



Practice Nurse Engagement

Your regular briefing from the CCG

Tuesday 15 January 2019



The Practice Nurse & Allied Health Professional Forum

The Practice Nurse & Allied Health Professional Forum will be disbanded and incorporated into the Protected Learning Time programme. We look forward to seeing you at the final Forum:

When: Friday 25 January 1-3pm

Where: York Medical Group, Tower Court Health Centre, Oakdale Rd, York YO30 4RZ.

Who: Phil Truby, Public Health Practitioner

What: Alcohol Identification and Brief Advice.

If you would like to attend the final forum, please inform
sam.varo@nhs.net or call 01904 551773



Preventing dehydration in patients

Infection Prevention Control would like to remind practices that there has been a rise in the number of cases of diarrhoea and vomiting/influenza/chest infections in the community over the past few weeks.

They would like to remind you to help reduce the risk of infection:

- Always apply standard precautions
- Encourage your patients/residents/service users to keep hydrated



Cervical Screening Assessor Training for Humber, Coast and Vale

A course has been commissioned by Haxby Group Training at the University of Hull to provide training for 80 students delivered in two cohorts, 27 & 28 February (27 & 28) and September (dates TBC) – further details will be confirmed in due course. In order for the courses to run we need to ensure there are adequate numbers of assessors available to assess the students in practice.

A register of cervical screening assessors is being devised to match support students.

Are you or one of the nurses in your practice interested in becoming a smear assessor?

Current NHS Cervical Screening Guidance (November 2016) states: Assessors must be a registered nurse, doctor or physician associate. Assessors should have effective teaching and communication skills and ideally hold a relevant mentoring and/or teaching qualification. They must:

- be practising sample takers with a green RAG rating
- have had 12 months continuous experience following completion of initial training
- have undertaken a minimum of 50 samples following completion of initial training

Funding has been secured to support backfill costs to practices for the release of nurses to fulfil the assessor role. The commitment would be 17.5 hours per student consisting of 7.5 hours for an initial training visit, 7.5 hours for a final assessment visit and 2.5 hour admin. Haxby Training will provide an initial training session for assessors and support assessors with queries.

**Initial Assessor training will be available on:
Wednesday 30 January, 14.00-16.00,
Wilberforce LR13 (62), The University of Hull, HU6 7RX**

Nurses keen to be a cervical screening assessor need to complete the attached application form, return it to training@haxbygroup.co.uk and confirm your attendance at the initial assessor training. If you are unable to make the session on the 30 January please let Haxby Training know, and another session may be arranged in response to need.

Details on how to apply for the course will follow once finalised with the University of Hull.

Many thanks in advance for your support and commitment. If the assessor role is shared across practices then we should be able to achieve the volume of training required across the region to support us all.



GPN Student Nurse Network

The GPN Student Nurse Network works to promote general practice

nursing to students and throughout the nursing community.

The team are looking for student nurses to help attend meetings and conferences (fully remunerated) to promote the network and to use social media to engage students and to build positive perceptions of nursing. This role would be for 18 months with the option to reapply.

If you are interested please see more information about the role and an application form attached.



Alert: Resources to Support Bowel Care for Patients at Risk of Autonomic Dysreflexia

Please note the attached alert from NHS Improvement regarding autonomic dysreflexia.

This alert is appropriate for all healthcare providers who have patients with existing spinal cord injuries and includes an action plan and set of resources are available to assist with implementation. It is asked that implementation begins as soon as possible and is complete by 25 January 2019.

If you have any queries regarding this alert or have resources or



City of York Council: Workforce Development Unit Training

City of York Council's Workforce Development Unit offer a large number of training sessions relevant to the practice nursing.

Upcoming sessions include

- Bitesize Fire Awareness
- Effective Communication and Responding to Behaviour that Challenges (Adult Services)
- Life Story (Bitesize)
- IOSH Managing Safely Refresher

A full list of sessions available from January to March is attached for you.

To book on to these courses you will

examples please contact:
patientsafety.enquiries@nhs.net

need to register for a MyLo account
through this [link](#)

For any queries please contact:
wdu@york.gov.uk



Leeds Beckett University short courses

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography
- Vaccination and immunisation for new starters

Details of all courses can be found [here](#)



UNIVERSITY OF HULL

MSc in Advanced Practice Course

The University of Hull is now offering a February start date for the MSc Advanced Practice. The date of the first taught session will be 1st February.

For further details please contact [Nicki Credland](#) via email Applications forms are available via the University [web pages](#).

Training Opportunities and Events



Tier 3 Weight Management Service Evening

When: Tuesday 15 January

Where: York Novotel

Times: 18.30 registration, 19.00 meeting commences, 20.30 finish

Content: Agenda attached

Booking: For more information and to register, please contact:

ellie.holmes1@nhs.net

Diabetes Foot Screening Education (CPD)

As part of the Podiatry contract with the Vale of York CCG the Podiatry team provide on-going training for health care workers in the detection and management of diabetic foot disease. The session will outline the skills needed to correctly screen patients with diabetes for foot problems at their annual diabetes review and provide details of where and how to refer on those deemed at increased or high risk of developing foot disease, in line with current NICE guidelines. There will be both a demonstration and an opportunity to practice neurological and vascular assessment of the foot.

The sessions are free of charge and a certificate of competency will be issued to evidence CPD.

DATE	TIME	VENUE
Wednesday 16 th January 2019	17:00-18:30	Podiatry Department, White Cross Court
Wednesday 6 th February 2019	17:00-18:30	Podiatry Department, White Cross Court
Wednesday 6 th March 2109	17:00-18:30	Podiatry Department, White Cross Court

To Book: Email podiatry.appointments@hdfnhs.uk with the subject title 'Training update – foot screening'.



ABCD Yorkshire Regional Diabetes Event- Free to attend

When: Wednesday 6 February

Where: York Racecourse

Times: 9:00-16:00

Content: The event aims to cater to all health care professionals involved in the provision of care, and will feature a mix of workshops and discussions. Topics on the agenda include commissioning and service redesign, diabetes and pregnancy and the role of a psychologist in a diabetes team.

Booking: To register please follow this [link](#)



MSK and Bone Protection Evening

When: Thursday 21 February, 18.30 registration, 19.00 meeting commences, 21.00 finish

Where: York Novotel

Agenda: To be finalised

Booking: For further information and to register, please contact: ellie.holmes1@nhs.net



Physician Associate Careers Fair

When: Friday 1 March, 13:00-16:00

Where: Michael Sadler Building, University of Leeds

Content: This event hosted in partnership with Health Education England is aiming promote PA vacancies and discuss career opportunities within your respective NHS organisations. This follows the successful fair in April 2018 hosted at the University of Hull where 90 trainee PAs were in attendance as well as 20 NHS employers who were looking to recruit PAs. Following this event, 41 PAs were recruited to work in the Humber Coast and Vale Partnership area in both primary and secondary care.

Booking: Please follow this [link](#)



Ear Irrigation and Instrumentation Training

When: Tuesday 5-Wednesday 6 March, 9:30-16:30

Where: Tower Court Surgery, Clifton Moor. York

Content: Rotherham Ear Centre are hosting a two day course at Tower Court Surgery, suitable for HCA's, support workers and nurse mentors. This course is quality assured by University of Sheffield.

Booking: Further information is attached. To book please contact vicki.turner1@nhs.net or call 01904 437862

Agenda: Subjects covered will include HbA1C, lifestyle change and keeping feet healthy

Booking: To book and for more information please follow this [link](#)



Primary Care Leadership Programme

When: Dates for 2019 sessions to be announced

Where: Courses will be available in Leicester, Scotland and Wales

Duration: The course comprises of two modules, a two day residential and a further one day follow up.

Aims of course: This leadership programme is for any professional working in primary care with the enthusiasm, passion and tangible ideas for improving diabetes care in their local area. It will enable participants to develop the skills needed to drive transformational change in diabetes care, and spread improvement beyond the consultation room and across practices. The programme will also be an opportunity for participants to identify both barriers and solutions to improving care, and network with colleagues from across the country

Booking: To book and for more information please follow this [link](#)

Please note this course is funded by a pharma company



Applied Suicide Intervention Skills Training (ASIST)

York MIND have been commissioned to deliver six Applied Suicide Intervention Skills Training (ASIST) two-day workshops over the next 12 months with funding from CYC Public Health and York Safeguarding Adults Board.

The first workshop held last week was fully subscribed from the waiting list

and the next one in February is also fully booked.

Places on later ASIST workshops are likely to get snapped up quickly. Those held to date have been very well received with excellent feedback, mainly from people in front line roles from a variety of roles including clinicians. Training for around 150 people in total and places will be allocated on a first come first served basis by Workforce Development Unit. If ASIST is of interest to you and you live or work in York please follow the below [link](#) to register interest and find out proposed dates and venue.

YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool.

This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).

How many causes of heart disease can you identify?



It is our priority to prevent people in the Vale of York from dying prematurely and that's why we want to work with the local community to beat heart disease and stroke.

High blood pressure is one of the Vale of York's biggest killers. It rarely has noticeable symptoms and, if left untreated, increases the risk of developing a heart attack or stroke. It is estimated that more than 34,000 local people have undiagnosed high blood pressure.

For information and to learn how you can reduce your own risk, go to the website

www.valeofyorkhealthyhearts.co.uk

Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the Practice Nurse Forum and other useful information.

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email sam.varo@nhs.net