

New learning and development opportunity for Practice Nurses working with contraception and sexual health patients.

When: 26 September 2018,

Where: Strayside Wing, Harrogate and District NHS Foundation Trust

What: This one-day training course for practice nurses has been designed by the Faculty of Sexual and Reproductive Healthcare to manage consultations about contraception and STIs with confidence.

SRH Essentials will provide practice nurses with the tools to know what to do when seeing patients needing contraception, STI testing or emergency contraception. On completion of SRH Essentials, practice nurses will have the skills and confidence to assess:

- When their patient is at risk of pregnancy
- What methods of contraception can be safely offered
- When their patient needs emergency contraception
- What methods of emergency contraception can be safely offered
- When their patient is at risk of STIs
- What tests to offer and how to manage the consultation

SRH Essentials has been designed to provide a solid foundation for non-sexual and reproductive health specialists who see patients with sexual and reproductive health needs. Practitioners may be practice nurses with little or no experience in sexual and reproductive health or those who require an update in training. Following completion of the SRH Essentials course participants will be issued with a certificate which can be used towards revalidation.

Read more about SRH Essentials <u>here</u>. Please email lauren.acaster@york.nhs.uk for more information or call 01904 725444.