



Vale of York
Clinical Commissioning Group



Weekly bulletin for Care homes and care sector partners

Tuesday 28 August 2018



Next meeting

When - Wednesday 12 September 2018, 1.30 - 4.30pm.

Where - York Sports Club, Clifton Park, Shipton Road, York YO30 5RE.

Agenda- Please find attached

A calendar invitation has been sent, please feel free to forward onto any colleagues who would be interested in attending. Please confirm your attendance by accepting the invitation, emailing sam.varo@nhs.net or phone 01904 551 773.



Partners in Care Lessons Learned Bulletin

Please find the most recent PiCLL bulletin attached with shared learning and best practice from across our homes.

Action

If you have any anonymous lessons learned or examples of best practice you would like to share with other homes, please get in touch with sarah.fiori@nhs.net



Training opportunity

What – Care Workers and Care Agencies Training Engagement Day

When - Tuesday 28 August, 9.30am – 12.30pm

Where - MEC Room 3, York Hospital

This event is sponsored by a continence products supplier. It offers an open forum for any questions and concerns. If you unable to attend but would like some information call Claire Harris 07970 484483 or email Claire.harris@hartmann.info



**Infection.
Prevention.
Control.**
You're in safe hands

Infection, Prevention, Control Guidance: Viral Gastroenteritis

Please find attached the summer special advice bulletin from Infection, Prevention, Control. This has been sent out in the wake of several outbreaks of Viral Gastroenteritis in North Yorkshire care homes, and includes advice on symptoms and hand washing procedures.



Care Home Bed State Tool Update

Following a feedback from users of the tool, the developers have now expanded the bed types available to select to include mental health nursing beds and mental health residential beds. If your home offers these services, please log in and update your information accordingly so brokerage and discharge teams using the tool can see you home when searching for mental health beds.

A reminder that we are requesting for homes where bed capacity has not changed to log in once a week and press save on "save these spare capacities button", this will show that capacity has been updated even though the figures have remained the same. This will give assurance to care partners that your figures are up to date, and will remove the need for calls to check.

North Yorkshire County Council are now halting ring round calls for all homes in their area that have updated figures in the last 7 days. The Care Home Bed State Tool will become the primary mechanism for them to establish available bed numbers. However homes with figures that have not been updated within 7 days will stick receive calls, so all users are encouraged to log in and update figures once a week even if bed numbers have not changed.

Please can all homes using the toolkit review the users and accounts they have registered, to ensure there is another user able to update if you are away.

Action

To register go to <https://carehomes.necsu.nhs.uk/> or contact sam.varo@nhs.net and sarah.fiori@nhs.net



Hydration guidance relating to older people and care settings

NHS England have put together some very useful advice below to help keep older people healthy and hydrated in the recent hot weather, if you have any tips or advice of your own please let us and gil.ramsden@nhs.net at NHS England know and we will share in future Partners in Care and Care Together, Share Together bulletins.

There are no recommended guidelines for water intake, but the general rule is around 6-8 glasses (1.5 – 2 litres) per day, on top of what comes from food naturally. However, as you will be aware, it is a challenge to achieve this among older people, especially if they are frail. If you are looking after this group of people, aim for optimal hydration; this means achieving the best oral fluid intake possible under the present circumstances, even though that may not be 6-8 glasses/day. All fluid except alcohol counts, including water, tea, coffee, milk and fruit juice. The links below contain lots of guidance and Public Health England have produced the poster attached with useful guidance for home care and care home colleagues.

It is also important to recognise that Care Quality Commission Standards apply to hydration as well as nutrition and focus on identification and assessment, monitoring fluid intake and care. These include:-

- Staff identify when a person is at risk of dehydration
- Those identified as at risk have their fluid intake monitored
- Hydration requirements are identified and reviewed, and communicated
- The care plan identifies how the risks will be managed
- People we care for can be confident staff will support them to safely meet their drinking needs

Some additional sources of information:

Information Source	Brief Summary
Age UK: staying cool in a heatwave	Age UK outline how to stay cool in a heatwave, including skin protection, avoiding dehydration and heat stroke

<p><u>Food Fact Sheet: Fluid</u></p>	<p>The British Dietetic Association (BDA) outlines how much fluid to drink, what kinds of fluids and how to tell when it isn't enough</p>
<p><u>Hydration Tips for Seniors. Jennifer Leeflang, Partners in Care</u></p>	<p>The Ageing Care newsletter outlines why seniors are at risk and includes useful information about food with a high water content</p>
<p><u>The Hydrate Toolkit: Improving hydration among older people in care homes and the community</u> <u>Academic Health Science Network</u></p>	<p>The AHSN packs have great list of symptoms of dehydration to watch for and goes onto advise how to include in to daily routines.</p>
<p><u>Heatwave plan for England: Supporting vulnerable people before and during a heatwave – advice for care home managers and staff</u></p>	<p>This factsheet uses the information detailed within the Heatwave plan. It builds on expert advice from the WHO and the EuroHEAT project in developing other national heatwave plans. It is part of a national programme to reduce the health risks by advising people what to do in the event of a heatwave, before it happens.</p>
<p><u>Heatwave plan for England: Supporting vulnerable people before and during a heatwave – advice for health and social care professionals</u></p>	<p>This factsheet is part of a national programme to reduce the health risks by alerting people to the dangers and encouraging them to plan in advance what to do in the event of a heatwave</p>



Skills for Care- The Accolades Awards 2019

The accolades awards are an opportunity to recognise the great work done by adult social care organisations of all sizes. Categories available for 2019 the below.

- Best employer of under 50 staff
- Best employer of between 51 and 249 staff
- Best employer of over 250 staff
- Best individual who employs their own care and support staff
- Best employer support for your registered manager(s)
- Most effective approach to leadership and management
- Best recruitment initiative
- Best social care apprentice employer
- Best endorsed provider



Our health heroes awards 2018

The National Skills Academy for Health are launching their “Our Health Heroes” awards for 2018. If you have a member of staff or colleague who you think deserves recognition and qualifies for any of the categories below, then please get nominating.

- Operational Services Support Worker of the Year
- Clinical Support Worker of the Year
- Apprentice of the Year
- Workforce Planning Team of the Year
- Integrated Team of the Year
- Staff Retention and Well-Being Employer of the Year
- Lifetime Achievement Award

The process for nominations opens on 10 August 2018 and closes on 16 September 2018, with the ceremony taking place on Friday 23 November 2018 at London’s OXO Tower.

Action

To nominate please visit:

www.skillsforhealth.org.uk/ohh-2018-pre-launch

and send a copy of your nomination to Carly McIntyre, at Health Education Yorkshire at

carly.mcintyre@hey.nhs.uk

of learning and development.

- Most effective approach to integrated new models of care

The nominations process will be open until Friday 7 September 2018. To nominate, please visit the [Skills for Care website](#).

End of life care survey 2018

We are working with partners to create an end of life care strategy that strengthens our commitment to improve and develop end of life care and support services.



We are asking people to complete a questionnaire using the six ambitions (taken from Ambitions for Palliative and End of Life Care: a national framework for local action 2015-2020). From these six ambitions we have created 'I' statements to help us capture what we do well as a health and social care system, and what is still needed to realise these ambitions.

We would like to capture the experiences of anyone:

- nearing the end of their life - <https://www.surveymonkey.co.uk/r/SX3SH5W>
- who cares for a family member, friend or neighbour at the end of their life - <https://www.surveymonkey.co.uk/r/SXYQVYD>
- who works with people at the end of their life in a professional capacity – <https://www.surveymonkey.co.uk/r/5CLR2LR>

We will use your responses to inform the content of the strategy and create a Citizens' Charter that reflects the needs of people across the Vale of York.

Thank you for taking the time to complete this questionnaire. Please ensure that we receive your completed survey by Friday 7 September 2018.

To request this document in a different language or format, or for any more information please email voyccg.engagement@nhs.net.



Pressure ulcer prevention

The August edition of the React to Red newsletter is now live on the CCG website.

Well done to the nine homes in our area that have completed React to Red training, and the further 26 also working their way through.

Special congratulations to Highfield, The Hall, Lake and Orchard and Lime Tree House who are the latest homes to become 100% trained up.

Action

To get involved in the programme contact h.degnan1@nhs.net or christopher.pomfrett@nhs.net

To read the further editions of the React to Red Newsletter and to find out more information, the website can be found through [this link](#).



Patient Transport Bookings Information

Please find attached a document from Yorkshire Ambulance Service NHS Trust, outlining the process of how to make bookings as well as the questions that will be asked to assess a patient's eligibility to travel.



Delerium Pathways

As part of our work, the CCG would be very interested in hearing from any homes who have a delirium pathway or care plan in place.

Action:

Please contact
sarah.fiori@nhs.net and



Quality in Care Homes Task Force

Alison Redhead, Registered Manager at Minster Grange led a powerful discussion at the last Partners in Care on perceptions of care homes, and what can be done to change them.

Action

Would you like to work with other partners to highlight best practice within care homes and to strive to increase pride in the sector? If so contact Alison at

sarah.kocinski@nhs.net if you would be willing to share your pathway with us

manager.minstergrange@lifestylecare.co.uk

This bulletin is produced by NHS Vale of York Clinical Commissioning Group.

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?
- items to be discussed at the next Partners in Care Meeting?

If so please contact sarah.fiori@nhs.net or sam.varo@nhs.net