



# Practice Nurse Engagement

Your regular briefing from the CCG

Tuesday 14 August 2018



## Diabetes UK Information Prescriptions

Information Prescriptions are easy to read personalised information with clear images and individual goals aiming to prevent diabetes health complications. They are designed to educate and empower people with diabetes to both meet and improve on individual health targets. The Waverley Park Medical Practice, Scotland, conducted an audit of the Information Prescriptions impact within their practice. A 10% increase in patients reaching HbA1c targets was evidenced.

Information Prescriptions available include:

- **\*NEW\*** Diabetes and your feet: Low risk
- **\*NEW\*** Diabetes and your feet: Moderate/High risk
- Blood pressure
- Cholesterol
- HbA1c
- Mood
- Keeping your Kidneys Healthy
- Kidney Disease
- Contraception and Pregnancy.

Information Prescriptions can be used via primary care IT systems. Diabetes UK have developed guides to help practitioners use them: [click here](#). They can also be

downloaded in a PDF format and printed for use with a patient.

For more information please see the attached Information Prescription Guide or visit the [Diabetes UK Website](#)

This information is also available on the RSS website by selecting the [Care Planning](#) section on the Diabetes page



### **Diabetes UK psychological support survey for healthcare professionals**

Diabetes UK are now running a national survey for healthcare professionals to better understand the availability of psychological services in local areas. This survey was informed by a previous landmark survey (see Diabetes UK's 2008 [Minding the Gap report](#)). The survey is anonymous and has been designed so that it can be completed by any experienced member of the diabetes MDT who has a good awareness of local services. Please see the attached FAQ briefing for more information.

The survey is live now and is scheduled to close **Tuesday 28<sup>th</sup> August**, although responses and being monitored and may extend into September if required.

Please find the survey link below:

<https://www.smartsurvey.co.uk/s/psychological-services-for-pwd/>





## **Haxby Group Training: Autumn and Winter 2018**

Please find attached an updated list of training dates being offered by Haxby Group Practice in the upcoming months.

The next session will be: Annual Flu Update. 5 September, 13:00-15:30 at Kingswood Surgery, Hull.

**For more information and to investigate bespoke training sessions, please contact: [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk)**

## **Practice Nurse Forum – our next meeting**

**When** – Friday 7 September 2018 2pm to 4pm

**Where** - Posterngate Surgery, Portholme Road, Selby, YO8 4QH

**What** - Kathryn E Griffith (Clinical Lead for Kidney Care, Cardiovascular Lead for NHS Vale of York CCG, Secretary of The Primary Care Cardiovascular Society) presenting: Cholesterol Management.

For more details of this meeting and for upcoming dates throughout 2018-19 [click here](#).

Please confirm your attendance by email to [sam.varo@nhs.net](mailto:sam.varo@nhs.net) or phone 01904 551 773.

## A message from Sarah Goode, Quality Lead

Jamal Hussain, Senior Pharmacist – Prescribing Support Pharmacist shared the Community Wound Care Formulary (**see attached**) and described the on-line prescription ordering system (ONPOS) at the latest Practice Nurse Forum. District Nursing teams and Priory Medical Group are already using ONPOS. ONPOS is used by several CCGs in England and Health boards in Wales. The benefits are as follows:

- ✓ Patients receive the right products in a timely manner
- ✓ Reduces wastage and eliminates incorrect prescriptions being dispensed
- ✓ Saves nursing and administrative time
- ✓ Improves patient care and experience
- ✓ Offers protection from illegal practices
- ✓ Allows immediate access to a stock
- ✓ All stock is legally held and can be used for any patient
- ✓ Establishes a standardised approach to wound care product use
- ✓ Environmental benefits from using less paper

Jamal Hussain and Sarah Goode are visiting practice nurses at surgeries to discuss this further. If you do not yet have a meeting planned with us, please contact

[jhussain1@nhs.net](mailto:jhussain1@nhs.net) or phone 07702 975 911 or [sarahgoode@nhs.net](mailto:sarahgoode@nhs.net) or phone 07702 975 886.

## End of life care survey 2018



We are working with partners to create an end of life care strategy that strengthens our commitment to improve and develop end of life care and support services.

We are asking people to complete a questionnaire using the six ambitions (taken from Ambitions for Palliative and End of Life Care: a national framework for local action 2015-2020). From these six ambitions we have created 'I' statements to help us capture what we do well as a health and social care system and what is still needed to realise these ambitions.

We would like to capture the experiences of anyone:

- nearing the end of their life - <https://www.surveymonkey.co.uk/r/SX3SH5W>
- who cares for a family member, friend or neighbour at the end of their life - <https://www.surveymonkey.co.uk/r/SXYQVYD>
- who works with people at the end of their life in a professional capacity – <https://www.surveymonkey.co.uk/r/5CLR2LR>

We will use your responses to inform the content of the strategy and create a Citizens' Charter that reflects the needs of people across the Vale of York.

Thank you for taking the time to complete this questionnaire. Please ensure that we receive your completed survey by **Friday 7 September**.

To request this document in a different language or format, or for any more information please email [voyccg.engagement@nhs.net](mailto:voyccg.engagement@nhs.net)



## Free Leg Ulcer Training Sessions

York Teaching Hospital NHS Foundation Trust are providing free ulcer training sessions.

### For August 2018:

21 August at Tang Hall Health Centre York from 09.30am -4.00pm

22 August at St Monicas Easingwold – Jean Fargher room from 09.30-4.00pm

### September 2018:

3 September at Tang Hall Health Centre, York from 09.30am -4.00pm

4 September at Tang Hall Health Centre, York from 09.30am – 4.00pm

Lunch is provided.

If you would like to attend forward your name, base, role, contact number and email address to Kath Ward:

[kath.ward2@york.nhs.uk](mailto:kath.ward2@york.nhs.uk)

Please contact Kath with any queries (01653 604709).



## Diabetes and Respiratory Nurse Group CPD

The below sessions will be taking place in the coming months, suitable for all local primary and secondary care nurses with an interest in diabetic and respiratory medicine.

### Diabetes

**When:** Thursday 6 September and Wednesday 2 November

**Times:** 18:30 registration and buffet, 19:15 session commences for 20:30 finish

**Where:** The Parsonage, York Road, Escrick, YO19 6EY

### Respiratory

**When:** Wednesday 19 September and Wednesday 21 November

**Times:** 18:30 registration and buffet, 19:15 session commences for 20:30 finish

**Where:** The Parsonage, York Road, Escrick, YO19 6EY

Agenda: First session will cover asthma COPD overlap syndrome, COPD management and managing breathlessness

**For more information, please find agenda's attached. Please note these are events are not CCG events and are pharma sponsored.**

**For more information and to register, please contact:** [ellieholmes@wpem.co.uk](mailto:ellieholmes@wpem.co.uk)



# TRAINING



## Upcoming training sessions

Agendas will be shared as soon as they are made available.

### MSK

**When:** Thursday 13 September

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences (inc workshops) 20.30 finish approx.

**Content:** Awaiting final agenda

### Paediatrics

**When:** Thursday 4 October

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Awaiting final agenda

### Gastro

**When:** Tuesday 13 November

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** [Agenda](#)

### Ophthalmology

**When:** Tuesday 4 December

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Awaiting final agenda

**For more information and to register, please contact: [ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)**



## **Our Health Heroes Awards 2018**

The National Skills Academy for Health is launching “Our Health Heroes” awards 2018. Please nominate staff deserving recognition in respect of the following categories:

- Operational Services Support Worker of the Year
- Clinical Support Worker of the Year
- Apprentice of the Year
- Workforce Planning Team of the Year
- Integrated Team of the Year
- Staff Retention and Well-Being Employer of the Year
- Lifetime Achievement Award

Nominations can be made from 10 August - 16 September. The Awards Ceremony will take place on Friday 23 November at London's OXO Tower.

**Please nominate at: [www.skillsforhealth.org.uk/ohh-2018-pre-launch](http://www.skillsforhealth.org.uk/ohh-2018-pre-launch) and also send a copy of your nomination to Carly McIntyre, at Health Education Yorkshire at [carly.mcintyre@hey.nhs.uk](mailto:carly.mcintyre@hey.nhs.uk)**



## Humber, Coast and Vale Excellence Centre Newsletter

Please find attached the first edition of this newsletter. The Excellence Centre aims to improve access to high quality training for all care and support staff.

**For more information on the work of the centre, please contact:**  
**[HumberCoastandVale.ExcellenceCentre@hey.nhs.uk](mailto:HumberCoastandVale.ExcellenceCentre@hey.nhs.uk)**



## React to Red Newsletter

Please find attached the August edition of this CCG's pressure ulcer prevention newsletter. Previous editions of the newsletter and further information on React to Red can be found on our [website](#).

**For more information on the scheme please contact: [h.degnan1@nhs.net](mailto:h.degnan1@nhs.net)**



## Infection, Prevention, Control Guidance: Viral Gastroenteritis

Please find attached the summer special advice bulletin from Infection, Prevention, Control. This has been sent out in the wake of several outbreaks of Viral Gastroenteritis in North Yorkshire care homes, and includes advice on symptoms and hand washing procedures.



Public Health  
England

## Free event

**When** - Thursday 20 September 2018

**What** - Free event promoting health for people with learning disabilities

**Where** - Showroom and Workstation, 15 Paternoster Row, Sheffield

**Who** – intended for people with learning disabilities, their family and carers.

More details about the event and how to apply available [here](#).

PNF is planning to hold a similar themed meeting on Friday 28 September 2018 to discuss learning disabilities and the role of Public Health. More details to follow



## University of York Study Days

Upcoming study days at The University of York include various topics including:

- ABPI Assessment and compression bandage therapy
- Introduction to contraception and sexual health
- Management of Common Conditions in Primary and Urgent Care: Abdominal problems and uncomplicated UTIs
- Management of Common Conditions in Primary and Urgent Care: Respiratory problems

Details of all sessions are available [here](#).



## Leeds Beckett University short courses

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography
- Vaccination and immunisation for new starters

Details of all courses can be found [here](#).



## Funded cervical sample taker training

Health Education England has secured funded training places for cervical sample taker initial training for North Yorkshire and Humber at the University of Huddersfield (September 2018) and North East Cervical Screening Training in Newcastle (December 2018).

Clearly stating you are from the North Yorkshire and Humber area on your application book your places as follows:

Huddersfield course click [here](#).

Newcastle course click [here](#).

## YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool. This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).

## Diabetes Foot Screening Education (CPD)

The session will outline the skills needed to correctly screen patients with diabetes for foot problems at their annual diabetes review and provide details of where and how to refer on those deemed at increased or high risk of developing foot disease, in line with current NICE guidelines. There will be a demonstration and an opportunity to practice neurological and vascular assessment of the foot.

The session is free of charge and a certificate of competency will be issued to evidence CPD.

**When** –12 September, 3 October, 7 November, 5 December 2018

**What** – Detecting and managing diabetic foot disease.

**Where** - Podiatry Department, White Cross Court, York YO31 8FT

**Cost** – Free of charge

In-house training may be available if there are several staff at your practice who would benefit from this training.

Booking is required as places are limited.

Email [podiatry.appointments@hdfn.nhs.uk](mailto:podiatry.appointments@hdfn.nhs.uk) with subject title of 'Training update – foot screening'. Your place will be confirmed before you attend.

**Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the Practice Nurse Forum and other useful information.**

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group. If you would like to unsubscribe from this bulletin email [sam.varo@nhs.net](mailto:sam.varo@nhs.net)