



Vale of York
Clinical Commissioning Group



Practice Nurse Engagement

Your regular briefing from the CCG

Thursday 20 December 2018



Merry Christmas to all!

As this is the final edition of PNE of 2018, Sarah, Charlotte, Sam and the entire CCG would like to wish a very Merry Christmas to all our hardworking practice nurses and their families. Hopefully you all have a relaxing and enjoyable festive season. We look forward to seeing you all in the new year.



Workforce General Practice Nurse Scoping – Extended Deadline!

Please could all registered practice nurses complete this survey by Monday 31 December 2018.

This survey is being undertaken to identify the registered nurse primary care workforce and consider how the CCG can support nurses within the Vale of York.

Survey results will provide important data allowing us to understand the primary care workforce and identify any areas which may benefit from support in line with [NHSE Ten Point Plan](#).

The survey can be found through this [link](#)

Press Ctrl (bottom left keyboard) and left click on the mouse on the link you will be directed straight to the survey.

Please let us know if you have any difficulties accessing this link.

If you cannot remember exact training dates, approximations are fine.

If you have any questions please contact Charlotte Porthouse or Sarah Goode-details below.

Charlotte Porthouse, Lead CCG Practice Nurse, NHS Vale of York CCG
Email: charlotte.porthouse@nhs.net
Telephone: 01904 553853

Sarah Goode, Quality Lead for Primary Care, NHS Vale of York CCG.
Email sarahgoode@nhs.net
Mobile 07702975886



The Practice Nurse & Allied Health Professional Forum

The Practice Nurse & Allied Health Professional Forum will be disbanded and incorporated into the Protected Learning Time programme. We look forward to seeing you at the final Forum:

When: Friday 25 January 1-3pm

Where: York Medical Group, Tower Court Health Centre, Oakdale Rd, York YO30 4RZ.

Who: Phil Truby, Public Health Practitioner

What: Alcohol Identification and Brief Advice.

If you would like to attend the final forum, please inform sam.varo@nhs.net or call 01904 551773



Celebrating General Practice Nursing Conference

The NHS England Nursing and Quality team are pleased to announce that there will be a Yorkshire and Humber "Celebrating General Practice Nursing Conference" held on Thursday 21 March 2019 (full day).

The awards will celebrate the following categories:

- Mentor and Preceptor
- Innovation

- Integrated Working
- Driving person Centre Care
- Rising Star

Each of the Northern Region's 21 CCG's can nominate one individual/team for each of the five categories above (five nominations in total).

The nomination forms are can be found through our [website](#), along with a guidance for the criteria of candidates. Please complete these with as much supporting information as possible as these will then be judged and winners invited to the Awards ceremony in March.

Please send the nomination forms to sam.varo@nhs.net by no later than Friday 4 January 2019.

We look forward to celebrating the fantastic staff in primary care.



Alert: Resources to Support Bowel Care for Patients at Risk of Autonomic Dysreflexia

Please note the attached alert from NHS Improvement regarding autonomic dysreflexia

This alert is appropriate for all healthcare providers who have patients with existing spinal cord injuries and includes an action plan and set of resources are available to assist with implementation. It is asked that implementation beings as soon as possible and is complete by 25 January 2019.

If you have any queries regarding this alert or have resources or examples please contact: patientsafety.enquiries@nhs.net



Happy Retirement Jo!

Jo Smith, Head of Nursing and Advanced Clinical Practice, Haxby Group

Jo enjoyed her last day in practice on the 14 December before taking her well-deserved retirement.

A big thank you to Jo for her commitment in nursing excellence, education and dedicated leadership.

Jo has been instrumental in the successes of our Advanced Training Practice - Haxby Group.

Helen Raine will be taking over Jo's role in York and Deb Smith in Hull.

It has been a great pleasure to have worked with Jo if only for a short time and she will be missed.

On behalf of the practice nurse community in the Vale of York: the warmest wishes for the happiest of retirements.



Free: General Practice Nursing Leadership Course

Please see attached promotional flyer and application form for the Royal College of Nursing leadership course, dates in the North region are;

27 & 28 February – The Queens Hotel, City Square, Leeds LS1 1PJ

12 & 13 March – The Queens Hotel, City Square, Leeds LS1 1PJ

Completed applications are to be sent to mirka.ferdosian@rcn.org.uk by 20 December



GPN Wanted for Video

The RCN are looking for GPN who would be happy to be videoed (or record a podcast) about how they transitioned into their role as a GPN. They are particularly interested in a nurse who has moved from the hospital setting to general practice.

If you have any interested parties please email Jack Williams at Jack.Williams@rcn.org.uk who will discuss this further.



Humber, Coast and Vale Excellence Centre: Conference

Please find for your information attached slides from the inaugural conference hosted by the Excellence Centre.



York Carers Centre- Newsletter and What's on Guide Jan-March

Please find attached the latest newsletter from York Carers Centre, and a what's on guide. Upcoming events include a carer's trip to The Grand Old Dame of York at the Theatre Royal, a digital help drop in session and an session focusing on caring for an individual with dementia.

For more information please contact: enquiries@yorkcarerscentre.co.uk



City of York Council: Workforce Development Unit Training



Eating out at Christmas with diabetes

Diabetes UK have produced a series of advice for people with diabetes to help manage their diet at this festive time of year. Included is guidance for planning ahead for a meal out with friends or family, and how to resist the temptation of a buffet.

To read the guidance in full please follow this [link](#)

City of York Council's Workforce Development Unit offer a large number of training sessions relevant to the practice nursing.

Upcoming sessions include

- Moving and Positioning People
- Sensory Awareness- Bitesize Care of Others
- Effective Communication- Bitesize Care of Others
- Ageing Process- Bitesize Care of Others
- Falls Prevention- Bitesize Care of Others

A full list of sessions available from December to February is attached for you.

To book on to these courses you will need to register for a MyLo account through this [link](#)

For any queries please contact: wdu@york.gov.uk



Leeds Beckett University short courses

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include



UNIVERSITY OF HULL

MSc in Advanced Practice Course

The University of Hull is now offering a February start date for the MSc

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography
- Vaccination and immunisation for new starters

Details of all courses can be found [here](#)

Advanced Practice. The date of the first taught session will be 1st February.

For further details please contact [Nicki Credland](#) via email
Applications forms are available via the University [web pages](#).

Training Opportunities and Events



Tier 3 Weight Management Service Evening

When: Tuesday 15 January

Where: York Novotel

Times: 18.30 registration, 19.00 meeting commences, 20.30 finish

Content: Agenda attached

Booking: For more information and to register, please contact:

ellie.holmes1@nhs.net



ABCD Yorkshire Regional Diabetes Event- Free to attend

When: Wednesday 6 February

Where: York Racecourse

Times: 9:00-16:00

Content: The event aims to cater to all health care professionals involved in the provision of care, and will feature a mix of workshops and discussions. Topics on the agenda include commissioning and service redesign, diabetes and pregnancy and the role of a psychologist in a diabetes team.

Booking: To register please follow this [link](#)



MSK and Bone Protection Evening

When: Thursday 21 February, 18.30 registration, 19.00 meeting commences, 21.00 finish

Where: York Novotel

Agenda: To be finalised

Booking: For further information and to register, please contact:

ellie.holmes1@nhs.net



Physician Associate Careers Fair

When: Friday 1 March, 13:00-16:00

Where: Michael Sadler Building, University of Leeds

Content: This event hosted in partnership with Health Education England is aiming to promote PA vacancies and discuss career opportunities within your respective NHS organisations. This follows the successful fair in April 2018 hosted at the University of Hull where 90 trainee PAs were in attendance as well as 20 NHS employers who were looking to recruit PAs. Following this event, 41 PAs were recruited to work in the Humber Coast and Vale Partnership area in both primary and secondary care.

Booking: Please follow this [link](#)

Ear Irrigation and Instrumentation Training



Primary Care Course: Getting the essentials right in delivering diabetes care

When: Friday 8 March 2019, 8:30 - 16:30

Where: ACC Liverpool, Kings Dock, Liverpool L3 4FP.

Cost: £25 (+VAT)

Agenda: Subjects covered will include HbA1C, lifestyle change and keeping feet healthy

Booking: To book and for more information please follow this [link](#)



Primary Care Leadership Programme

When: Dates for 2019 sessions to be announced

Where: Courses will be available in Leicester, Scotland and Wales

Duration: The course comprises of two modules, a two day residential and a further one day follow up.

Aims of course: This leadership programme is for any professional working in primary care with the enthusiasm, passion and tangible ideas for improving diabetes care in their local area. It will enable participants to develop the skills needed to drive transformational change in diabetes care, and spread improvement beyond the consultation room and across practices. The programme will also be an opportunity for participants to identify both barriers and solutions to improving care, and network with colleagues from across the country

Booking: To book and for more information please follow this [link](#)

Please note this course is funded by a pharma company



Applied Suicide Intervention Skills Training (ASIST)

York MIND have been commissioned to deliver six Applied Suicide Intervention Skills Training (ASIST) two-day workshops over the next 12 months with funding from CYC Public Health and York Safeguarding Adults Board.

The first workshop held last week was fully subscribed from the waiting list and the next one in February is also fully booked.

Places on later ASIST workshops are likely to get snapped up quickly. Those held to date have been very well received with excellent feedback, mainly from people in front line roles from a variety of roles including clinicians. Training for around 150 people in total and places will be allocated on a first come first served basis by Workforce Development Unit. If ASIST is of interest to you and you live or work in York please follow the below [link](#) to register interest and find out proposed dates and venue.

YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool




YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool.

This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).

How many causes of heart disease can you identify?



THE MAIN CAUSES OF HEART DISEASE

It is our priority to prevent people in the Vale of York from dying prematurely and that's why we want to work with the local community to beat heart disease and stroke.

High blood pressure is one of the Vale of York's biggest killers. It rarely has noticeable symptoms and, if left untreated, increases the risk of developing a heart attack or stroke. It is estimated that more than 34,000 local people have undiagnosed high blood pressure.

For information and to learn how you can reduce your own risk, go to the website www.valeofyorkhealthyhearts.co.uk

Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the Practice Nurse Forum and other useful information.

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email sam.varo@nhs.net