn.nhs.uk](mailto:podiatry.appointments@hdfn.nhs.uk) with subject title of 'Training update – foot screening'. Your place will be confirmed before you attend.

**Become a Cancer Champion**  
*It's easier than you think to make a difference*

### Humber, Coast and Vale Cancer Champion Programme

Humber, Coast and Vale STP are hosting half session courses for anyone interested in becoming a cancer champion. These will last approximately 3 hours and are split into two sections; firstly identifying the early signs and symptoms of a range of cancers followed by how to become a Cancer Champion. The aim is to raise awareness of the early signs and symptoms of cancer, promote the national screening programmes and increase early detection.

**Please find a poster attached, and the dates for confirmed sessions below**

- Thursday 8 November, 13:00-16:00. Bar 1922, Bootham Crescent, York City Football Club

This service is hosted by NHS East Riding of Yorkshire CCG but covers the whole Humber, Coast and Vale area.

**For more information please contact [eryccg.cancerchampion@nhs.net](mailto:eryccg.cancerchampion@nhs.net)**



### Hepatology Evening

**When:** Tuesday 13 November

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** [Agenda](#)

**Booking:** For more information and to register, please contact:  
[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



### Respiratory Nurse CPD

**When:** Wednesday 21 November

**Times:** 18:30 registration and buffet, 19:15 session commences for 20:30 finish

**Where:** The Parsonage, York Road, Escrick, YO19 6EY

**Agenda:** Please find agenda attached

**For more information, please find agenda's attached. Please note these are events are not CCG events and are pharma sponsored.**

**For more information and to register, please contact:**  
[ellieholmes@wpem.co.uk](mailto:ellieholmes@wpem.co.uk)



### Diabetes Education Programme Sessions- **NEW**

**Dates:**

- Friday 23 November 2018 from 12:30 onwards. Subject: GLP1. Venue: The New Selby War Memorial Hospital

- Friday 30 November 2018 from 9:00 onwards. Subject: Insulin Management Module Day. Venue: Mercure York Fairfield Manor Hotel, Shipton Road, Skelton, York, YO30 1XW -

**What:** Agenda and further information to follow

Please note these sessions are arranged in collaboration with a pharmaceutical company



### Youth and Social Media Safeguarding Session

**When:** Thursday 29 November

**Where:** The Mount School, Dalton Terrace. York

**Times:** 10:00-13:00

**Content:** Objectives of the session include to understand online environments and be able to support young people to use them safely for both healthy and intimate relationships.

**Booking:** To book follow this [link](#)



### Ophthalmology and Minor Eye Conditions Service Evening

**When:** Tuesday 4 December

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Please find agenda through this [link](#)

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



## Advanced Care Practitioner and Physician Associate Autumn Event

**When:** Wednesday 5 December

**Where:** Mercure Hull Grange Park

**Times:** 9:00-3:00

**What:** Humber, Coast and Vale Excellence Centre are hosting a networking day for all qualified and trainee physician associates and advanced care practitioners. This is an opportunity to grow your knowledge and get involved in projects to shape best practice.

**Booking:** For more information and to register, please contact:

[carly.mcintyre@hey.nhs.uk](mailto:carly.mcintyre@hey.nhs.uk)



## Tier 3 Weight Management Service Evening

**When:** Tuesday 15 January

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Agenda TBC

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)

## MSK Evening

**When:** TBC

The MSK evening originally scheduled for 13<sup>th</sup> September 2018 will be rearranged for early 2019, date will be confirmed shortly



### **Alcohol Identification and Brief Advice (Alcohol IBA) – Free Training**

Alcohol Identification and Brief Advice (Alcohol IBA) helps health professionals to identify those individuals whose drinking might impact their health, now or in the future and to deliver simple, structured advice aimed at reducing this risk. Free training is being offered to all practices in the City of York area. It can be delivered in various formats and at a location to suit you and will focus on the following:

- What is Alcohol IBA?
- Screening alcohol use/consumption
- Offering brief advice
- How and when to refer in to community alcohol services
- Opportunity to practice delivering Alcohol IBA.

The training is based on a robust evidence-base. It is known that simple structured feedback and motivational advice lasting a few minutes is effective in reducing health risks from alcohol, including hypertension, CHD, mouth, throat and breast cancers and many other conditions. Recipients reduce their alcohol intake by an average of 15% following one session of brief advice.

**This training is delivered by Public Health team at City of York Council. For further information please contact Phil Truby at [Philip.truby@york.gov.uk](mailto:Philip.truby@york.gov.uk) or 01904 553959.**

## YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool.

This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).





## Diabetes UK Information Prescriptions

Information Prescriptions are easy to read personalised information with clear images and individual goals aiming to prevent diabetes health complications. They are designed to educate and empower people with diabetes to both meet and improve on individual health targets. The Waverley Park Medical Practice, Scotland, conducted an audit of the Information Prescriptions impact within their practice. A 10% increase in patients reaching HbA1c targets was evidenced.

Information Prescriptions available include:

- **\*NEW\*** Diabetes and your feet: Low risk
- **\*NEW\*** Diabetes and your feet: Moderate/High risk
- Blood pressure
- Cholesterol
- HbA1c
- Mood
- Keeping your Kidneys Healthy
- Kidney Disease
- Contraception and Pregnancy.

Information Prescriptions can be used via primary care IT systems. Diabetes UK have developed guides to help practitioners use them: [click here](#). They can also be downloaded in a PDF format and printed for use with a patient.

For more information please see the attached Information Prescription Guide or visit the [Diabetes UK Website](#)

This information is also available on the RSS website by selecting the [Care Planning](#) section on the Diabetes page

How many causes of heart disease can you identify?



It is our priority to prevent people in the Vale of York from dying prematurely and that's why we want to work with the local community to beat heart disease and stroke.

High blood pressure is one of the Vale of York's biggest killers. It rarely has noticeable symptoms and, if left untreated, increases the risk of developing a heart attack or stroke. It is estimated that more than 34,000 local people have undiagnosed high blood pressure.

For information and to learn how you can reduce your own risk, go to the website

[www.valeofyorkhealthyhearts.co.uk](http://www.valeofyorkhealthyhearts.co.uk)

**Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners.** [Click here](#) for the Practice Nurse Forum and other useful information.

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email [sam.varo@nhs.net](mailto:sam.varo@nhs.net)