



Practice Nurse Engagement

Your regular briefing from the CCG

Wednesday 22 August 2018



City of York Council Shared Ownership Programme

City of York Council has started a new shared ownership programme to help key workers and lower-income households continue to live and work in the city.

Homes England supports the programme which has two elements for eligible applicants to choose from:

- one of six shared ownership homes now available on a first come first sold basis
- or, find a home on the open housing market in York and buy it jointly with the council.

To be eligible, applicants must:

- have a combined household income of less than £80,000 per year
- be first time buyers, or former home owners, or military or ex-military personnel
- be unable to afford to purchase a suitable home for your needs at market value
- not own a share of, or own any other property (unless a shared ownership home that you wish to move from)

- have a minimum 5% deposit and savings or access to at least £2,500 to cover the cost of buying a property.
- have secured a mortgage offer.

More details including a buyers guide and details of the six properties are at www.york.gov.uk/sharedownership.

Full information, terms and conditions are at www.helptobuy.gov.uk .
Or, for more detail please call 01904 552621 or email sharedownership@york.gov.uk



Healthy Hearts Programme

Cardiovascular disease (CVD) were responsible for more than a quarter (26%) of all deaths in England in 2017. Coronary heart disease and stroke accounted for the majority of those deaths.

Circulatory disease is one of the main causes of death with more than 880 deaths each year within the Vale of York population. More than 46,000 people in the Vale of York population are affected by high blood pressure - a leading cause of heart disease and stroke.

Around 34,000 people (one in 10 of the Vale of York population) have undiagnosed high blood pressure; 7,000 people have an irregular heartbeat (atrial fibrillation) and more than 6,000 people have experienced a stroke or mini-stroke.

NHS Vale of York Clinical Commissioning Group (CCG) has recently launched the 'Healthy Hearts' programme to reduce the risk of stroke and heart attack among people considered to be most at risk.

Healthy Hearts also aims to reduce the number of people dying prematurely from heart disease or other circulatory disease.

The five-year project hopes to achieve its key objectives by improving the management and detection of high cholesterol, high blood pressure and atrial fibrillation.

The CCG has developed a website to promote and complement the project's key objectives - www.valeofyorkhealthyhearts.co.uk.

We would be grateful if you could help to promote the Healthy Heart campaign to relevant patients and signpost them to the website where appropriate



All Vale of York NMP's should now have received information from their Practice Manager about the four consultation sessions that will take place across September and October. This is part of the CCG's work to develop a standardised NMP policy, which will support: NMPs completion of appropriate CPD; annual declaration of competence; quarterly NMP forum. The CCG look forward to seeing NMPs and listening to your thoughts on how we can best support you in your work and development.

- Thursday 13 September 11:00-12:30 at Cerialis Room, West Offices, Station Rise, YO1 6GA
- Thursday 27 September 15:00-16:30 at Rowntree Room, West Offices, Station Rise, YO1 6GA
- Tuesday 2 October 15:00-16:30 at Health Education Room, Selby War Memorial Hospital
- Thursday 4 October 9:30-11:00 at Jean Fargher Room, St Monica's Hospital. Easingwold

Practice Nurse Forum – our next meeting

When – Wednesday 19 September 2018 2pm to 4pm

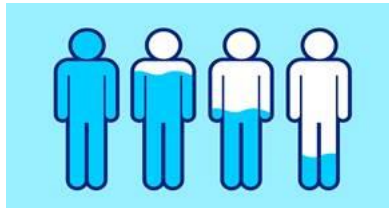
Where - Posterngate Surgery, Portholme Road, Selby, YO8 4QH

What - Kathryn E Griffith (Clinical Lead for Kidney Care, Cardiovascular Lead for NHS Vale of York CCG, Secretary of The Primary Care Cardiovascular Society) presenting: Cholesterol Management.

Please not this date has been amended. Sincere apologies for any inconvenience this may cause.

For more details of this meeting and for upcoming dates throughout 2018-19 [click here](#).

Please confirm your attendance by email to sam.varo@nhs.net or phone 01904 551 773.



Tackling Dehydration

Please find attached a poster from the Infection Prevention Society giving top tips and key facts for keeping your patients hydrated in the warmer weather.



Diabetes on Holiday

Going on holiday for the patient with diabetes can be challenging. Diabetes UK is providing a snapshot of popular foods and dishes from five top European countries – Spain, France, Greece, Italy and Turkey – to help patients to understand how to make healthier choices when travelling.

There are also useful tips on beating the buffet on all inclusive [holidays](#).



United Response York Support Employment Changes

There has been a **change** in eligibility for Local Supported Employment whereby those previous not eligible, because they were waiting for their work capability assessment, can now apply for this service.

We all know that the unemployment rate of people with learning disabilities, autism or people experiencing mental ill health is significantly higher than people who do not. Work plays a pivotal role in defining an individual's quality of life and must be an integral part of a person's overall life experience.

Supported employment offers an innovative process that enables employment to be an achievable goal for people with disabilities just as it is for non-disabled people in our society.

Please find attached an easy read guide which explains the service.

For more information please contact Ramsay.taylor@unitedresponse.org.uk or call 01904 672572



Dressings Information Drop In Event

When: Thursday 30 August

Where: Health Education Room, Selby War Memorial Hospital. YO8 9BX

Times: 12:30-2:00. Lunch is provided at 12:30

This is an event organised by York Teaching Hospital NHS Foundation Trust to provide information on dressings. Please note the event is funded by pharmaceutical industry.

There is no requirement to book, but if you have any queries please contact kath.ward2@york.nhs.uk or phone 01653 604709



Diabetes UK psychological support survey for healthcare professionals

Diabetes UK are now running a national survey for healthcare professionals to better understand the availability of psychological services in local areas. This survey was informed by a previous landmark survey (see Diabetes UK's 2008 [Minding the Gap report](#)). The survey is anonymous and has been designed so that it can be completed by any experienced member of the diabetes MDT who has a good awareness of local services. Please see the attached FAQ briefing for more information.

The survey is live now and is scheduled to close **Tuesday 28th August**, although responses are being monitored and may extend into September if required.

Please find the survey link below:

<https://www.smartsurvey.co.uk/s/psychological-services-for-pwd/>



Free Leg Ulcer Training Sessions

York Teaching Hospital NHS Foundation Trust are providing free ulcer training sessions.

August 2018:

22 August at St Monicas Easingwold – Jean Fargher room from 09.30-4.00pm

September 2018:

3 September at Tang Hall Health Centre, York from 09.30am -4.00pm

4 September at Tang Hall Health Centre, York from 09.30am – 4.00pm

Lunch is provided.

If you would like to attend forward your name, base, role, contact number and email address to Kath Ward:

kath.ward2@york.nhs.uk

Please contact Kath with any queries (01653 604709).

TRAINING



Upcoming training sessions

Agendas will be shared as soon as they are made available.

MSK

When: Thursday 13 September

Where: York Novotel

Times: 18.30 registration, 19.00 meeting commences (inc workshops) 20.30 finish approx.

Content: Awaiting final agenda

Paediatrics

When: Thursday 4 October

Where: York Novotel

Times: 18.30 registration, 19.00 meeting commences, 20.30 finish

Content: Awaiting final agenda

Gastro

When: Tuesday 13 November

Where: York Novotel

Times: 18.30 registration, 19.00 meeting commences, 20.30 finish

Content: [Agenda](#)

Ophthalmology

When: Tuesday 4 December

Where: York Novotel

Times: 18.30 registration, 19.00 meeting commences, 20.30 finish

Content: Awaiting final agenda

For more information and to register, please contact: ellie.holmes1@nhs.net



Our Health Heroes Awards 2018

The National Skills Academy for Health is launching “Our Health Heroes” awards 2018. Please nominate staff deserving recognition in respect of the following categories:

- Operational Services Support Worker of the Year
- Clinical Support Worker of the Year
- Apprentice of the Year
- Workforce Planning Team of the Year
- Integrated Team of the Year
- Staff Retention and Well-Being Employer of the Year
- Lifetime Achievement Award

Nominations can be made from 10 August - 16 September. The Awards Ceremony will take place on Friday 23 November at London's OXO Tower.

Please nominate at: www.skillsforhealth.org.uk/ohh-2018-pre-launch and also send a copy of your nomination to Carly McIntyre, at Health Education Yorkshire at carly.mcintyre@hey.nhs.uk



Diabetes and Respiratory Nurse Group CPD

The below sessions will be taking place in the coming months, suitable for all local primary and secondary care nurses with an interest in diabetic and respiratory medicine.

Diabetes

When: Thursday 6 September and Wednesday 2 November

Times: 18:30 registration and buffet, 19:15 session commences for 20:30 finish

Where: The Parsonage, York Road, Escrick, YO19 6EY

Respiratory

When: Wednesday 19 September and Wednesday 21 November

Times: 18:30 registration and buffet, 19:15 session commences for 20:30 finish

Where: The Parsonage, York Road, Escrick, YO19 6EY

Agenda: First session will cover asthma COPD overlap syndrome, COPD management and managing breathlessness

For more information, please find agenda's attached. Please note these are events are not CCG events and are pharma sponsored.

For more information and to register, please contact:
ellieholmes@wpem.co.uk



Haxby Group Training: Autumn and Winter 2018

Please find attached an updated list of training dates being offered by Haxby Group Practice in the upcoming months.

The next session will be: Annual Flu Update. 5 September, 13:00-15:30 at Kingswood Surgery, Hull.

For more information and to investigate bespoke training sessions, please contact: training@haxbygroup.co.uk

End of life care survey 2018



We are working with partners to create an end of life care strategy that strengthens our commitment to improve and develop end of life care and support services.

We are asking people to complete a questionnaire using the six ambitions (taken from Ambitions for Palliative and End of Life Care: a national framework for local action 2015-2020). From these six ambitions, 'I' statements have been created to help capture what we do well as a health and social care system and what still needs to be realised to meet these ambitions.

We would like to capture the experiences of anyone:

- nearing the end of their life - <https://www.surveymonkey.co.uk/r/SX3SH5W>
- who cares for a family member, friend or neighbour at the end of their life - <https://www.surveymonkey.co.uk/r/SXYQVYD>
- who works with people at the end of their life in a professional capacity – <https://www.surveymonkey.co.uk/r/5CLR2LR>

We will use your responses to inform the content of the strategy and create a Citizens' Charter that reflects the needs of people across the Vale of York.

Thank you for taking the time to complete this questionnaire. Please ensure that we receive your completed survey by **Friday 7 September**.

To request this document in a different language or format, or for any more information please email voyccg.engagement@nhs.net



Public Health
England

Free event

When - Thursday 20 September 2018

What - Free event promoting health for people with learning disabilities

Where - Showroom and Workstation, 15 Paternoster Row, Sheffield

Who – intended for people with learning disabilities, their family and carers.

More details about the event and how to apply available [here](#).

PNF is planning to hold a similar themed meeting on Friday 28 September 2018 to discuss learning disabilities and the role of Public Health. More details to follow



University of York Study Days

Upcoming study days at The University of York include various topics including:

- ABPI Assessment and compression bandage therapy
- Introduction to contraception and sexual health
- Management of Common Conditions in Primary and Urgent Care: Abdominal problems and uncomplicated UTIs
- Management of Common Conditions in Primary and Urgent Care: Respiratory problems

Details of all sessions are available [here](#).



Leeds Beckett University short courses

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography
- Vaccination and immunisation for new starters

Details of all courses can be found [here](#).



Funded cervical sample taker training

Health Education England has secured funded training places for cervical sample taker initial training for North Yorkshire and Humber at the University of Huddersfield (September 2018) and North East Cervical Screening Training in Newcastle (October 2018).

Clearly state you are from the North Yorkshire and Humber area on your application.

To book:

Huddersfield place click [here](#).

Newcastle course click [here](#).

YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool. This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).



Diabetes UK Information Prescriptions

Information Prescriptions are easy to read personalised information with clear images and individual goals aiming to prevent diabetes health complications. They are designed to educate and empower people with diabetes to both meet and improve on individual health targets. The Waverley Park Medical Practice, Scotland, conducted an audit of the Information Prescriptions impact within their practice. A 10% increase in patients reaching HbA1c targets was evidenced.

Information Prescriptions available include:

- ***NEW*** Diabetes and your feet: Low risk
- ***NEW*** Diabetes and your feet: Moderate/High risk
- Blood pressure
- Cholesterol
- HbA1c
- Mood
- Keeping your Kidneys Healthy
- Kidney Disease
- Contraception and Pregnancy.

Information Prescriptions can be used via primary care IT systems. Diabetes UK have developed guides to help practitioners use them: [click here](#). They can also be downloaded in a PDF format and printed for use with a patient.

For more information please see the attached Information Prescription Guide or visit the [Diabetes UK Website](#)

This information is also available on the RSS website by selecting the [Care Planning](#) section on the Diabetes page

Diabetes Foot Screening Education (CPD)

The session will outline the skills needed to correctly screen patients with diabetes for foot problems at their annual diabetes review and provide details of where and how to refer on those deemed at increased or high risk of developing foot disease, in line with current NICE guidelines. There will be a demonstration and an opportunity to practice neurological and vascular assessment of the foot.

The session is free of charge and a certificate of competency will be issued to evidence CPD.

When – 12 September, 3 October, 7 November, 5 December 2018

What – Detecting and managing diabetic foot disease.

Where - Podiatry Department, White Cross Court, York YO31 8FT

Cost – Free of charge

In-house training may be available if there are several staff at your practice who would benefit from this training.

Booking is required as places are limited.

Email podiatry.appointments@hdfn.nhs.uk with subject title of 'Training update – foot screening'. Your place will be confirmed before you attend.

Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the Practice Nurse Forum and other useful information.

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email sam.varo@nhs.net