

Diabetes Education York

A Diabetes Locally Enhanced Service is offered to Primary Care in York. To take advantage of this it is recommended that at least one nurse and one GP from each surgery attend one full day of diabetes education every two years as a minimum.

WPEM Ltd is working with the Community Diabetes Team in York to deliver workshops which will be offered in three-hourly sessions at regular intervals throughout the year. The content will be updated on a rolling annual basis which will run June to June. This will provide nine hours training annually – additional/alternative training can be made up through e-learning, CP supervision, multi-agency training, etc....

The afternoons are free to attend and have been arranged specifically for local primary care health care professionals who have an interest in diabetic medicine. Meetings will be led by Tara Kadis, Lead Diabetes Nurse, York Hospital and specialist colleagues from the Community Diabetes Team.

Venue & Times

All workshops will take place at York Novotel, Fishergate, YO10 4FD
Lunch and afternoon refreshments are included.

The following dates have been confirmed:

Part 1 – Thursday June 27th 2019

Part 2 – Thursday September 26th 2019

Part 3 – Wednesday 11th December 2019

Refreshments and registration from 12.30, education between 13.00 – 16.30 (inc break)

Programme overleaf...

An e-certificate of attendance will be issued to all delegates to assist with CPD requirements.

Please confirm your interest by contacting Ellie via your preferred method:

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Diabetes Education York: Programme

Therapy Optimisation in Type 2 Diabetes – Part 1

We recommend that you attend this before Part 2 or 3 unless you have a diploma in diabetes or absolute confidence in the latest algorithm

Learning objectives with relevance to primary care; you will:

- ◆ Reflect on how to assess diabetes control and prioritise risk factors for the individual
- ◆ Understand the purpose of the education/weight & exercise support/medications available
- ◆ Be aware of the local Type 2 diabetes guidelines, how to access and use them
- ◆ Having reviewed the content of the medication algorithm, understand more about the rationale behind the recommendations, especially in regard to safety
- ◆ Understand how to use this information to formulate a plan with the person with diabetes

Diabetes management & GLP-1 Initiation - Part 2

Learning objectives with relevance to primary care; you will:

- ◆ Be able to review glucose control in presumed type 2 diabetes and assess when to refer
- ◆ Understand the place of GLP-1 therapy in diabetes care, recognising who is suitable and who is not
- ◆ Be able to discuss side effects and patient advice requirements, including safety issues
- ◆ Know how to demonstrate the practical aspects when starting GLP-1 therapy
- ◆ Recognise when to stop therapy if ineffective, and next steps

Insulin Management – Part 3

Learning objectives with relevance to primary care; you will:

- ◆ Appreciate the place of insulin therapy in diabetes care
- ◆ Be able to review glucose control in diabetes and assess when to refer
- ◆ Be aware of different insulin types and who these might be appropriate for
- ◆ Be able to discuss hypoglycaemia, patient advice requirements, including safety for driving
- ◆ Know how to demonstrate the practical aspects when starting insulin therapy
- ◆ Understand how to review insulin therapy including assessment of injection sites