

Hull York Medical School is very pleased to be hosting The GP Nurses Update Course, delivered by Red Whale.

Keeping on top of all the changes to guidelines and the latest research can be a challenge, so we've done all the legwork for you. Written and presented by our ANP and GP team, our jam-packed one-day course focuses on the priorities relevant to nursing in primary care.

YOUR GP NURSES UPDATE COURSE

Saturday 21 March 2020 - 10am to 4pm

(Registration from 09.15)

**Allam Medical Building, University of Hull,
Cottingham Road, Hull, HU6 7RX**

Course Fee: £155.00

Thanks to the generous support from NHS England, nurses from Hull, East Riding, North Lincs., North East Lincs., Vale of York and Scarborough & Ryedale CCG areas can attend for the greatly reduced rate of **£35.00**.

**Click the link below to book your place
or for further details visit the HYMS website:
WWW.HYMS.AC.UK**

Alternatively, please contact Jackie Houlton (HYMS) on:
01482 464750 / 01904 321308 or jackie.houlton@hyms.ac.uk



Hull
Clinical Commissioning Group



North East Lincolnshire
Clinical Commissioning Group



East Riding of Yorkshire
Clinical Commissioning Group



North Lincolnshire
Clinical Commissioning Group



Vale of York
Clinical Commissioning Group



Scarborough and Ryedale
Clinical Commissioning Group



This course provides great tips for improving patients' engagement with their long-term conditions and also provides you with tools on how best to approach your CPD to meet the new NMC guidelines on Revalidation.

What will be covered?

This course covers the latest updates from NICE, SIGN and the main journals as well as looking at those things that might challenge us in our day-to-day practice but aren't necessarily big enough to get their own guideline.

Examples of areas that we cover are:

- Minor illness management
- Latest diabetes guidelines and future developments
- Cardiovascular conditions with the latest national guidelines summarised for you in easy to refer to charts
- Management of Respiratory conditions with the latest guidelines summarised in easy to refer to charts and tables

- Gastroenterology: how to diagnose and manage a wide range of conditions e.g. inflammatory bowel disease, B12 deficiency
- Sexual health and updated contraception guidelines
- Up-to-date immunisation and travel vaccination information
- Dermatological conditions
- Lifestyle and how to motivate patients to change
- Plus topics that we often come across but aren't sure where to look for advice on best practice e.g. use of inflammatory markers, differentiating cellulitis from vascular changes

There'll be lots of humour and fun to help get through everything in one day – without compromising the content!

The GP Nurses Update Handbook

Take home a copy of the GP Nurses Update Handbook. This fully-referenced handbook covers the most important research, policy and guidance relevant to primary care nursing over the last five years. It covers much more content than is presented on the course and is a valuable resource for future reference and personal study.

Who are we?

Red Whale is one of the leading providers of primary care education in the UK with over 20,000 practitioners attending our courses each year.

We specialise in producing courses that are evidence-based, highly relevant to everyday practice and full of actions that delegates can take away and implement immediately.

WHAT WILL I GET?

- 5 hours of fabulous face to face teaching
- Course attendance certificate and 5 CPD credits
- A copy of the GP Nurses Update Handbook packed with additional content

Plus 12 months FREE online access to GPN-CPD.com:

Searchable online handbook and additional articles

CPD tracker in approved NMC format



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