

Community Respiratory Specialist Nurse Service

This service is available from **Monday to Friday between 9am and 5pm** to healthcare professionals, patients and their carers across the Vale of York CCG (excluding Pocklington). Due to staff constraints and the geography of the area this is not an emergency response service and if patients are acutely unwell they will be asked to either ring their GP, 111 or 999.

Referral indicators:

- Patients with **moderate to very severe** respiratory disease and/or multiple exacerbations.
- Respiratory patients with **frequent hospital admissions or at risk of hospitalization**.
- Advice/support for clinicians regarding the management of patients with respiratory disease; such as asthma, pulmonary fibrosis and bronchiectasis.
- Symptom management; breathlessness and anxiety
- Optimization of therapy
- Education, training, supervision or mentorship for clinicians.

Referrals for support with patients or education can be made by:

- GPs/Practice Nurses
- Integrated Care Team / CRT / District Nurse
- Secondary Care Respiratory Consultants/ Specialist Nurses /RATS

Inclusion Criteria

- Patients with a confirmed diagnosis of COPD
- In an advisory role for patients with other respiratory conditions such as asthma, pulmonary fibrosis and bronchiectasis.
- Patients must have a GP within the Vale of York CCG.

Exclusion Criteria

- Patients with lung cancer (should be managed by Lung Cancer Specialist Nurse)
- Patients in the terminal stages of another life limiting illness (should be managed by D/Ns/Palliative Care)
- Patients for oxygen assessment. (These patients should be referred to secondary care).
- Patient choice to decline service

Discharge

Patients will be discharged from this service when

- Optimum pharmacological and non-pharmacological management has been reached.
- Appropriate education and lifestyle/ risk avoidance advice for the patient has been completed.
- The level of support/advice/education required by the key worker has been achieved.
- Patients are comfortable with the use of their self management plan.

To make a referral please complete the accompanying Referral Form and email to:

yhs-tr.communityrespiratoryservice@nhs.net

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Specific Information Required

Respiratory Diagnosis
Other medical conditions
Medication list
Respiratory results (e.g. oxygen sats/spirometry)
Reason for referral
Name of key worker / Contact details