Liver Disease and Liver Function Tests: A guide for Primary Care

LFT's are a poor diagnostic test and a poor exclusion test for chronic liver disease

1 in 3 adults drink alcohol in a harmful fashion or above safe limits Most chronic liver disease is asymptomatic until liver failure occurs

>95% chronic liver disease in UK is due to **Alcohol**, non-alcoholic fatty liver disease (NAFLD) and Hepatitis B or C

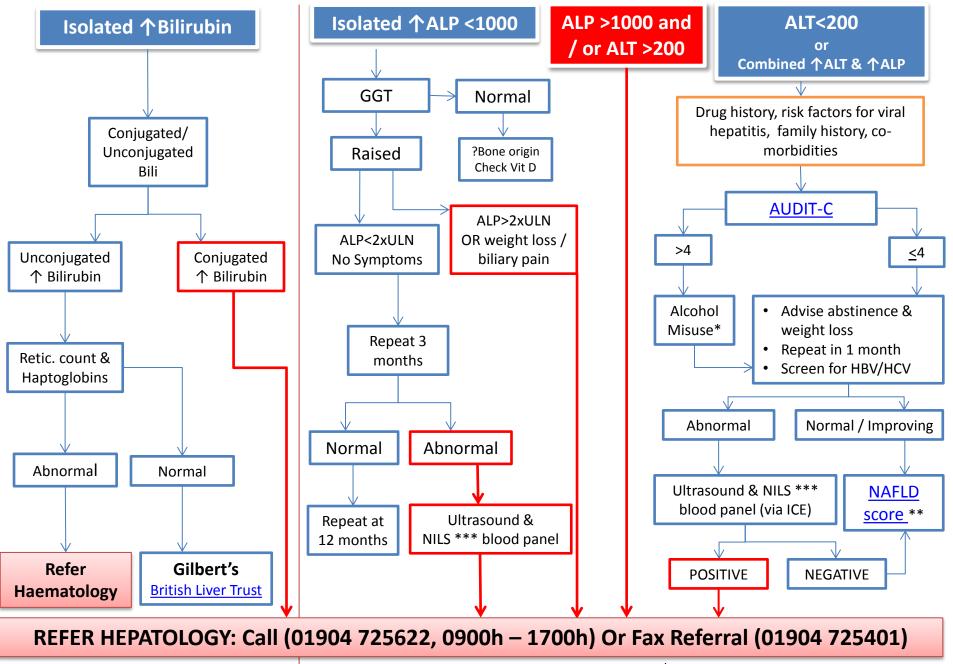
1 in 4 adults have fatty liver disease

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See Management of Alcohol Misuse pathway

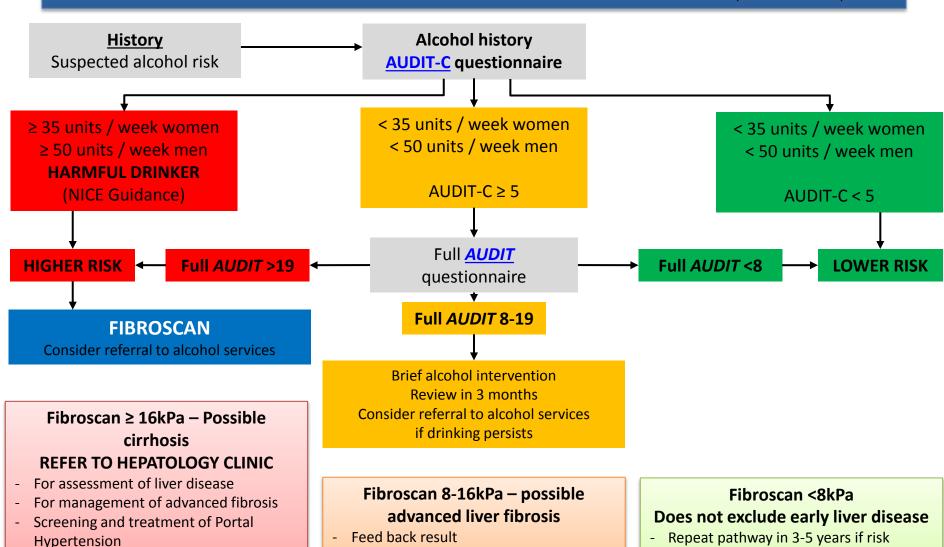
See Management of NAFLD pathway

^{***} NILS = Non-Invasive Liver Screen

Management of Alcohol Misuse

Ref: Newsome PN, et al. Gut 2018; 67:6-19

factors remain



Consider hepatology referral if still

drinking harmfully

HCC screening and management

Management of NAFLD

Ref: Newsome PN, et al. Gut 2018; **67**:6-19

