Free health checks

Between 40 and 74 years old and want to speak to someone about your health?

We're offering free health checks in community venues across the city

- learn about your risk of developing common but preventable health conditions
- learn about how lifestyle can influence your risk
- be supported to live a healthier lifestyle.

To see if you qualify visit 🌐 **www.yorwellbeing.org.uk** or contact the team:

✉ **yorwellbeing@york.gov.uk**   📞 **01904 553377**

Yor Wellbeing

CITY OF YORK COUNCIL