

York Carers Centre www.yorkcarerscentre.co.uk 01904 715490	
Monday 9 June	Health and Wellbeing event 9.30 to 3pm at Priory St Centre. Information sessions including solicitors re Lasting Power of Attorney; Housing 50+; health and others. Lunch, pampering. Stalls etc.
Wednesday 11 June	Awareness raising stall at York Hospital and a bus in Parliament Street, York where carers can call in. The bus will particularly try to reach people who care for someone with a drugs or alcohol problem.
Friday 13 June	Young Carers will hold an event to launch their new play.
York Carers Forum www.yorkcarersforum.org 01904 422437	
Wednesday 11 June	Carers' Service in York Minster 1.20pm. Candles, Carers' Quilt, Memorial Book, Music. Refreshments in Chapter House. FREE for carers, former carers, cared-for, supporters – everyone welcome
Thursday 12 June	Awareness raising stand at Sainsbury's Monk Cross.
Friday 12 June	Awareness raising stand at York Hospital.
Hambleton & Richmondshire Carers Centre www.hrcarers.org.uk 01609 780872	
Throughout the week	Displays at: Northallerton VSA Asda supermarket, Northallerton The Station, Richmond The Hub, Friarage Hospital, Northallerton The Friary Surgery, Richmond Leyburn Health Centre

	Sam Turners café, Northallerton Posters to be sent to all GP practices and possibly displays in some of the larger practices.
Tuesday 10 June	Display at Thirsk Garden Centre.
Scarborough & Ryedale Carers Centre www.carersresource.net 01723 850155	
Throughout the week	<ul style="list-style-type: none"> • Month long awareness raising which includes TV presentation, posters and leaflets at Kirkbymoorside GP Surgery. • Posters to be sent to all GP surgeries and libraries in the area and an information table will be in place in the staff room at the local Sainsbury's superstore in Scarborough for the week. • Also sending out press releases to all local papers as well as local radio stations and all information will be available on their website.
Tuesday 10 June	Information stand at Malton Library.
Wednesday 11 June	Information stand at The Colliseum, Whitby.
Thursday 12 June	Information stand at Scarborough Library.
Selby Carers Centre www.selbycarers.wilfwardtraining.co.uk/Con5/ 01757 292532	
Monday 9 June	Stand on Selby market 9am – 1pm.
Tuesday 10 June	Sherburn in Elmet: 10am – 12pm: Co-op 1pm – 3pm: Harold Mills Centre
Wednesday 11 June	Coffee morning @ the Carers Centre, Selby 11am – 1pm.
Thursday 12 June	Stand on Tadcaster market 9am – 2pm. Young Carer production 'Who Cares' 7pm onwards.
Friday 13 June	Adult Carers trip to Yorkshire Wildlife Park – All day.
Sunday 15 June	Stand @ Selby Fun Day 10am – 1pm.
East Riding Carers Resource www2.eastriding.gov.uk/living/care-and-support-for-adults/support-for-you-as-a-carer/	

01482 396600 or 07795 658203

Monday 9 June	Carers Conference 9.45am - 3.30pm Tickton Grange Hotel, Main Street, Tickton, Beverley, HU17 9SH
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Other events:

Wednesday 11 June	5.30pm – 7.30pm, West Offices, York Information sharing opportunity for family carers of adults with Autism/Asperger's. For more details please contact becky.allright@nhs.net
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For more details about specific events, please contact the relevant Carers Centre.