

Stakeholder newsletter

September 2017

Welcome to our information newsletter, rounding up our latest news and events. In this edition...

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Our patient and public engagement events

As part of our commitment to involving and updating our public we arranged a number of [engagement events](#) to provide a series of updates to our local population.

Between July and August 2017 we attended **27 public sessions** and spoke to over **500 people** from within the local population. We worked with local community hubs and libraries, the voluntary sector and GP patient participation groups (PPGs) to arrange attendance at different locations and forums across the Vale of York footprint.

This phase of work is part of a bigger engagement programme, but has a specific focus on raising awareness of the current £40m financial challenge. We are asking the public about how they would like to become involved in the formulation of plans and ideas.

Thank you to those who attended. We enjoyed the opportunity to have some honest and open discussions about what is important to you.

We are in the process of gathering and analysing all of the comments and will provide a full update in the next newsletter. However, the initial themes can be viewed in the [Governing Body report presented on 7 September 2017](#).

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Share your views

We regularly ask our population for their views, and from time to time this includes the opportunity to have their say about a number of consultations.

Currently we are helping to promote two consultations:

- **City of York Mental Health Strategy:**

The City of York's [Mental Health Partnership Board](#) is developing a mental health strategy. The strategy sits alongside the health and well-being strategy for the city, which identifies mental health as a key priority locally. Healthwatch York is leading on the consultation and would like to know what you think. [Click here to share your views.](#)



- **NHS England and NHS Clinical Commissioners: Items which should not be routinely prescribed in primary care.**

We are also promoting a national consultation on behalf of NHS England and NHS Clinical Commissioners, which is looking at certain prescription medicines. [If you would like to provide feedback click here.](#)

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Upcoming events

Annual General Meeting – 21 September 2017

Local doctors and members of general practice in the Vale of York invite you our fourth Annual General Meeting (AGM). Patients and members of the public will hear an overview of the local health and care system's operational and financial performance during 2016-17.



The AGM takes place on **Thursday 21 September 2017, at 2-3pm at the Priory Street Centre**, on Priory Street in York.

There will be an opportunity following the meeting to have a cup of tea and chat to local GPs and senior members of the CCG. Members of the public can submit a question in advance of the meeting. The deadline for questions is 12noon on Monday 18 September 2017. To submit a question email valeofyork.contactus@nhs.net

Stakeholder Event – What makes you feel good!

Humber, Coast and Vale Sustainability Transformation Plan is part of the national Building Health Partnerships programme for 2017-18. The focus of the programme is how to support people to take greater control over their own health and wellbeing in a positive way.

The first stakeholder event is due to take place on **Wednesday 13 September (1-4pm) in Swanland Village Hall, Hull** – full details can be found on the [invitation on](#)

[this link](#). If you have any questions please contact [Linsay Cunningham](#).



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Latest news

York leading the fight against skin cancer

Family doctors in York are leading the fight against skin cancer nationally thanks to a project supported by [York Against Cancer](#).



Vale of York GPs are using dermatoscopes bought with funding from the charity to take specialised images of suspicious skin conditions and send them electronically to local dermatologists for swift diagnosis.

Andy Muinonen-Martin, Skin Cancer Lead and Consultant Dermatologist at York NHS Trust and Honorary Consultant Dermatologist at the melanoma clinic at Leeds Teaching Hospitals NHS Trust, who spearheaded this project, says the system developed in the Vale of York is far ahead of what is on offer for patients in many other areas.

React to red – pressure ulcer awareness campaign

We are supporting the [‘React to Red’ pressure ulcer campaign](#) to raise awareness about the dangers of pressure ulcers and the simple steps that can be taken to avoid them. We are participating in a project with NHS England to roll out an initiative to reduce the prevention of avoidable pressure ulcers in the



community.

We are working with local care homes to support them in providing best care to residents. Part of the project includes an education package and the use of a simple yet effective framework which supports carers in recognising pressure ulcers.

Our award winning work

The CCG won an [array of awards in 2017](#) for its commissioning, service improvement and financial management work.



Our awards were given for programmes of work that have showcased improvements in the quality, efficiency and sustainability of services delivered to patients.

One award winning project was [Proactive Health Coaching](#). This is telephone-based health management service that improves patient health and quality of life, while helping to ensure healthcare resources are spent as efficiently as possible. In partnership with Health Navigator and York Teaching Hospital NHS Foundation Trust, we have delivered an effective preventative strategy that provides better care for patients and reduces stress on A&E departments. [Click here to watch our video about the Proactive Health Coaching project.](#)

Precious prescriptions

Did you know it is estimated that an incredible £1million is lost each year across the Vale of York through medicines waste alone?

It is essential that we get the very best value from

Our NHS
Let's take care of it!

Wasted prescription medicines cost £1million every year in the Vale of York.
That's a hard pill to swallow.

Based on average costs that money could pay for an extra:

1,176 days of care in an Intensive Treatment Unit (ITU) for critically ill patients	52,631 days of medication for people with Alzheimer's Disease
5,988 outpatient appointments with a Consultant	141 Coronary Artery Bypass Graft operations
1,960 days of treatment in a Special Baby Care Unit for seriously ill babies	23 Community Nurses
22,222 GP appointments	18,181 hearing tests
333,000 blood tests	666,500 inhalers for asthmatics
	23 Midwives

Remember! Unused medicines cannot be recycled.
 That's right. Even if you don't open them. Once medicines have left the pharmacy, they cannot be reused.

Find out more at www.valeofyorkccg.nhs.uk

the money we are allocated to spend on healthcare for the local population. The cost of unused, over-ordered medicines could be used to fund services for people in our community who really need them.

This money is the equivalent to providing important services to patients, including:

- **1,764** days of care in an Intensive Treatment Unit (ITU) for critically ill patients
- **8,982** outpatient appointments with a Consultant
- **2,940** days of treatment in a Special Baby Care Unit for seriously ill babies
- **33,333** GP appointments
- **½ million** blood tests
- **210** Coronary Artery Bypass Graft operations
- **36** Community Nurses
- **78,948** days of medication for people with Alzheimer's Disease

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Get in touch

Why not join the conversation and have your say?

NEW SERVICE: You can now share your views by SMS text by texting **HEALTH** and your message to **60066**.

Or alternatively contact us by:

- email: valeofyork.contactus@nhs.net
- phone: 01904 555 870
- by post: NHS Vale of York CCG, West



Offices, Station Rise, York, Y01 6GA

- online: www.valeofyorkccg.nhs.uk

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