

Stakeholder newsletter

16 August 2018

Improving access to primary care services

We are delighted to announce that in addition to standard, weekday appointment times, patients in areas of central York and Pocklington will be able to access primary care services in the evenings, at weekends and on bank holidays from October 2018.

Dr Kevin Smith, the CCG's Executive Director of Primary Care and Population Health said: "The Vale of York community told us that improved access to primary care services was important to them. He added: "Our investment to increase access to primary care services is the start of a very exciting journey that is transforming the delivery of local healthcare."

For a list of practices providing improved access and to read the full article [click here](#).



Dr Kevin Smith

Feeling poorly this Bank Holiday? Need help and healthcare advice?

Think Pharmacy First!

GP practices are closed on Monday 27 August but you can get help from your local

pharmacy.

Pharmacists offer expert, confidential advice and treatment for many minor ailments and health problems. They have trained for five years and are able to offer expert advice and help for common problems such as coughs, colds, aches and pains. They can treat minor injuries and infections too.

York and Selby pharmacies will be open on Monday 27 August – see the list of stores and opening times below. Specialist medicines for palliative care are available at some pharmacies and these are highlighted in yellow.

Area	Pharmacy	Address	Phone	Monday 27 August
Selby	Scott Road Pharmacy	Scott Road	01757 210 133	12noon - 1pm
York	Asda Pharmacy	Monks Cross Shopping Park	01904 689 410	9am - 6pm
	Boots Pharmacy	Coney Street / Spurriergate	01904 653 657	10am - 5.30pm
	Boots Pharmacy	1, King's Square	01904 671 657	10am - 5pm
	Boots Pharmacy	5, St Marys Square	01904 635 559	10am - 5pm
	Boots Pharmacy	Monks Cross Shopping Park	01904 656 360	11am - 5pm
	Lloyds Pharmacy	Sainsburys, Monks Cross	01904 613 779	10am - 4pm
	Tesco Pharmacy	9 Stirling Road	01904 394 120	9am – 6pm
	Tesco Stores Ltd	Askham Bar	01904 394 123	9am – 6pm



End of life care

We understand that end of life care, also known as palliative care, may not be an

easy topic to think or talk about. That is why we are working with our partners to create an end of life care strategy that aims to improve and further develop end of life care and support services.

To ensure that we reflect the needs and views of the Vale of York community we are asking local people to share their experiences. The information we collect will be used to shape the strategy and create a Citizens' Charter.

More details and links to surveys are available [here](#). The survey period closes on Friday 7 September 2018.



Help us to plan autism and attention deficit hyperactivity disorder (ADHD) services

We are working in partnership with North Yorkshire CCGs to gather feedback on services for adults with autism and attention deficit hyperactivity disorder (ADHD).

The North Yorkshire Autism and ADHD Assessment Service, is currently provided at the Tuke Centre York. Patients are referred to the Tuke Centre by their GP or other health professional for assessment and diagnoses.

Over the last few months we have already met with Vale of York service users, their family members, carers and staff to ask for their views on the current services and if there were ways that they could be improved for them. To gather even more insight and opinions we would be grateful if you could take five minutes to complete our survey and provide us with your experiences. Your feedback will help us to plan services for patients with autism and ADHD.

[Click here](#) to complete our survey.

**Wasted prescription medicines cost
£1million every year in the Vale of York.**
That's a hard pill to swallow.



It is essential that we get the very best of value from the money we are allocated to spend on healthcare services for the Vale of York community. That is why our campaign highlights the cost of unused, over-ordered medicines and explains how this money could be used to fund services for the people in our community who really need them.

Did you know that unused medicines cannot be recycled – even those that are unopened? To find out more and download posters click on the following links:

[Precious paracetamol](#)

[Precious prescriptions](#)

[Wasted prescription medicines](#)



Our work to improve safeguarding partnerships

We will be playing a major role in helping York become one of the first areas in the country to adopt new child safeguarding guidance.

On 4 July 2018 the government set new legal requirements designed to better protect at-risk children through improved safeguarding partnerships with CCGs, councils and police forces.

Under the new safeguarding arrangement, the CCG and its partners at North Yorkshire Police and City of York Council will work together to develop local plans to better protect children at risk of abuse or neglect, and to promote children's welfare.

The new advice is aimed at all professionals who come in to contact with children and families, and includes guidance on current threats to child protection, including sexual and criminal exploitation, gangs and radicalisation.

Find out more about this work [here](#).



Dr Nigel Wells

Governing Body meeting

Our Governing Body members are local GPs, clinicians and other professionals. They are responsible for monitoring the performance and quality of local healthcare services and the plans that deliver these. The next Governing Body meeting, chaired by Dr. Nigel Wells, takes place in September.

Date Thursday 6 September 2018

Time 9.30am to 12 noon (approx.)

Venue West Offices, Station Rise, York
YO1 6GA

Clinical Chair
of the Governing Body

The meeting papers are published online one week before the meeting. To download the papers [click here](#).

Questions can be submitted in advance of the meeting by email to valeofyork.contactus@nhs.net or in writing to NHS Vale of York CCG, West Offices, Station Rise, York YO1 6GA. The deadline for questions is 5pm on Monday 3 September.



The Governing Body is holding its fifth Annual General Meeting in September at the Priory Street Centre, York YO1 6ET on Thursday 20 September 2018 from 2pm.

The meeting will discuss the Annual Report and Accounts for 2017-18 and offers an opportunity for those attending to talk to Governing Body members.

Questions can be submitted up to seven days in advance of the meeting.

Email valeofyork.contactus@nhs.net or write to NHS Vale of York CCG, West Offices, Station Rise, York YO1 6GA

at Simon Bell, the CCG's new of Finance Officer

on joins the CCG from NHS Kernow in Cornwall, where he served as of Finance Officer for three years. riously he was Chief Finance Officer at h Devon and Torbay CCG.

aking about his appointment, Simon : "I'm delighted to have joined the and I can't wait to start working with

Simon Bell
Chief Finance Officer

new colleagues and partners.

great to see the substantial progress has been achieved in stabilising the financial position, and that people across the system have worked together in getting there. I'm looking forward to continuing to support the system deliver outstanding services and value for our Vale of York communities."

How many causes of heart disease can you identify?



It is our priority to prevent people in the Vale of York from dying prematurely and that's why we want to work with the local community to beat heart disease and stroke.

High blood pressure is one of the Vale of York's biggest killers. It rarely has noticeable symptoms and, if left untreated, increases the risk of developing a heart attack or stroke. It is estimated that more than 34,000 local people have undiagnosed high blood pressure.

For information and to learn how you can reduce your own risk, go to the website

www.valeofyorkhealthyhearts.co.uk

This e-newsletter is produced by the Communications and Engagement Team. If you want your details to be removed from the circulation list please email voyccg.communications@nhs.net

