



Vale of York
Clinical Commissioning Group



Practice Nurse Engagement

Your regular briefing from the CCG

Tuesday 12 March 2019



Raising awareness fighting depression

£3000 Grant for nurses working in general practice to undertake a mental health project

The Charlie Waller Memorial Trust are awarding a Project Grant for General Practice Nurses 2019/20

The grant will be £3000 with the aim of supporting a General Practice Nurse to undertake a mental health project

Who should apply? General Practice Nurses with an interest and enthusiasm for mental health

Length of project? Carried out over a period of 1 year from 1 April 2019 to 31 March 2020

Please find attached the application form, the deadline for applications to be received is mid-day on Wednesday, 20 March 2019

For application enquiries please direct your query as below:

- Regarding project ideas or completing the application:
sheila.hardy@cwmt.org
- Regarding submission or award process please contact:
admin@cwmt.org

DIABETES PREVENTION WEEK

1-7 APRIL 2019 #PreventingType2

Diabetes Prevention Week

Please find attached a briefing around Diabetes Prevention Week, which takes place in the first week of April.

The aims of the campaign are to:

- Raise awareness of the Healthier You: NHS Diabetes Prevention Programme – with the public and healthcare professionals (specifically GPs, Practice Nurses and Pharmacists)
- Raise awareness of the causes of Type 2 diabetes
- Raise awareness of the complications associated with Type 2 diabetes
- Raise awareness of at risk groups – particularly BME populations

Diabetes prevention toolkits have been ordered for all practices and will be addressed to practice managers.



Health Education England

GPN Education Catalogue

A practice nurse recently asked which clinical courses are available in the locality.

This [link](#) leads to the Health Education England education catalogue which has an overview of courses/locations.



Bulletin for General Practice – Infection Prevention and Control: Issue No 14 – March 2019

The latest bulletin from the Community Infection Prevention and Control Team for General Practice focuses on '**Nutrition and Hydration Week: 11-17 March 2019**'.

A copy of this bulletin is available to view and download through this [link](#)



Apprenticeships in Primary Care

Skills for Health have launched a suite of infographics around apprenticeships in primary care in support of National Apprenticeship Week.

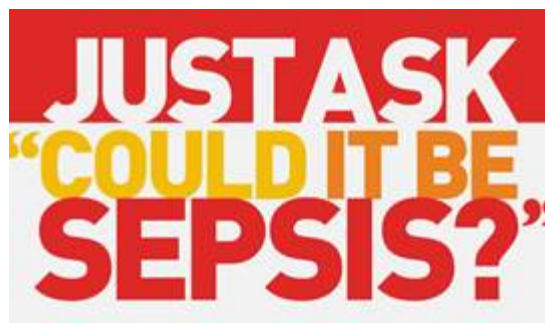
Resources are available providing detail on:

- [Healthcare Apprenticeships, Grow Your Team](#)
- [Top Tips for Apprentices](#)
- [Top Tips for Employers](#)



York Carers Centre Update

Please find attached the March update from the York Carers Centre, which includes details of the upcoming International Women's Day Celebrations, dates for the Acomb and Haxby carer's hubs and the substance misuse group.



Library Current Awareness Bulletin: Sepsis February 2019

Please find attached the February edition of Bradford Teaching Hospital NHS Foundation Trust's library current awareness bulletin devoted to the latest evidence and studies around sepsis.



General Practice Nurse Awards 2019

Clinical Chair Nigel Wells announced the finalists and shortlisted candidates at the Protected Learning Time event on 31 January. The finalists will all receive invitation to attend the Yorkshire & Humber Celebrating General Practice Nursing Learning & Sharing Good Practice full day event on 21 March 2019.

- **Mentorship and Preceptorship Award**

Finalist: Sister Wendy Youngs, Sherburn in Elmet

Shortlisted: Philippa Norman, Haxby Group Practice

- **Innovation Award**

Finalist: Team Millfield Nurses, Millfield Surgery

Shortlisted: Nurse & HCA Surgical Team, Haxby Group Practice

- **Integrated Working**

Finalist: INR Star Team, Haxby Group Practice

- **Driving Person Centred Care**

Finalist: Helen Gardner, Millfield Surgery

Shortlisted: Katie Johnson, Millfield Surgery

- **Rising Star**

Finalist: Danielle Arundale, Priory Medical Group

Shortlisted: Marissa Blurton, Haxby Medical Group

For more information on the event please consult this [poster](#)



Health Education England

An invitation to attend the Yorkshire and Humber Regional Briefing Event: National Census of Advanced Clinical Practice

Health Education England are holding a census event to help inform the development of their advanced clinical practitioner programme.

Date: Thursday 14 March 2019

Timings: 10 am – 1 pm (lunch & networking: 1 pm – 2 pm)

Venue: Crowne Plaza Leeds, Wellington Street, Leeds LS1 4DL

Please see the attached flyer for further information and booking information.

The NHS England Primary Care Digital Transformation programme launched a Digital Nurse Network in February 2019.

Headed up by two Digital Nurse Champions, who are both experienced practice nurses, the Digital Nurse Network will bring together nursing staff and wider practice teams to learn about the work of the national programme and digital initiatives planned for primary care in 2019 and beyond. Being part of the Network will offer nursing professionals the opportunity to discuss the digital offering in the NHS Long Term Plan and share digital best practice tools and peer-to-peer support.

The Network is open to all nursing professionals, from those who were early adopters and pioneers of digital technology to those who have recently caught the technology bug. It will be of particular benefit to those nurses who are interested in or currently taking a lead on digital transformation in their practices.

A webinar explaining more about the Network is being held on:

- **Wednesday 27 March**

from 17:00 – 18:00

Sign up for to a session on the following [link](#)



New Cervical Sample Taker Training- Deadline Extended

A reminder the Haxby Group Training are offering theoretical training for new cervical sample takers involved in the NHS Cervical Screening Programme, based on the guidance developed by Public Health England. The training is designed to provide practitioners with the latest evidence based knowledge to be able to confidently advise on, and undertake cervical samples.

The basic training programme spans 1½ days and covers the following core topics:

- The NHS Cervical Screening Programme – overview and background
- Organisation of the programme
- Equal access to cervical screening
- Understanding the test results
- Anatomy and physiology of the pelvic organs
- Practical aspects and professional responsibilities

This programme is classroom based and no practical work is involved.

Further sessions of this training and being



HEAT Awards

HEE have launched a new awards scheme called the HEAT (Healthcare, Education and Training) Awards.

This scheme will recognise and celebrate the very best in education, training, leadership and workforce planning, as well as bringing together the local, regional and national award schemes that were being run previously.

The categories include:

- Inspirational Apprentice
- Champion of Diversity, Inclusivity and Widening Participation
- Champion of Tomorrow's Workforce

run in September. Please return the attached form as soon as possible if you wish to register.

Nominations are now open and can be made [here](#), the closing date for which will be 5 April.

Those who have been shortlisted, as well as their nominators will be invited to an awards event which is due to take place on 18 July.

Should you have any questions, contact Matthew Woolford via matthew.woolford@hee.nhs.uk

YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool.

This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).

How many causes of heart disease can you identify?



It is our priority to prevent people in the Vale of York from dying prematurely and that's why we want to work with the local community to beat heart disease and stroke.

High blood pressure is one of the Vale of York's biggest killers. It rarely has noticeable symptoms and, if left untreated, increases the risk of developing a heart attack or stroke. It is estimated that more than 34,000 local people have undiagnosed high blood pressure.

For information and to learn how you can reduce your own risk, go to the website

www.valeofyorkhealthyhearts.co.uk

Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the details of training and revalidation, past editions of the bulletin and further useful information.

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email sam.varo@nhs.net