

# POST-VASECTOMY ANALYSIS INFORMATION FOR PATIENTS

You have been asked to produce a semen sample because you have had a vasectomy. Your sample will be examined microscopically to see if you are still producing potentially fertile sperm.

### ARRANGING AN APPOINTMENT

- Ring **0113 2067110** to arrange an appointment. These are available Monday to Wednesday, from 8.45am to 12.30pm *(excluding bank holidays)*. Please arrange your appointment as soon as possible as there can be a substantial wait for an appointment.
- Once your appointment has been arranged, remember to abstain from any sexual activity that results in ejaculation (intercourse or masturbation) for at least 2 days before your appointment, but no longer than 7 days.
- Samples can be produced at home or at the hospital. Please indicate which you prefer when booking your appointment. If you choose to produce your sample at home, you must be able to deliver your sample to the Andrology Unit within one hour of production.

### ON THE DAY OF YOUR APPOINTMENT

### A: What to do if you choose to produce your sample at home

- 1. Please wash your hands and genitals.
- 2. Produce your sample by masturbation. Collect the **entire** sample directly into the container provided by your Doctor. **NB Incomplete samples will be not be accepted**. Do not use a sheath/condom for collection, or use any lubricant while masturbating, as they are harmful to sperm.
- 3. On the provided request form complete your personal details ensuring the name of the referring Doctor and their surgery/vasectomy clinic details are also stated. Also record the date, time of sample production, length of abstinence (time without sexual activity resulting in ejaculation) and completeness of sample in the appropriate section.
- 4. Write your full name, date of birth, date and time you produced your sample and the referring Doctor/clinic on the container.
- 5. Deliver your sample within **1 hour** of production to:

# Histopathology Department Andrology unit,

Seacroft Hospital, Leeds, LS14 6UH (See attached map)

- 6. On arrival please ring the bell next to the door and wait for a member of staff to answer.
- 7. The member of staff will take you to a private area where he or she will check your request form, take your sample from you and answer any questions you may have.
- 8. Your appointment with the department on that day is then over.



## B: What to do if you choose to produce your sample at the hospital

Please arrive for your appointment at:

# Histopathology Department Andrology unit,

Seacroft Hospital, Leeds, LS14 6UH (See attached map)

- 1. On arrival please ring the bell next to the door and wait for a member of staff to answer.
- 2. At the time of your appointment you will be taken to a private room where a member of staff will leave you to produce your sample.
- 3. Once in your private room please wash your hands and genitals.
- 4. Produce your sample by masturbation. Do not use a sheath/condom for collection, or use any lubricant while masturbating, as they are harmful to sperm.
- 5. Collect the **entire** sample directly into the container provided by us. **NB:** Incomplete samples will be not be accepted. Do not use a sheath/condom for collection, or use any lubricant while masturbating, as they are harmful to sperm.
- 6. On the provided request form complete your personal details ensuring the name of the requesting GP/consultant and their surgery/department details are also stated. Also record the date, time of sample production, length of abstinence (time without sexual activity resulting in ejaculation) and completeness of sample in the appropriate section
- 7. After producing your sample a member of staff will check your request form, take your sample from you and answer any questions you may have.
- 8. Your appointment on that day is then over and you may go home.

### **RESULTS / FURTHER INFORMATION**

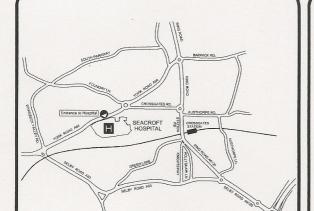
- Your results will be sent to your referring Doctor within 10 working days from your appointment.
- If you are requested by your Doctor to provide a second sample, call **0113 2067110** to arrange another appointment. Your second appointment must be at least 14 days after your first appointment.
- If you have any concerns regarding your sample or results please contact your referring doctor.



# **Seacroft Hospital** York Road, Leeds - LS14 6UH

# The Leeds Teaching Hospitals **N.S**





#### **USEFUL INFORMATION**

Main Hospital Switchboard 2 0113 2648164 

### FIND US AT:

http://www.leedsth.nhs.uk/seacroft-hospital

### **PARKING INFORMATION**

Pay & Display machines take 10p 20p 50p £1 coins only

### **PUBLIC TOILETS**

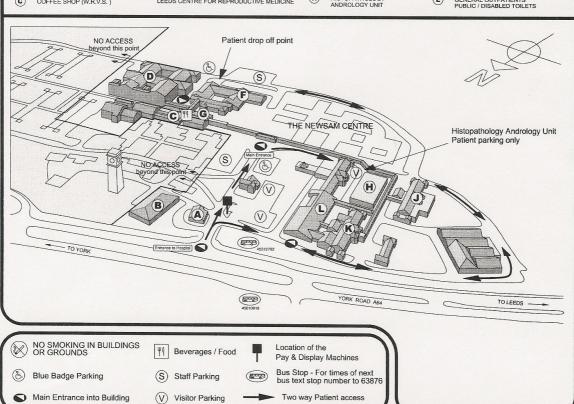
Public & Disabled Toilets are situated in Building L

### **BEVERAGE & FOOD FACILITIES**

The W.R.V.S. Coffee Shop is open Monday to Friday

#### **KEY TO WARDS & DEPARTMENTS**

- RECEPTION, INFORMATION, SECURITY CENTRE
- BREAST SCREENING UNIT
- COFFEE SHOP (W.R.V.S.)
- SPECIALTY OUTPATIENTS NEUROLOGY OUTPATIENTS,
  - PROSTHETICS, ORTHOTICS & WHEELCHAIRS
  - LEEDS CENTRE FOR REPRODUCTIVE MEDICINE
- F SEACROFT EYE CLINIC
- CHAPEL
- HISTOPATHOLOGY ANDROLOGY UNIT
- ORTHODONTICS & SEACROFT SATELLITE DIALYSIS UNIT
- X-RAY & ULTRASOUND
- L GENERAL OUTPATIENTS PUBLIC / DISABLED TOILETS



Every care and attention has been taken to ensure the accuracy of information given. The Leeds Teaching Hospitals NHS Trust accepts no responsibility for any inconvenience caused as a result of alterations or inaccuracies.