

## Oral Contraceptives Medal Ranking

**Please routinely prescribe the agents offering greatest overall value to the health economy.**

### Summary

Oral contraceptives are the most common form of contraceptives used by women in the UK, and form a large part of prescribing for the Vale of York CCG. This medal ranking has rationalised the prescribing of oral contraceptives detailing costs, preferred choices and those which are not to be prescribed.

Although generic prescribing is encouraged there are some circumstances in which it is preferable to prescribe by name. Oral contraceptives should be prescribed by brand to reduce the risk of error as different brands of the same formulation are available and the generic names for different products can look very similar. There are also no financial savings for the NHS by prescribing contraceptives generically, apart from in specified instances as shown in the medal ranking.



### Rationale

In the Vale of York CCG, for financial year 2017/18, a total of £243500 was spent on oral contraceptives, with a total of 70 different variants being prescribed. With this medal ranking, prescribers have a choice from 30 different oral preparations; considerations were made based on efficacy and cost efficiency.

### Actions

Please review all prescribing and make the relevant switches, where possible ensure the patient is consulted on and advised of the change being made.

## Combined oral contraceptives



Choice	Constituents	3 month cost	Equivalent	Medal Ranking
<b>Rigevidon</b>	30mcg Ethinylestradiol 150mcg Levonorgestrel	£1.89	<i>Microgynon 30, Elevin, Ovranette</i>	
<b>Maexeni</b>	30mcg Ethinylestradiol 150mcg Levonorgestrel	£1.88		
<b>Levest</b>	30mcg Ethinylestradiol 150mcg Levonorgestrel	£1.80		
<b>Loestrin 20</b>	20mcg Ethinylestradiol 1000mcg Norethisterone	£2.70		
<b>Norimin</b>	35mcg Ethinylestradiol 1000mcg Norethisterone	£2.28		
<b>Brevinor</b>	35mcg Ethinylestradiol 500mcg Norethisterone	£1.99		
<b>Norinyl-1</b>	50mcg Mestranol 1000mcg Norethisterone	£2.19		
<b>Gedarel 20/150</b>	20mcg Ethinylestradiol 150mcg Desogestrel	£5.08	<i>Mercilon</i>	
<b>Munalea 20/150</b>	20mcg Ethinylestradiol 150mcg Desogestrel	£5.07		
<b>Bimizza</b>	20mcg Ethinylestradiol 150mcg Desogestrel	£5.04		
<b>Gedarel 30/150</b>	30mcg Ethinylestradiol 150mcg Desogestrel	£4.19	<i>Marvelon, Alenvona</i>	
<b>Munalea 30/150</b>	30mcg Ethinylestradiol 150mcg Desogestrel	£4.18		
<b>Cimizt</b>	30mcg Ethinylestradiol 150mcg Desogestrel	£3.80		
<b>Millinette 20/75</b>	20mcg Ethinylestradiol 75mcg Gestodene	£5.41	<i>Femodette</i>	
<b>Aidulan 20/75</b>	20mcg Ethinylestradiol 75mcg Gestodene	£5.40		
<b>Sunya</b>	20mcg Ethinylestradiol 75mcg Gestodene	£6.62		
<b>Millinette 30/75</b>	30mcg Ethinylestradiol 75mcg Gestodene	£4.12		
<b>Aidulan 30/75</b>	30mcg Ethinylestradiol 75mcg Gestodene	£4.11		
<b>Cilique</b>	35mcg Ethinylestradiol 250 mcg Norgestimate	£4.65	<i>Cilest</i>	
<b>Lizinna</b>	35mcg Ethinylestradiol 250 mcg Norgestimate	£4.64	<i>Cilest</i>	
<b>Loestrin 30</b>	30mcg Ethinylestradiol 1500mcg Norethisterone	£3.90		
<b>Dretine</b>	30mcg Ethinylestradiol 3000mcg Drospirenone	£8.34	<i>Yasmin, Lucette</i>	
<b>Yacella</b>	30mcg Ethinylestradiol 3000mcg Drospirenone	£8.30		
<b>Yiznell</b>	30mcg Ethinylestradiol 3000mcg Drospirenone	£8.30		

Choice	Constituents	3 month cost	Equivalent	Medal Ranking
Alenvona				
Cilest				
Elevin				
Eloine				
Femodene				
Femodette				
Katya				
Lucette				
Marvelon				
Mercilon				
Microgynon 30				
Ovranette				
Qlaira				
Triadene				
Yasmin				






(Please note that these prices are taken from the Drug Tariff [04/07/2019])

- Use first line
- Use second line
- Try to avoid, use third line if needed
- No formal commissioning position, avoid use
- Not commissioned. **Do not use**

## Progestogen only oral contraceptive




Choice	Constituents	3 month cost	Equivalent	Medal Ranking
<b>Generic desogestrel 75mcg</b>	75mcg Desogestrel	£2.95	<i>Cerazette, Desomono, Aizea, Cerelle, Feanolla</i>	
<b>Desorex</b>	75mcg Desogestrel	£2.99		
<b>Zelleta</b>	75mcg Desogestrel	£2.98		
<b>Norgeston</b>	30mcg Levonorgestrel	£0.92		
<b>Noriday</b>	350mcg Norethisterone	£2.10		
<b>Aizea</b> <b>Cerazette</b> <b>Cerelle</b> <b>Desomono</b> <b>Feanolla</b>				

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Please note, both Norgeston and Noriday need to be taken at the same time each day.

## Phasic oral contraceptives

Choice	Constituents	3 month Cost	Equivalent	Medal Ranking
<b>Triregol</b>	Ethinylestradiol Levonorgestrel	£2.43		 <b>Gold</b>
<b>Synphase</b>	Ethinylestradiol Norethisterone	£3.60	<i>Logynon</i>	 <b>Silver</b>
<b>Logynon</b>				

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