



# Practice Nurse Engagement

Your regular briefing from the CCG

Tuesday 28 August 2018



## New learning and development opportunity for Practice Nurses working with contraception and sexual health patients.

**When:** 26 September 2018,

**Where:** Strayside Wing, Harrogate and District NHS Foundation Trust

**What:** This one-day training course for practice nurses has been designed by the Faculty of Sexual and Reproductive Healthcare to manage consultations about contraception and STIs with confidence.

SRH Essentials will provide practice nurses with the tools to know what to do when seeing patients needing contraception, STI testing or emergency contraception. On completion of SRH Essentials, practice nurses will have the skills and confidence to assess:

- When their patient is at risk of pregnancy
- What methods of contraception can be safely offered
- When their patient needs emergency contraception
- What methods of emergency contraception can be safely offered
- When their patient is at risk of STIs
- What tests to offer and how to manage the consultation

SRH Essentials has been designed to provide a solid foundation for non-sexual and reproductive health specialists who see patients with sexual and reproductive health needs. Practitioners may be practice nurses with little or no experience in sexual and reproductive health or those who require an update in training. Following completion of the SRH Essentials course participants will be issued with a certificate which can be used towards revalidation.

**Read more about SRH Essentials [here](#). Please email [lauren.acaster@york.nhs.uk](mailto:lauren.acaster@york.nhs.uk) for more information or call 01904 725444.**



## **Non-Medical Prescriber Consultation Meetings**

All Vale of York NMP's should now have received information from their Practice Manager about the four consultation sessions that will take place across September and October. This is part of the CCG's work to develop a standardised NMP policy, which will support: NMPs completion of appropriate CPD; annual declaration of competence; quarterly NMP forum. The CCG look forward to seeing NMPs and listening to your thoughts on how we can best support you in your work and development.

**The dates are below, if you wish to attend please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net) with your preferred date.**

- Thursday 13 September 11:00-12:30 at Cerialis Room, West Offices, Station Rise, YO1 6GA
- Thursday 27 September 15:00-16:30 at Rowntree Room, West Offices, Station Rise, YO1 6GA
- Tuesday 2 October 15:00-16:30 at Health Education Room, Selby War Memorial Hospital
- Thursday 4 October 9:30-11:00 at Jean Fargher Room, St Monica's Hospital. Easingwold

## **Practice Nurse Forum – our next meeting**

**When** – Wednesday 19 September 2018 2pm to 4pm

**Where** - Posterngate Surgery, Portholme Road, Selby, YO8 4QH

**What** - Kathryn E Griffith (Clinical Lead for Kidney Care, Cardiovascular Lead for NHS Vale of York CCG, Secretary of The Primary Care Cardiovascular Society) & Jamal Hussain, Senior Pharmacist-Prescribing Support Pharmacist, presenting: Cholesterol Management.

**Please note this date has been amended. Sincere apologies for any inconvenience caused.**

For more details of this meeting and for upcoming dates throughout 2018-19 [click here](#).

Please confirm your attendance by email to [sam.varo@nhs.net](mailto:sam.varo@nhs.net) or phone 01904 551 773.

## **End of Cobweb pilot (continence prescribing service)**

Following evaluation of the pilot against the outcomes it was expected to achieve, it has been decided to close the pilot. The CCG is working closely with the seven practices who were involved in the pilot to ensure a smooth transition for patients and staff. There will be no impact for other practices and their patients but a brief overview of key information can be found in the attached briefing, if needed. If you have any queries or concerns please contact Louise Horsfield, Commissioning and Transformation Manager: [louise.horsfield@nhs.net](mailto:louise.horsfield@nhs.net)



## **Congratulations to York Medical Group who have been awarded the 'Carer Friendly Employer Charter'**

"The management team at York Medical group is delighted to be awarded the 'Carer Friendly Employer Charter' Status and are proud of our achievements. We recognise the valuable work that carers undertake, the importance of carer health and wellbeing to ensure they are equipped to deal with the many challenges they have to deal with.

At York Medical Group we are committed to supporting our patients and staff by signposting them to the help and advice York Carers can offer and to embrace the various social prescribing services available locally through the Ways to Wellbeing team.

Work pressures within NHS and general practice combined with being a carer can be overwhelming at times. We recognise the importance of maintaining a work-life balance, ensuring we adopt flexible working and leave policies and recognise the additional support that may be required from time to time. We seek to continuously improve our services, keeping our people happy and healthy ensures those that they support remain happy and healthy."

### **Publication**

Polly Smith, Head of Nursing and Clinical Services - York Medical Group and Lyeanda Berry, York Teaching Hospital, have enjoyed recent publication of their work "General practice nurse workforce review: Findings from York" (see attached). The paper discusses the findings of a workplace review designed to investigate the diversity of the practice nurse workforce in a cohort of GP surgeries in York. They consider job roles, responsibilities, skills, education and competencies of staff.

Polly was also shortlisted for the General Practice Nurse Leadership Award in 2017.

**Please find the publication attached**



## Triumvirate primary care leadership and change agent programme open for applications

There are huge expectations on primary care and its ability to transform itself to meet the future needs of patients and populations. Policymakers and commissioners are driving forward new organisational forms, new collaborative arrangements and alliances and new ways of working to address ever increasing demands on general practice.

The Triumvirate primary care leadership and change agent programme is designed to **enable a team of three multi-professional practitioners from your primary care practice to become a collaborative team of change agents**. The leadership and improvement science tools and resources you will gain as part of the programme will enable you to transform your organisation, thrive as you face change challenges, transform your systems/processes and create an enhanced collaborative team approach.

This **fully funded** programme is open to General Practice, Dental, Pharmacy and wider primary care teams who believe they will benefit from being part of the programme and who are ready to embrace organisational change. See the application form linked below or contact [\*\*Amy Makler\*\*](#) for further information.



## Dressings Information Drop In Event

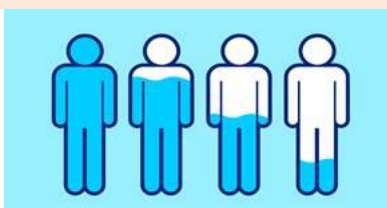
**When:** Thursday 30 August

**Where:** Health Education Room, Selby War Memorial Hospital. YO8 9BX

**Times:** 12:30-2:00. Lunch is provided at 12:30

This is an event organised by York Teaching Hospital NHS Foundation Trust to provide information on dressings. Please note the event is funded by pharmaceutical industry.

**There is no requirement to book, but if you have any queries please contact [kath.ward2@york.nhs.uk](mailto:kath.ward2@york.nhs.uk) or phone 01653 604709**



## Tackling Dehydration

Please find attached a poster from the Infection Prevention Society giving top tips and key facts for keeping your patients hydrated in the warmer weather.



## Update from Humber, Coast and Vale

A message from Karina Ellis, Head of Performance and Programme Delivery:

“You can find regular information about the Humber, Coast and Vale Health and Care Partnership by signing up for the monthly newsletter through [this link](#).

Previous editions can be found [here](#).

We will be in touch about the development of the workforce strategy and plan as it progresses and with information about further events on workforce.”



## City of York Council Shared Ownership Programme

City of York Council has started a new shared ownership programme to help key workers and lower-income households continue to live and work in the city.

Homes England supports the programme which has two elements for eligible applicants to choose from:

- one of six shared ownership homes now available on a first come first sold basis
- or, find a home on the open housing market in York and buy it jointly with the council.

To be eligible, applicants must:

- have a combined household income of less than £80,000 per year
- be first time buyers, or former home owners, or military or ex-military personnel
- be unable to afford to purchase a suitable home for your needs at market value
- not own a share of, or own any other property (unless a shared ownership home that you wish to move from)
- have a minimum 5% deposit and savings or access to at least £2,500 to cover the cost of buying a property.
- have secured a mortgage offer.

More details including a buyer's guide and details of the six properties are at [www.york.gov.uk/sharedownership](http://www.york.gov.uk/sharedownership).

Full information, terms and conditions are at [www.helptobuy.gov.uk](http://www.helptobuy.gov.uk) .  
Or, for more detail please call 01904 552621 or email [sharedownership@york.gov.uk](mailto:sharedownership@york.gov.uk)



## **Our Health Heroes Awards 2018**

The National Skills Academy for Health is launching “Our Health Heroes” awards 2018. Please nominate staff deserving recognition in respect of the following categories:

- Operational Services Support Worker of the Year
- Clinical Support Worker of the Year
- Apprentice of the Year
- Workforce Planning Team of the Year
- Integrated Team of the Year
- Staff Retention and Well-Being Employer of the Year
- Lifetime Achievement Award

Nominations can be made from 10 August - 16 September. The Awards Ceremony will take place on Friday 23 November at London's OXO Tower.

**Please nominate at: [www.skillsforhealth.org.uk/ohh-2018-pre-launch](http://www.skillsforhealth.org.uk/ohh-2018-pre-launch) and also send a copy of your nomination to Carly McIntyre, at Health Education Yorkshire at [carly.mcintyre@hey.nhs.uk](mailto:carly.mcintyre@hey.nhs.uk)**





VALE OF YORK'S  
HEALTHY HEARTS

## Healthy Hearts Programme

Cardiovascular disease (CVD) was responsible for more than a quarter (26%) of all deaths in England in 2017. Coronary heart disease and stroke accounted for the majority of those deaths.

Circulatory disease is one of the main causes of death with more than 880 deaths each year within the Vale of York population. More than 46,000 people in the Vale of York population are affected by high blood pressure - a leading cause of heart disease and stroke.

Around 34,000 people (one in 10 of the Vale of York population) have undiagnosed high blood pressure; 7,000 people have an irregular heartbeat (atrial fibrillation) and more than 6,000 people have experienced a stroke or mini-stroke.

NHS Vale of York Clinical Commissioning Group has recently launched the 'Healthy Hearts' programme to reduce the risk of stroke and heart attack among people considered to be most at risk.

Healthy Hearts aims to reduce the number of people dying prematurely from heart disease or other circulatory disease.

The five-year project hopes to achieve its key objectives by improving the management and detection of high cholesterol, high blood pressure and atrial fibrillation.

The CCG has developed a website to promote and compliment the project's key objectives - [www.valeofyorkhealthyhearts.co.uk](http://www.valeofyorkhealthyhearts.co.uk).

We hope that the website will provide people within the Vale of York sufficient information to support them to make lifestyle choices which will improve their cardiovascular health.

**We would be grateful if you could help to promote the Healthy Heart campaign to relevant patients and signpost them to the website where appropriate**

## End of life care survey 2018



We are working with partners to create an end of life care strategy that strengthens our commitment to improve and develop end of life care and support services.

We are asking people to complete a questionnaire using the six ambitions (taken from Ambitions for Palliative and End of Life Care: a national framework for local action 2015-2020). From these six ambitions, 'I' statements have been created to help capture what we do well as a health and social care system and what still needs to be realised to meet these ambitions.

We would like to capture the experiences of anyone:

- nearing the end of their life - <https://www.surveymonkey.co.uk/r/SX3SH5W>
- who cares for a family member, friend or neighbour at the end of their life - <https://www.surveymonkey.co.uk/r/SXYQVYD>
- who works with people at the end of their life in a professional capacity – <https://www.surveymonkey.co.uk/r/5CLR2LR>

We will use your responses to inform the content of the strategy and create a Citizens' Charter that reflects the needs of people across the Vale of York.

Thank you for taking the time to complete this questionnaire. Please ensure that we receive your completed survey by **Friday 7 September**.

To request this document in a different language or format, or for any more information please email [voyccg.engagement@nhs.net](mailto:voyccg.engagement@nhs.net)



## **Haxby Group Training: Autumn and Winter 2018**

Please find attached an updated list of training dates being offered by Haxby Group Practice in the upcoming months.

The next session will be: Annual Flu Update. 5 September, 13:00-15:30 at Kingswood Surgery, Hull.

**For more information and to investigate bespoke training sessions, please contact: [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk)**



## **University of York Study Days**

Upcoming study days at The University of York include various topics including:

- ABPI Assessment and compression bandage therapy
- Introduction to contraception and sexual health
- Management of Common Conditions in Primary and Urgent Care: Abdominal problems and uncomplicated UTIs
- Management of Common Conditions in Primary and Urgent Care: Respiratory problems

Details of all sessions are available [here](#).



## Leeds Beckett University short courses

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography
- Vaccination and immunisation for new starters

Details of all courses can be found [here](#).



## Funded cervical sample taker training

Health Education England has secured funded training places for cervical sample taker initial training for North Yorkshire and Humber at the University of Huddersfield (September 2018) and North East Cervical Screening Training in Newcastle (October 2018).

Clearly state you are from the North Yorkshire and Humber area on your application.

To book:

Huddersfield place click [here](#).

Newcastle course click [here](#).

## Training Opportunities and Events

Agendas will be shared as soon as they are made available.



### Free Leg Ulcer Training Sessions

**When:** Monday 3 September and Tuesday 4 September

**Where:** Tang Hall Health Centre

**Times:** 9:30-16:00. Lunch is provided.

These sessions are arranged by York Teaching Hospital NHS Foundation Trust. If you would like to attend, please forward your name, base, role, contact number and email address to Kath Ward: [kath.ward2@york.nhs.uk](mailto:kath.ward2@york.nhs.uk) or call (01653 604709)



### Diabetes and Respiratory Nurse Group CPD

#### Diabetes

**When:** Thursday 6 September and Wednesday 2 November

**Times:** 18:30 registration and buffet, 19:15 session commences for 20:30 finish

**Where:** The Parsonage, York Road, Escrick, YO19 6EY

#### Respiratory

**When:** Wednesday 19 September and Wednesday 21 November

**Times:** 18:30 registration and buffet, 19:15 session commences for 20:30 finish

**Where:** The Parsonage, York Road, Escrick, YO19 6EY

**Agenda:** First session will cover asthma COPD overlap syndrome, COPD management and managing breathlessness

For more information, please find agenda's attached. Please note these are events are not CCG events and are pharma sponsored.

For more information and to register, please contact:  
[ellieholmes@wpem.co.uk](mailto:ellieholmes@wpem.co.uk)



### **MSK Evening- Cancelled**

**When:** Thursday 13 September

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences (inc workshops) 20.30 finish approx.

**Content:** Awaiting final agenda

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)

This meeting is being rescheduled and an alternative update is currently being arranged. We will confirm as soon as possible. All those booked to attend will be contacted directly.



### **Free Event Promoting Health for People with Learning Disabilities**

**When** - Thursday 20 September 2018

**Where** - Showroom and Workstation, 15 Paternoster Row, Sheffield

**Who** – intended for people with learning disabilities, their family and carers.

More details about the event and how to apply available [here](#).

PNF is planning to hold a similar themed meeting on Friday 28 September 2018 to discuss learning disabilities and the role of Public Health. More details to follow



### Paediatrics Evening

**When:** Thursday 4 October

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Please find agenda attached

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



### Hepatology Evening

**When:** Tuesday 13 November

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** [Agenda](#)

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



### Ophthalmology Evening

**When:** Tuesday 4 December

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Awaiting final agenda

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)

## YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool. This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).





## Diabetes UK Information Prescriptions

Information Prescriptions are easy to read personalised information with clear images and individual goals aiming to prevent diabetes health complications. They are designed to educate and empower people with diabetes to both meet and improve on individual health targets. The Waverley Park Medical Practice, Scotland, conducted an audit of the Information Prescriptions impact within their practice. A 10% increase in patients reaching HbA1c targets was evidenced.

Information Prescriptions available include:

- **\*NEW\*** Diabetes and your feet: Low risk
- **\*NEW\*** Diabetes and your feet: Moderate/High risk
- Blood pressure
- Cholesterol
- HbA1c
- Mood
- Keeping your Kidneys Healthy
- Kidney Disease
- Contraception and Pregnancy.

Information Prescriptions can be used via primary care IT systems. Diabetes UK have developed guides to help practitioners use them: [click here](#). They can also be downloaded in a PDF format and printed for use with a patient.

For more information please see the attached Information Prescription Guide or visit the [Diabetes UK Website](#)

This information is also available on the RSS website by selecting the [Care Planning](#) section on the Diabetes page

## Diabetes Foot Screening Education (CPD)

The session will outline the skills needed to correctly screen patients with diabetes for foot problems at their annual diabetes review and provide details of where and how to refer on those deemed at increased or high risk of developing foot disease, in line with current NICE guidelines. There will be a demonstration and an opportunity to practice neurological and vascular assessment of the foot.

The session is free of charge and a certificate of competency will be issued to evidence CPD.

**When** –12 September, 3 October, 7 November, 5 December 2018

**What** – Detecting and managing diabetic foot disease.

**Where** - Podiatry Department, White Cross Court, York YO31 8FT

**Cost** – Free of charge

In-house training may be available if there are several staff at your practice who would benefit from this training.

Booking is required as places are limited.

Email [podiatry.appointments@hdfn.nhs.uk](mailto:podiatry.appointments@hdfn.nhs.uk) with subject title of 'Training update – foot screening'. Your place will be confirmed before you attend.

**Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the Practice Nurse Forum and other useful information.**

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email [sam.varo@nhs.net](mailto:sam.varo@nhs.net)