



Our **NHS**
Let's take care of it!

**Each year it costs
the Vale of York more than
£1½ million
to prescribe paracetamol.**

It costs the NHS
**around four times
more** to provide
paracetamol
on prescription
compared to the
cost for you **to buy
them yourself.**



**Only request
a prescription
for paracetamol,
if you really
have to.**

Find out more at www.valeofyorkccg.nhs.uk