

My Health, My Tech

Mike Rudd – Head of Housing Market Development

Robert Ling – Assistant Director, Technology and Change

Beckie Dukes – Housing Market Development Manager

My Health, My Tech – aims of engagement

- Let people know about *My Health, My Tech*
- Start a conversation about the digital strategy
- Gather data that can be built on as the strategy develops




Tell us what you think


“Healthtech products, like digital scales and Fitbits, will allow me to monitor my activity and weight better. If I can’t get outside, I will be able to exercise in a Virtual Reality outdoor environment, where I will be able to compete against other people, or try to improve on my personal best. This will help and encourage me to meet my health objectives.”

Find out more about the work of the Health and Wellbeing Board
<http://www.nypartnerships.org.uk/myhealthmytech>

My Health, My Tech



Tell us what you think



“To help me stay in my own home for longer, connected devices like fall detection mats and acoustic monitoring systems will send alerts to a warden or to the emergency services if I need assistance. Smart kettles and fridges will monitor that I make drinks and eat meals regularly. Smart heating controls will check that my home is warm enough and alert a care worker or a member of my family if there is a concern about my welfare.”

My Health, My Tech

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Tell us what you think



“I will keep track of my health using wearable technology. Continuous monitoring through an implanted device will remove the need for frequent blood tests, improving my quality of life. The technology will remind me when I need to take my medication and allow my GP to change my prescription without the need for an appointment at the surgery, and check that I am using my medication safely.”

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My Health, My Tech

My Health My Tech is not about...

Replacing everyone with robots

Removing all non-digital ways of accessing health and care services

Taking away choice and control

My Health My Tech is about...

Making the best use of common technology to support care delivery

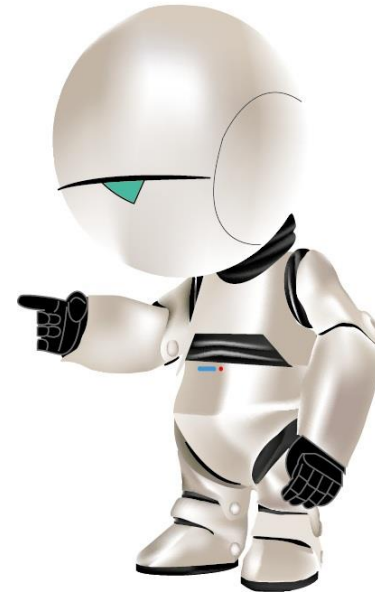
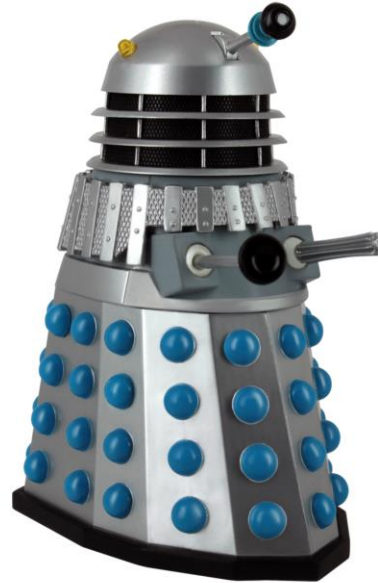
Allowing easier access to information and services

Being at the forefront of change and development

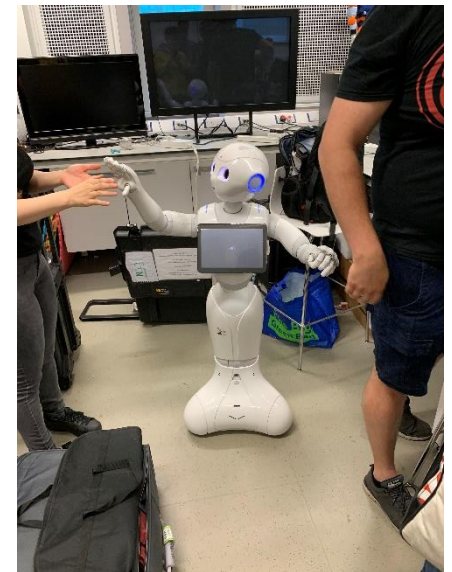
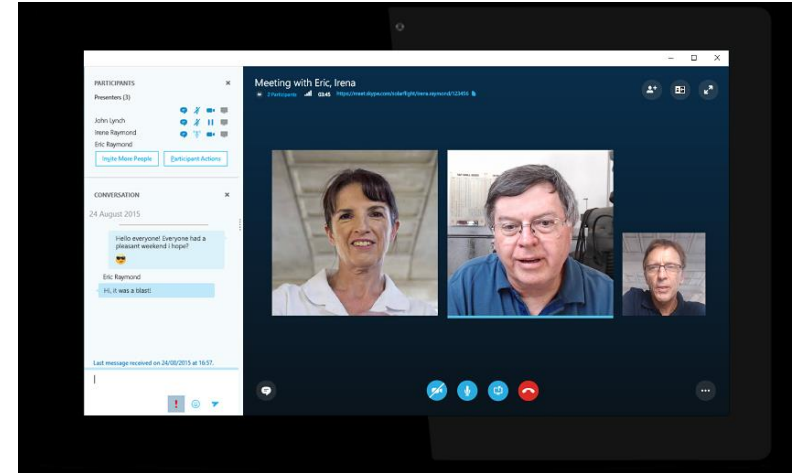
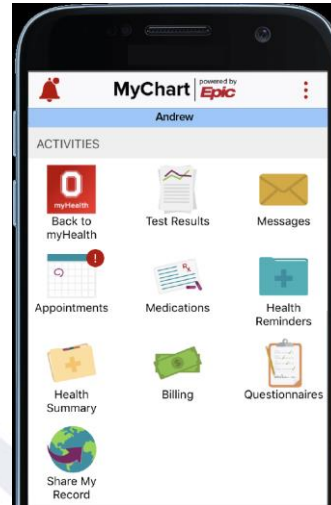
What do we mean by digital and robotics?



It's not...



What do we mean by digital and robotics?



My Health, My Tech



NY Partnerships webpage:

<http://www.nypartnerships.org.uk/myhealthmytech>

Online survey based on case studies:

- What do you think is good about these ideas?
- What worries you about these ideas?
- What practical things do we need to consider so that these ideas work for people in their day to day life?
- Is there anything else you would like to tell us?



Digital Future

My Health, My Technology

The county council is looking at ways to use digital technology within health and social care. We would like to ask you some questions to help us develop these ideas.

Q1 Which age category are you in?

- | | |
|-----------------------------|---|
| <input type="radio"/> 16-19 | <input type="radio"/> 65-74 |
| <input type="radio"/> 20-29 | <input type="radio"/> 75-84 |
| <input type="radio"/> 30-39 | <input type="radio"/> 85 + |
| <input type="radio"/> 40-49 | <input type="radio"/> Prefer not to say |
| <input type="radio"/> 50-64 | |

My Health, My Tech – who responded

Drop in consultation workshops:

Location	Attendance (estimated)
Scarborough	12
Northallerton	30
Harrogate	49
TOTAL	90



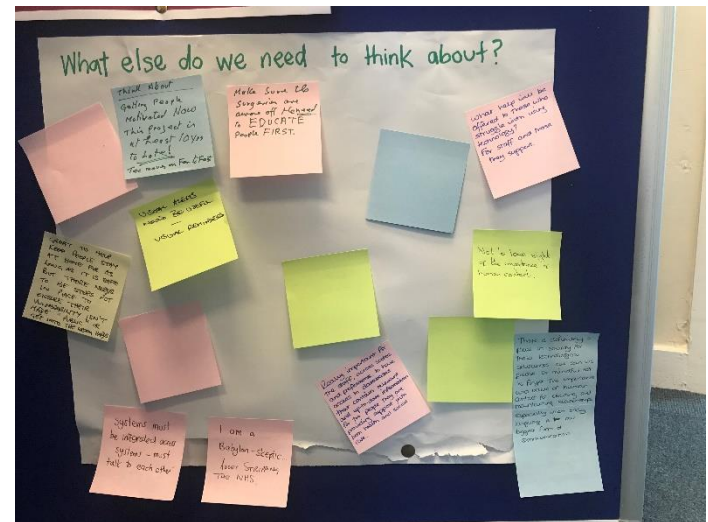
Online survey:

43 responses received as at 20 March 2019



My Health, My Tech – emerging themes

- ‘Cautious support’ for new technologies
- Ongoing importance of **human contact**
- Availability and speed of **internet access** - especially in rural areas.
- Cost and **affordability**
- Need for **training** for the public in the use of emerging technologies
- Confidence and **trust** in new systems
- Maintaining and ensuring **privacy**



My Health, My Tech – next steps



- This engagement was envisaged as the beginning of an ongoing conversation. Further opportunities for engagement include:
 - Following up invitations to speak at local forums e.g. over 50s groups
 - Keeping survey open for an agreed period of time and encouraging people to complete it (including via CCG patient networks)
 - Updating <http://www.nypartnerships.org.uk/myhealthmytech> web page (or new webpage) with progress of strategy, video information about new digital solutions, mini-polls etc – so that it is interactive
- The Board is invited to identify more opportunities for engagement as the strategy develops

Today



