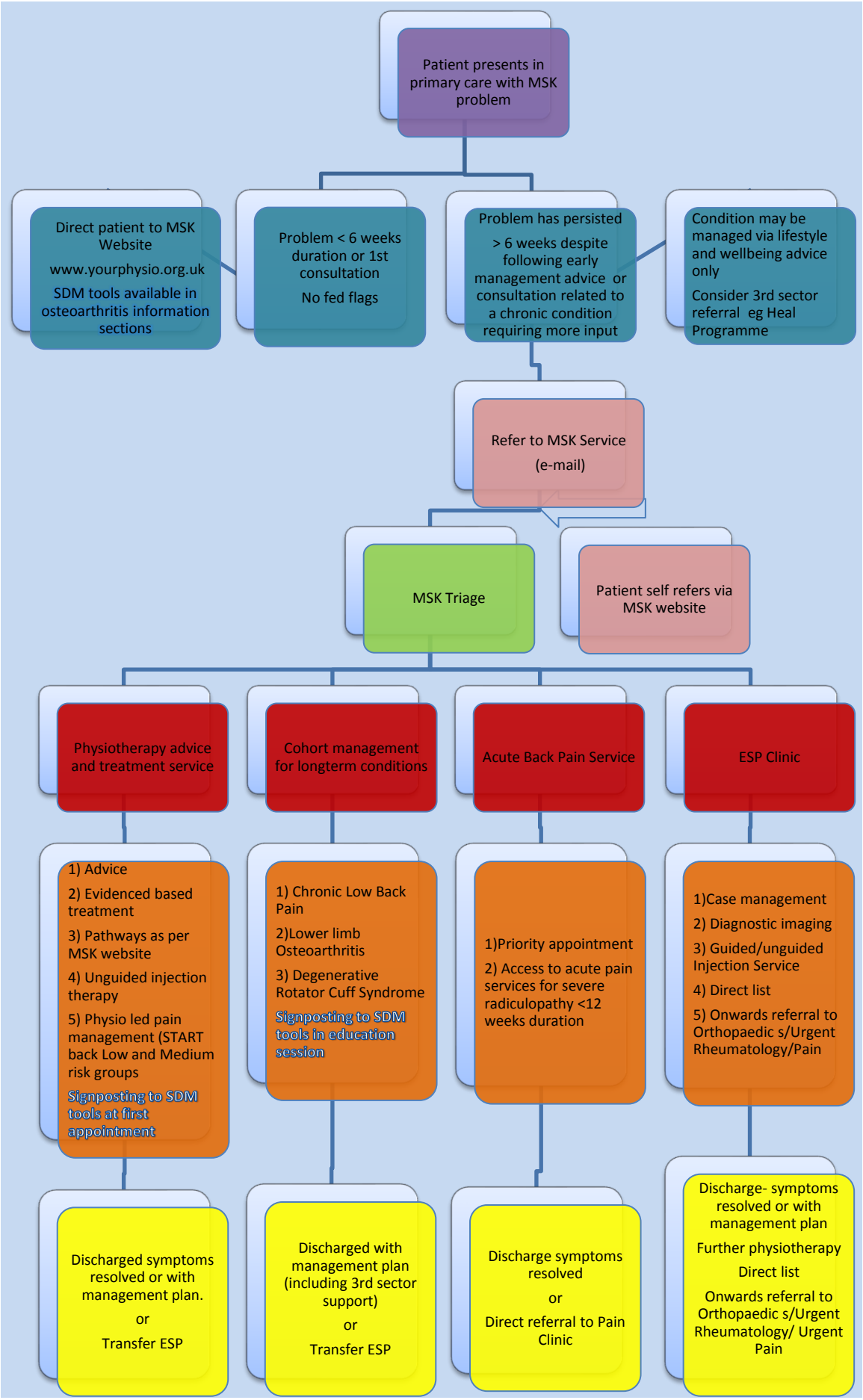
Patient presents in primary care with MSK problem
Direct patient to MSK Website
www.yourphysio.org.uk
SDM tools available in osteoarthritis information sections
Problem < 6 weeks duration or 1st consultation
No fed flags
Problem has persisted
> 6 weeks despite following early management advice or consultation related to a chronic condition requiring more input
Condition may be managed via lifestyle and wellbeing advice only
Consider 3rd sector referral eg Heal Programme
Refer to MSK Service
(e-mail)
MSK Triage
Patient self refers via MSK website
Physiotherapy advice and treatment service
Cohort management for longterm conditions
Acute Back Pain Service
ESP Clinic
1) Advice
2) Evidenced based treatment
3) Pathways as per MSK website
4) Unguided injection therapy
5) Physio led pain management (START back Low and Medium risk groups
Signposting to SDM tools at first appointment
1) Chronic Low Back Pain
2)Lower limb Osteoarthritis
3) Degenerative Rotator Cuff Syndrome
Signposting to SDM tools in education session
1)Priority appointment
2) Access to acute pain services for severe radiculopathy <12 weeks duration
1)Case management
2) Diagnostic imaging
3) Guided/unguided Injection Service
4) Direct list
5) Onwards referral to Orthopaedic s/Urgent Rheumatology/Pain
Discharged symptoms resolved or with management plan.
or
Transfer ESP
Discharged with management plan (including 3rd sector support)
or
Transfer ESP
Discharge symptoms resolved
or
Direct referral to Pain Clinic
Discharge- symptoms resolved or with management plan
Further physiotherapy
Direct list
Onwards referral to Orthopaedic s/Urgent Rheumatology/ Urgent Pain