

Partners in Care Meeting

Tuesday 20th June 2018 GEC Room, Easingwold Galtres Centre Minutes

Present

Helen Degnan (React to Red Project Nurse, NHS Vale of York CCG) Sam Varo (Engagement and Quality Support Officer, NHS Vale of York CCG) Anita Griffiths (Head of Continuing Healthcare, NHS Vale of York CCG) Judith Rhodes (Continuing Healthcare Nurse, NHS Vale of York CCG) Clive Nicholson (Senior Research Nurse, NIHR Clinical Research Network) Sally Gordon (Research Nurse, NIHR Clinical Research Network) Jan Tuson (Safeguarding Officer, NHS Vale of York CCG) Julie Borthwick (Service Lead for PSS and Review Manager, City of York Council) **Yvonne Mather (Quality Assurance & Contracting Officer, North Yorkshire County Council)** Claire MacDiarmid (Tees, Esk and Wear Valleys NHS Foundation Trust) Sarah Gill (Locality Manager, Tees, Esk and Wear Valleys NHS Foundation Trust) Karen Melody (Tees, Esk and Wear Valleys NHS Foundation Trust) Leanne Kovrlija (Ward Manager, Tees, Esk and Wear Valleys NHS Foundation Trust) **Angela Thompson (Locality Manager, Skills for Care)** Linda Donnellan Beevers (Registered Manager, Amarna House Care Home) Alison Redhead (Registered Manager, Minster Grange Care Home) Karen Harrison (Registered Manager, St Catherines Care Home) Alexandra Pigui (William Wilberforce Care Home) Marinda Aydinlap (RMBI Connaught Court Care Home) **Amy Ball (5 Whitby Road Care Care Home)**

Sarah Fiori (Senior Quality Lead for Care Homes, NHS Vale of York CCG. Chair)

1	Welcome and Apologies	SFiori
	SF welcomed everybody for the meeting, and thanked.	
2	Care Home Bed State Toolkit	SFiori
	An update was given that good progress was being made with the portal, and 49 out on the Vale of York's 79 homes were now signed up and reporting bed capacity through it. SF reiterated that the ideal was users to sign in and update bed numbers whenever a chance occurs, or if not to log in once a	



	logging in. It is also important for suspended homes only to enter the number of beds free to admit to. Discussions are on-going between local authorities, the CCG and the acute hospital trust to bring the ring rounds to a close. SF will report back to the group once a concrete date is set. TEWV reported that they are sent a weekly list of bed vacancies, and enquired whether they could be signed up to the toolkit to get a more immediate source of information. The CHC representatives reported that they are also looking to use the toolkit more regularly.	
3.	Discharge Hub SF reported that some feedback had been received of discharge team staff not being as aware as possible of the implementations of drains, incontinence pads and tracheotomy equipment when discharging into homes. CHC have trialled lending a nurse to the team to aid understanding. Home representatives also added it was important to ensure discharge teams had understanding of whether nursing staff at the homes were adequately qualified for the resident. Feedback was received about great support from district nurses in the Easingwold area. Beverley Proctor apologised for being unable to attend the meeting, but reiterated that she can be contacted at the below email address with any concerns: Beverley.Proctor@York.NHS.UK	SFiori
4	CHC Processes Anita Griffiths and Judith Rhodes talked those present through the process of how to correctly complete funding nursing care forms. A copy of the funded nursing care flowchart will be circulated alongside these minutes. Anita reminded everyone that forms filled in incorrectly or without consent and considered incomplete, and funding will	A Griffiths/J Rhodes



	not be back backdated if they are returned complete at a later date. TEWV asked that as most of its residents come under the vulnerable person's team for 117, would they go to CHC or the GP Practice if their physical needs outweighed mental ones. Anita informed that the answer to this was both. The group heard how NHS England have made it clear that less than 20% of discharge to assess should take place in an acute setting. It was asked what the expected timescale for funded nursing care applications should be. It was advised that if no response had been received after 7-10 days, then they should get back in touch.	
5	Research in Care Homes Sally Gordon introduced NIHR's Enrich programme of care home research which has a particular focus on dementia. The scheme acts as a bridge between homes and researchers, NIHR hold a database of "research ready" homes. There are currently 17 in the Vale of York area, and 98 within Yorkshire and Humber. Research encourages staff to take a greater interest in health and wellbeing, and also provides learning and development	S Gordon/C Nicholson
	Feedback was heard for Minster Grange whose staff enjoy research and feel it makes them more aware. SG informed the group that research will soon become a CQC indicator, and that the group will be informed once the date that will come into place is known. There are several ways to get involved in research, ranging from public involvement groups and homes raising questions direct to NIHR if there are questions they want answers to, as well as questionnaires, interviews and intervention studies. NIHR is aiming to recruit research champions within homes, those though don't possessarily have to be the manager or	
	these though don't necessarily have to be the manager or need any research experience. Clive Nicholson is the lead for dementia research. Examples of projects within that field include "The Angela Project" which	



	centred around earlier diagnosis and greater support, and "Journey Through Dementia" which investigated whether individuals taking part in activities such as cooking or walking helped increase awareness. There were questions around the issue of consent and a capacity. CN added that all NIHR studies go through an ethical approval and that while most studies involved those able to give consent it was possible for a trusted person to give this on their behalf. The NIHR system matches individuals with studies. SG added that she is happy to come out to homes to discuss research further, contact details are as below: sally.gordon@nihr.ac.uk Clive.nicholson@nihr.ac.uk	
6	Identification of Deteriorating Residents (feedback on conference) SF feedback that the conference in May was very well attended, and there is a desire to arrange a follow up event after more work has been undertaken at the pilot homes of St Catherines and Riccall House. A bid has now also been submitted to The Health Foundation to extend this scheme to the domiciliary sector and linking it with both sepsis and dehydration. Riccall Carers have already expressed strong interest in this.	SFiori
7	React to Red Progress Helen Degnan updated that 9 of the Vale of York homes have now completed the React to Red Pressure Ulcer prevention training and progress is still under way with a further 26. There are also plans for sessions for independent living communities, and SF has also given a session for informal carers. Several homes are also adding the training as mandatory for new starters. A monthly newsletter has been launched in is being circulated to the group, as well as being available on the CCG website.	HDegnan



	TEWV remarked that they would be interested in taking part, and St Catherines added that any visitors wanting to join their training are welcome. CHC raised the possibility if including React to Red messaging in letters to providers if required. Local authority colleagues are also involved given the safeguarding risks of elderly individuals living at home with no care.	
8	Safety Huddles Progress SF encouraged all those interested in becoming involved in safety huddles to get in contact.	SFiori
9	Diadem and Dementia Diagnosis Sheila Fletcher gave her apologies for being unable to attend, however SF reminded the group to use the DiaDem tool if possible as the Vale of York is below the national benchmark for dementia diagnosis. TEWV fedback that some GP's use the tool more readily than others. Sheila can be contacted at: sheila.fletcher1@nhs.net	SFiori
10	Care Home Engagement and Work on the Horizon The heard how sepsis awareness is now being recognised as big target within the acute trust. SF will share any information for practice nurses and GP's with the group. Jan Tuson advised on a safeguarding policy update coming into force in the CYC region in May 2018, and for NYCC in April 2019. These changes are in line with the care act and strengthen linked agendas including domestic abuse and adult safeguarding. There is also a shift away from process to making safeguarding personal (MSP) and a reduction from 7 steps to 4.	SFiori/JTus on



11	Red Bag Initiative	SFiori
	An update was given the more scoping work with homes was needed to work out what the bags would look like, in order for the scheme to be sustainable and able to be embedded.	
	Discussions have been held with Infection Prevention Control on the bag itself.	
	It was suggested a plastic file that could easily be removed from a ring binder may be preferable, as it can be grabbed when needed. This system has been encountered by the partners elsewhere.	
	Anita Griffiths added that if an individual is fully funded, it would be useful if the information given to the acute trust to the hospital reflects this.	
	SF offered any interested parties the chance of sitting on a working group for the launch and implementation of the initiative.	
12	NHS at 70	SFiori
	Cards to celebrate the 70 th birthday of the NHS were available at the meeting.	
	Post Meeting Note: Several tea parties to mark NHS70 were held across our area, including care homes, libraries and a bus tour which visited York, Easingwold and Selby. Around 1000 individuals from the health sector gathered at York Minster for an inspiring service lead by Linda Nolan, and featuring a wide variety of speakers giving their experiences of the NHS.	
	On behalf of the CCG, a big thank you to all those who got involved in the celebrations.	
13	Quality in Care Homes	A Redhead
	Alison Redhead led a discussion on increasing awareness of good practice within the care sector, in light of negative perceptions experienced first-hand or through the media.	
	Accounts were given of colleagues from elsewhere in health having low expectations of what homes can offer, and not behaving respectfully. It was acknowledged that though there were some homes who won't accept residents back from	



	hospital (barring exceptional changes in circumstances), this wasn't true in the majority of cases. Homes present and across the group were urged to continue to strive to give the best care possible, and to work together to increase pride in the sector. If anyone would like to work with Alison to raise pride in our partner homes, please get in touch through the email below. manager.minstergrange@lifestylecare.co.uk	
14	Partners in Care Lessons Learned The group were given the latest edition of the bulletin and asked to share with colleagues to help spread good practice.	SFiori
15	Opportunity for discussion, issues to be raised, good practice and learning to share SF updated on a session given to both CCG staff and representatives of stakeholder groups around the importance of the what matters to you conversation. Tommy Whitelaw who gives the session all around the country will be returning to York to give further sessions, these will be in collaboration with York Teaching Hospital Foundation Trust and will be shared with the group. The group heard accounts of several problematic experiences of continence services. It was agreed a representative from the service will be invited to the September meeting. SF advised that an up to date poster around UCP services will be circulated to the group. The partners congratulated all the staff at Ebor Court which has recently been rated as Good by CQC. Angela Thompson gave an update on Skills for Care's 2018-19 workforce development funding which has now been launched. This includes both apprentice and leadership programmes, and it was also added that a resilience training session will take place in September with further details to follow. For more information	Group



	contact: angela.thompson@skillsforcare.org.uk	
16	Thank you and close.	
	Next meeting: 12 September 2018, Venue TBC	