



**Wrist and Hand tendon pathology:**

Most common clinical presentation is 1<sup>st</sup> extensor compartment tendinopathy (Dequervain's) however other common presentations include extensor carpi ulnaris tendinopathy (6<sup>th</sup> extensor compartment), and intersection syndrome (2<sup>nd</sup> and 3<sup>rd</sup> extensor compartments).

Trigger finger/thumb presentations usually respond well to relative rest/ splinting/ corticosteroid injection. Consider rheumatological involvement where patient is presenting with multiple triggers in hands.