



VFA: Vertebral Fracture Assessment

VFA aims to identify undiagnosed vertebral fractures.

VFA should be performed when patient's T score is below -1 measured at spine or hip, **AND** one OR more of VFA criteria are present

VFA CRITERIA

- Age : Females > 65; Males > 70
- Significant degenerative changes on AP Spine image or suspected vertebral fracture
- No recent (6 months' period) imaging of the spine MRI, plain x-ray, CT etc.
- Height loss of 4cm or more in total
- History of vertebral fracture(s)
- Patients over the age of 50 on steroid therapy with dose equivalent to Prednisolone 5mg/day or above during three months or longer period of time