Helping Us to Help You

Learning Disability Forum
Tuesday 24th April
2018
Working Together

- LD Forum, Dr Emma Broughton, Women’s health presentation, 28\textsuperscript{th} September 2017.

We would like to:

- Achieve better screening rates and health outcomes.
- Identify & overcome barriers.
Barriers

- Length of GP appointments.
- Accessible information.
- Easy read invite/recall letters.
- Teaching in schools.
- Support for people with LD who would like/are about to become parents.
- Not communicating well.
Length of GP appointments.

To make the most out of the time with the doctor:

• A template
• Body map
• Visual pain score
• Get checked out checklist
• Remind GPs it is best practice to offer 45 minute appointments for the annual health check.
Accessible information

• The CCG now have a central site for helpful information.
Easy read invite/recall letters

- Easy read invite/recall letters scrutinised by the Healthwatch readability panel and will be shared amongst GP surgeries.
Schools

• Applefields School: teachers offer Relationship and Sexual Education. They are supported by the Special School Nursing Service.
Local Area Teams

• 0-19 Healthy Child Service
Support from 28 weeks of pregnancy to 19 years of age (25 years in some circumstances)
Health Visitors
School Nurses
Children’s Centre Workers
Support for people who want to have a baby

• Special Education Needs & Disability presentation by LAT in December 2017.
• Working on a preconception pathway.
Communication

• Continued engagement with the LD forum and other organisations/forums.
• Meet with primary care colleagues.
• Send helpful information to GP surgeries.
• Electronic communications: Nurse Engagement, Inform weekly briefing, CCG website, Practice Nurse Forum.
York Data

- Survey response represents 80% of York’s population (16 practices responded)
- There were variances in reasons given for ceasing patients from screening programmes and work is underway to address this
- Awareness of easy read resources specific for screening cancer was low
- Directed Enhanced Service (NHSE)
- Awareness of new LD template (8/16 practices aware)
- Length of appointments ranged from 20-60 minutes

<table>
<thead>
<tr>
<th>Screening Type</th>
<th>Number eligible</th>
<th>Number screened</th>
<th>Percentage uptake (LD)</th>
<th>CCG overall % uptake</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cervical screening 25-49</td>
<td>267</td>
<td>58</td>
<td>21.72%</td>
<td>75.5%</td>
</tr>
<tr>
<td>Breast screening</td>
<td>130</td>
<td>50</td>
<td>38.46%</td>
<td>77.4%</td>
</tr>
<tr>
<td>Bowel screening</td>
<td>167</td>
<td>64</td>
<td>38.32%</td>
<td>60.5%</td>
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</tbody>
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Future Development

• LD Screening & Taskforce Meeting.
• Baseline data collected from primary care and future data will hopefully evidence improved screening rates. Increase in annual health checks already reported.
Future Development

• Develop a pathway to help people with LD who want to have a baby.
• Videos showing screening/health test.
• Send GPs reminders of people who can help and best practice.
Any Questions?