



**Vale of York**  
Clinical Commissioning Group



## Practice Nurse Engagement

Your regular briefing from the CCG

Tuesday 11 December 2018



### General Practice Nurse Workforce Survey

The CCG's Lead Practice Nurse Charlotte Porthouse is undertaking a project to identify the practice nurse workforce and consider how the CCG can support practice nurses within the Vale of York.

Thank you to everybody who has already responded.

Below is a link to a survey for you to complete by Friday 14 December 2018. The survey results will provide important data to better understand the primary care workforce and identify any areas which may benefit from support in line with [NHSE Ten Point Plan](#).

The survey can be found through this [link](#).

If you have any questions or would like Charlotte to visit you at your practice please contact: [charlotte.porthouse@nhs.net](mailto:charlotte.porthouse@nhs.net)



### **Infection. Prevention. Control Bulletin for GP Practice Staff: Diagnosing UTI's in a Care Home Resident**

Please follow this [link](#) to the IPC December bulletin providing guidance spotting symptoms of UTI's in care home residents as well as advice on use of dipstick testing and sample taking.



### **The Practice Nurse & Allied Health Professional Forum**

The Practice Nurse & Allied Health Professional Forum will be disbanded and incorporated into the Protected Learning Time programme.

When: Friday 25 January 1-3pm

Where: York Medical Group, Tower Court Health Centre, Oakdale Rd, York YO30 4RZ.

Who: Phil Truby, Public Health Practitioner

What: Alcohol Identification and Brief Advice.

If you would like to attend the final forum, please inform [sam.varo@nhs.net](mailto:sam.varo@nhs.net) or call 01904 551773



## **Celebrating General Practice Nursing Conference**

The NHS England Nursing and Quality team are pleased to announce that there will be a Yorkshire and Humber “Celebrating General Practice Nursing Conference” held on Thursday 21 March 2019 (full day).

The awards will celebrate the following categories:

- Mentor and Preceptor
- Innovation
- Integrated Working
- Driving person Centre Care
- Rising Star

Each of the Northern Region’s 21 CCG’s can nominate one individual/team for each of the five categories above (five nominations in total).

The nomination forms are can be found through our [website](#), along with a guidance for the criteria of candidates. Please complete these with as much supporting information as possible as these will then be judged and winners invited to the Awards ceremony in March.

Please send the nomination forms to [sam.varo@nhs.net](mailto:sam.varo@nhs.net) by no later than Friday 4 January 2019.

**We look forward to celebrating the fantastic staff in primary care.**

More information to follow when this is received from NHSE e.g. details on venue and times



### Eating out at Christmas with diabetes

Diabetes UK have produced a series of advice for people with diabetes to help manage their diet at this festive time of year. Included is guidance for planning ahead for a meal out with friends or family, and how to resist the temptation of a buffet.

To read the guidance in full please follow this [link](#)



### Retention of ACP's and PA's in Humber, Coast and Vale

As part of his new role, Scott Waren (Advanced Clinical Practice Lead in the Faculty of ACP/PA, HCV Excellence Centre) is currently undertaking project work looking into the long term retention of ACPs and PAs across the region.

The first part of the project aims to establish some best practice guidelines for the preceptorship of ACPs post qualification and/or newly appointed to an organisation. A project outline is attached. Scott is undertaking a scoping exercise to establish what current models exist across the region. He is keen to develop an understanding of:

- The views of existing Clinical and Associate supervisors;
- The views of workforce planners/managers: what aspects are useful?

what resources are available? what is reasonable and sustainable for future planning?

A survey can be found through this [link](#), please forward to any colleagues in your organisations who fulfil these roles or who would be interested in providing preceptorship.

For more information please contact: [scott.warren@nhs.net](mailto:scott.warren@nhs.net)

## Staying Safe

from suicidal thoughts

### Staying Safe Website Launch

Staying Safe offers vital resources to anyone distressed, thinking about suicide or worried about someone they care for. The tool has been joint funded by NHS England and provides guidance and templates in creating “safety plans”.

During times of deep distress, Safety Plans become a vital and valuable reminder of:

- What people can do for themselves to get through difficult times
- Practical ways they can make their situation safer
- Who to contact for support
- Where to go or who to contact in an emergency

The website can be accessed through this [link](#)



**Skills for Safe Practice: A qualitative study to evaluate the use of simulation in**



**City of York Council:  
Workforce Development Unit  
Training**

City of York Council's Workforce

## safeguarding children teaching for pre-registration children's nurses

Please follow this [link](#) to a study by Elaine Wyllie (Safeguarding Lead for Looked After Children) and Katie Bately (University of Huddersfield), into the effectiveness of simulation (use of manikins to assess injuries) with regard to children's safeguarding nurse teaching.

Development Unit offer a large number of training sessions relevant to the practice nursing.

Upcoming sessions include

- Encouraging a Risk Enabling Approach
- An introduction to the Mental Health Capacity Act
- Working with the Mental Health Capacity Act
- Moving and Positioning People

A full list of sessions available from November to January is attached for you.

To book on to these courses you will need to register for a MyLo account through this [link](#)

For any queries please contact:  
[wdu@york.gov.uk](mailto:wdu@york.gov.uk)



## Leeds Beckett University short courses

Leeds Beckett University is offering a series of short courses tailored to Primary Care. They include

- Ear care
- Cervical cytology screening
- Performing 12 lead electrocardiography



# UNIVERSITY OF HULL

## MSc in Advanced Practice Course

The University of Hull is now in a position to offer a February start date for the MSc Advanced Practice. The date of the first taught session will be 1st February.

For further details please contact



- Vaccination and immunisation for new starters

Details of all courses can be found [here](#)

[Nicki Credland](#) via email Applications forms are available via the University [web pages](#).

## Training Opportunities and Events



### Tier 3 Weight Management Service Evening

**When:** Tuesday 15 January

**Where:** York Novotel

**Times:** 18.30 registration, 19.00 meeting commences, 20.30 finish

**Content:** Agenda attached

**Booking:** For more information and to register, please contact:

[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



### ABCD Yorkshire Regional Diabetes Event- Free to attend

**When:** Wednesday 6 February

**Where:** York Racecourse

**Times:** 9:00-16:00

**Content:** The event aims to cater to all health care professionals involved in the provision of care, and will feature a mix of workshops and discussions. Topics on the agenda include commissioning and service redesign, diabetes and pregnancy and the role of a psychologist in a diabetes team.

**Booking:** To register please follow this [link](#)



### MSK and Bone Protection Evening

**When:** Thursday 21 February, 18.30 registration, 19.00 meeting commences, 21.00 finish

**Where:** York Novotel

**Agenda:** To be finalised

**Booking:** For further information and to register, please contact:  
[ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



### Physician Associate Careers Fair

**When:** Friday 1 March, 13:00-16:00

**Where:** Michael Sadler Building, University of Leeds

**Content:** This event hosted in partnership with Health Education England is aiming promote PA vacancies and discuss career opportunities within your respective NHS organisations. This follows the successful fair in April 2018 hosted at the University of Hull where 90 trainee PAs were in attendance as well as 20 NHS employers who were looking to recruit PAs. Following this event, 41 PAs were recruited to work in the Humber Coast and Vale Partnership area in both primary and secondary care.

**Booking:** Please follow this [link](#)





## Diabetes UK Professional Conference 2019

**When:** 6-8 March 2019

**Where:** ACC Liverpool, Kings Dock, Liverpool L3 4FP

**Agenda:** Seminars taking place across the conference include exercise and type 1 diabetes, psychological and emotional support and oral abstract session.

**Booking:** To book and for more information please follow this [link](#)



## Improving Care in Patients with Learning Disabilities

**When:** Thursday 7 March 2019, 19:30-20:30

**Where:** York Novotel

**Agenda:** Attached

**Booking:** To book and for more information please contact [ellie.holmes1@nhs.net](mailto:ellie.holmes1@nhs.net)



## Primary Care Course: Getting the essentials right in delivering diabetes care

**When:** Friday 8 March 2019, 8:30 - 16:30

**Where:** ACC Liverpool, Kings Dock, Liverpool L3 4FP.

**Cost: £25 (+VAT)**

**Agenda:** Subjects covered will include HbA1C, lifestyle change and keeping feet healthy

**Booking:** To book and for more information please follow this [link](#)



### Primary Care Leadership Programme

**When:** Dates for 2019 sessions to be announced

**Where:** Courses will be available in Leicester, Scotland and Wales

**Duration:** The course comprises of two modules, a two day residential and a further one day follow up.

**Aims of course:** This leadership programme is for any professional working in primary care with the enthusiasm, passion and tangible ideas for improving diabetes care in their local area. It will enable participants to develop the skills needed to drive transformational change in diabetes care, and spread improvement beyond the consultation room and across practices. The programme will also be an opportunity for participants to identify both barriers and solutions to improving care, and network with colleagues from across the country

**Booking:** To book and for more information please follow this [link](#)

**Please note this course is funded by a pharma company**



### Applied Suicide Intervention Skills Training (ASIST)

York MIND have been commissioned to deliver six Applied Suicide Intervention Skills Training (ASIST) two-day workshops over the next 12 months with funding from CYC Public Health and York Safeguarding Adults Board.

The first workshop held last week was fully subscribed from the waiting list and the next one in February is also fully booked.

Places on later ASIST workshops are likely to get snapped up quickly. Those held to date have been very well received with excellent feedback , mainly from people in front line roles from a variety of roles including clinicians. Training for around 150 people in total and places will be allocated on a first come first served basis by Workforce Development Unit. If ASIST is of interest to you and you live or work in York please follow the below [link](#) to register interest and find out proposed dates and venue.

## YOR- Insight reporting tool

Click here to access the Yor-Insight reporting tool



YOR-Insight is a soft intelligence tool to share your insights and feedback about gaps, issues or good practice.

Thank you to those who have already shared information using the YOR-Insight tool.

This makes for an excellent opportunity for the CCG to then facilitate the *anonymous* sharing of best practice and lessons learned from across the Vale of York.

You can access YOR-Insight via the Referral Support Service page of the CCG website or [click here](#).

## How many causes of heart disease can you identify?



It is our priority to prevent people in the Vale of York from dying prematurely and that's why we want to work with the local community to beat heart disease and stroke.

High blood pressure is one of the Vale of York's biggest killers. It rarely has noticeable symptoms and, if left untreated, increases the risk of developing a heart attack or stroke. It is estimated that more than 34,000 local people have undiagnosed high blood pressure.

For information and to learn how you can reduce your own risk, go to the website

[www.valeofyorkhealthyhearts.co.uk](http://www.valeofyorkhealthyhearts.co.uk)

**Don't forget, we have a section of our website dedicated to local Practice Nurses and Nurse Practitioners. [Click here](#) for the Practice Nurse Forum and other useful information.**

This bulletin has been produced by NHS Vale of York Clinical Commissioning Group.

If you would like to unsubscribe from this bulletin email [sam.varo@nhs.net](mailto:sam.varo@nhs.net)