



Humber and North Yorkshire  
Health and Care Partnership



Humber and  
North Yorkshire  
Integrated Care Board (ICB)



## Our North Yorkshire and York Care Providers

Monday 13 May 2024

### What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. [Please click here to bookmark these pages](#)



UK Health  
Security  
Agency

### Supporting safer visiting in care homes during infectious illness outbreaks

Principles to support decision making for those involved in safely planning and protecting visiting during outbreaks of infectious illness in adult social care.

See [website](#) for more information



Department  
of Health &  
Social Care

### Provider information session on visiting and accompanying - Care Homes

In December 2023, we introduced legislation to make visiting and accompanying a Care Quality Commission (CQC) fundamental standard of care.

Visiting is crucial to the health and wellbeing of those receiving care as it ensures that people remain connected with loved ones and their community and have people to support and advocate for them when they are at their most vulnerable.

We know that the vast majority of health and care providers recognise this and have made considerable efforts to get back to normal on visiting. However, there are reports that some people continue to face restrictions when trying to visit or accompany loved ones in health and care settings.

Watch the full webinar [here](#).

## Dementia Action Week 13-19 May 2024



Please find below a link to a free online dementia education session via Zoom on **14 May at 10.30am** provided by Dementia Forward during Dementia Action Week

**Dementia Forward is inviting you to a scheduled Zoom meeting.**

**Topic: Dementia Forward Action Week Education**

**Time: May 14, 2024 10:30 AM London**

**Join Zoom Meeting**

**<https://us06web.zoom.us/j/82715497170?pwd=Jof0b5zegpyw7WAv4d85XGaK3pLErS.1>**

**Meeting ID: 827 1549 7170**

**Passcode: 482296**

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### **SAVE THE DATE - Ryedale Community Connect – Making Connections Dementia Forum – All Welcome**

Free Online Teams Workshop (link below). [Click here to join the meeting](#)

As part of **Dementia Action Week on May 16th 2:00-330pm** we are facilitating a session showcasing existing and exciting new services for people with dementia and their carers, we hope you can join us.

The session will include information from:

- Dementia Forward services including their information around Young Onset Dementia, the new Ryedale Brain Health Café, and new day service
- Libraries Services: Annette Mircic Outreach Librarian will be talking about access and activity in Libraries
- Carers advice and support
- North Yorkshire Council: Adult Social Care and Stronger Communities will talk about support and funding
- NRS Healthcare will be attending to showcase assisted health care offers
- North Yorkshire Music Therapy

This session is aimed at cross sector staff and volunteers but open to all. There is a little potential to add further speakers to the agenda – please contact me if interested. There will be scope to share information and feedback throughout the meeting for all attendees.

Please **save the teams link into your own calendar** as we are unable to share the calendar appointment directly with all potential attendees. If you have any queries about this or anything else don't hesitate to get in touch.



## **Nursing recruitment and retention toolkit webinar series**

**Wednesday 15 May 2024 | 13:00 – 13:45 | Online**

**Wednesday 12 June | 13:00 – 13:45 | Online**

Recruiting and retaining the nursing workforce within social care is now more important than ever. We have two webinars covering opportunities for restorative clinical supervision and developing the nursing associate role in social care. These webinars are designed for those invested in the social care nursing workforce and with input from key stakeholders will explore best practices in both topics.

⇒ [Register now](#)

### **Understanding the opportunities for restorative clinical supervision for nursing in social care**

**Wednesday 15 May 2024, 13:00 – 13:45**

In this session, we will explore the importance of restorative clinical supervision in retaining the nursing workforce.

We will be joined by the Foundation of Nursing Studies and hear about how the Resilience Based Clinical Supervision model is supporting nurses and nursing associates in the sector to enhance well-being, develop resilience and improve person centred care. The session will be joined by panel members from a social care nursing background who have undertaken the training and can share their learning.

The session will briefly explore an evidence base that links restorative supervision to retention and therefore may be of interest to employers. Once established the model can be delivered across the workforce to support multi-professional working and reflective practice.

There will be an opportunity for questions towards the end of the webinar and the audience will be able to network and connect with others in the sector developing this work using the chat facility. We will also share opportunities to sign up to this programme which is fully funded for nurses and nursing associates in social care.

Recommended for: employers, learning and development leads, educators, registered and student nurses, nursing associates and student nursing associates, ICBs, commissioners, regional or local care associations.

<https://events.skillsforcare.org.uk/skillsforcare/1869/home>



## Care workforce pathway: Survey on the registered manager and deputy manager draft role categories

Following release of part 1 of the Care workforce pathway, we've continued to work in partnership with the Department of Health and Social Care (DHSC) on phase 2. This has included developing additional role categories for deputy managers and registered managers. We'd like to hear from you about some of the content we've developed, including the behaviours they should show, how we've described these roles, and on the knowledge and skills we think people working in these roles should have. The survey should take 30 minutes to complete and will close on **Monday 20 May at 23:59**.

⇒ **Access the survey**



## Syringe Drivers - Information for patients, relatives and carers

Humber Foundation Trust has created a leaflet for patients, relatives and carers across the Scarborough, Ryedale, Whitby and Pocklington area. Click [here](#) to view the leaflet.



## Social care nursing at the heart of International Nurses Day 2024

A new post, "Social care nursing at the heart of International Nurses Day 2024" has just been published on the Social care blog. Chief Nurse for Adult Social Care, Deborah Sturdy: "I've been in this profession for decades, but only in recent years has the wider world begun to realise the full range, experience and contribution social care nursing colleagues bring to the health and wellbeing of our communities."

Read the new post: <https://socialcare.blog.gov.uk/2024/05/10/social-care-nursing-at-the-heart-of-international-nurses-day-2024/>



## An update on auto responses to notifications

We are aware that providers are not receiving auto responses upon submitting notifications; we are working quickly to resolve the issue. Please be advised that we are receiving notifications and providers **should not** resubmit information multiple times.

Please be assured your notifications will be processed by our teams and where there are concerns about safety, be taking immediate action.



## **Carers Week 2024**

Carers Week (10 – 16 June) is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK.

It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

This year's theme for Carers Week is 'Putting carers on the map'.

## **Get Involved**

Our activities calendar is jam-packed this Carers Week including a celebration event on Wednesday 12 June in Museum Gardens. Join us from 10 am, bring a picnic and get involved with our fundraising activities and games.

This is a great opportunity to talk to a Carer Support Worker and other local carers with shared experiences and to find out more about our work.

We've got something for everyone including a Carer Hub, School drop-ins, Independent Financial Advice, Legal Clinic and Wellbeing Workshops.

Visit <https://yorkcarerscentre.co.uk/calendar/> to find your activity.

The York Carers Centre team will be on hand to support anyone feeling nervous or worried about coming along to an activity for the first time. We hope to see you there.

## **'We See You'**

We have launched an exciting new project for Carers Week called '**WE SEE YOU**'.

We are asking carers to collect a small cardboard mirror from Explore Centres and any Carers Week activity, and write a word, phrase or drawing on it, then post it back to us in one of the boxes provided.

We are using mirrors to symbolise reflection, recognition and the unseen efforts of carers and will be creating a piece of art to showcase at our AGM.

We would love you to be a part of it.

## **Contact information:**

hayley.johnson@yorkcarerscentre.co.uk

07864 728186

## Time to beat the blushes and ask for advice



People experiencing bowel problems are being urged to beat the blushes and come forward for help this Bowel Cancer Awareness Month.

While toilet issues and tummy troubles aren't often seen as hot topics of conversation, they can often be the first signs that someone has a problem, and as bowel cancer is one of the most common forms of cancer in the UK\*, they're signs that shouldn't be ignored.

When the national bowel cancer screening programme originally launched back in 2006, adults aged between 60 and 74 were invited to take part. Fast forward to the present day, and the Humber and Yorkshire Coast Bowel Cancer Screening Service (HYCBSS) now invites people as young as 54 to take part, with plans to roll that back further to 52 and 50 later this year. And the signs are that this is having an impact.

[Click here](#) to read more.

## Dying Matters: Let's talk about it



That's the message from York and Scarborough Teaching Hospitals NHS Foundation Trust's palliative care nurses who will be spreading awareness of 'what matters most at the end of life' during Dying Matters Awareness Week from 6-12 May.

The Palliative Care Nursing Team has organised a range of activities hosted by the Trust, and they are encouraging members of the public to come and talk to the team.

Every year, people around the country use Dying Matters Awareness Week as a moment to encourage all communities to get talking in whatever way, shape, or form works for them.

[Click here](#) to read more and to see the dates and locations of the activities being held..



## News from Skills for Care

### **Recognising Behaviour as Distress in Practice – a discussion paper**

With the National Autistic Taskforce, we've developed a discussion paper that examines approaches to supporting people at risk of distressed or challenging behaviour. Skills for Care is delighted that this paper is written from an autistic perspective.

While the discussion paper is fully supported by Skills for Care, it does not necessarily represent Skills for Care's position and should not be considered guidance or advice from Skills for Care.

⇒ [Find the discussion paper](#)

### **New NHS guidance on meeting the needs of autistic adults in mental health services**

The NHS has published guidance for integrated care boards (ICBs) and system partners on how to improve the quality, accessibility and acceptability of care and support for autistic adults to meet their mental health needs. It sets out ten key principles and provides practical examples of how the principles can be applied in both community and inpatient settings.

System partners can use the guidance to think strategically about the inter-relationship between different services to inform commissioning decisions. The guidance supports the [recently published national guidance](#) aimed at all mental health services.

⇒ [Read 'Meeting the needs of autistic adults in mental health services'](#)

### **Helping support people with a learning disability with ReSPECT plans**

Working jointly with people with lived experience of learning disability, a research team at Warwick University has co-produced new guidance to be used by health and social care professionals. It aims to support a person with a learning disability to think about and prepare for making a ReSPECT plan.

ReSPECT plans let people know what you do or do not want to happen if you need emergency care or treatment. These can be things like giving you CPR (a process to try and start your heart beating again) if your heart stops.

⇒ [Access the resources for free](#)





**Humber and North Yorkshire**  
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## **Population Health Management event**

**Wednesday 22 May 2024, 11:00am-12:00pm – MS Teams**

Are you interested in learning more about population health management (PHM) and the achievements made by the PHM programme to improve the health of local populations across Humber and North Yorkshire?

If so, we would like to invite you to this virtual PHM End of Programme event. The event is open to anyone who is interested in PHM across the Humber and North Yorkshire health and social care system, and will provide:

- An overview of the importance of taking a PHM approach.
- An outline of the achievements of the HNY NECS PHM programme.
- An opportunity to hear from local leads and other health and social care professionals about their experience of the programme and work that has been undertaken to address health inequalities in their communities.
- Information on the future plan for PHM in HNY.

Click [here](#) to reserve a place. For any queries, please contact [necsu.hny-phm@nhs.net](mailto:necsu.hny-phm@nhs.net)



**Humber and North Yorkshire**  
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The Resilience Hub are running a free webinar on 14th May at 9.30 – 12.30 on **'Healing in the face adversity: An introduction to psychological trauma'**.

Join us for a free webinar for health and care staff who may have experienced traumatic or adverse experiences either in work or within their personal lives.

We will cover:

- What we mean by 'trauma'
- Common reactions to trauma
- How to cope with intrusive and unwanted memories
- Development of coping strategies that will help you to cope with difficult emotions

Sessions can be booked via the this [link](#).

## **BLADDER & BOWEL TRAINING FOR CARERS IN RESIDENTIAL AND NURSING HOMES IN THE VALE OF YORK**

### **Residential/Nursing Homes and Domiciliary Carers Bladder and Bowel Training Dates 2024 All sessions via MS Teams**

This training will cover:

‘promoting continence and managing incontinence’.

Session includes:

updating carers in residential homes/nursing homes and domiciliary carers on the necessary skills to promote continence and manage incontinence within their work environment.

This training is aimed at non-registered staff from residential homes and nursing homes and all domiciliary carers.

These are the objectives of the session:-

- List the possible causes of incontinence;
- Know main functions of the healthy bladder and bowel;
- Understand the impact of incontinence on quality of life;
- Have an awareness of types of incontinence;
- Examine various management options;
- Look at how to care for a urinary catheter;
- Help within your work environment.

<b>Date</b>	<b>Time</b>	<b>Training Provider</b>
Tuesday, 14 May 2024	1400 – 1600	Ellie Gow
Thursday, 27 June 2024	1400 – 1600	Ellie Gow
Thursday, 8 August 2024	1400 – 1600	Ellie Gow
Thursday, 7 November 2024	1400 – 1600	Ellie Gow

To make these sessions interactive, we have limited the amount of bookable spaces to 20 per session, and therefore there is a limit of 2 spaces available per care home/per care agency. We recommend and encourage ‘train the trainer’, so once this session has been attended, the attendee can update their colleagues with what has been discussed.

To book a place, please email [clare.markwell@nhs.net](mailto:clare.markwell@nhs.net), who will send you the Teams meeting invite.



## Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- 17.5.24 10.00- The ReSPECT process: a guide for care staff – held on MS Teams; suitable for all working in the social care sector
- 6.6.24 10.00- The ReSPECT process: a guide for care staff – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable for all working in the social care sector
- 19.7.24 10.00- The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- 17.9.24 10.00- The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- 14.10.24 10.00- The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July

Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months.

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: [sarah.holloway@saintcatherines.org.uk](mailto:sarah.holloway@saintcatherines.org.uk)



## Care Connected- Your North Yorkshire and York Care Provider Forum

Thank you to all those who joined us at our previous Care Connected session. The slides from the meeting can be found through this [link](#) along with slides from all previous meetings. Care Connected is open to all care providers and partner organisations from across North Yorkshire and York. The group is facilitated jointly by City of York Council, North Yorkshire Council and NHS Humber and North Yorkshire ICB and designed to help you access the updates relevant to you and your teams from across health and social care in one single place. The meeting takes place through Microsoft Teams every two weeks and the next session will take place on **Wednesday 15 May 10.30-11.30am.**

## Need to Know



### + Care Home Nurses Network meeting

Due to unforeseen circumstances, the next meeting has been changed to **Tuesday 21<sup>st</sup> May at 2pm.**

[Book your free place here](#)

**Save The Dates for future meetings: 26th September 2024**

Awards open for  
submissions



### The National Care Awards

By nominating a colleague you will be supporting their dedication and commitment whilst also helping to raise the profile of the care sector as a whole.

Entry deadline: TBC

<https://nationalcareawards.com/>



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### Reasonable Adjustments Digital Flag: Health and social care staff training now available

Staff training for the Reasonable Adjustment Digital Flag is now available on the [eLearning for healthcare website](#). This training is available to all health and social care staff and support organisations to meet their obligations under the [Reasonable Adjustment Digital Flag Information Standard](#). Under this Standard, organisations must provide training as mandated within the Health and Social Care Act (2012).

The training has been developed with subject matter expertise and has been thoroughly tested across a range of clinical and administrative professions. The training will support staff working across health and social care to be able to provide the right care and treatment by making sure that the reasonable adjustment needs for disabled people are supported.

This is a single, short module covering the background, what reasonable adjustments are and the 6-step process to identify people with a disability or impairment (including autistic people and people with a learning disability) and their reasonable adjustment needs, to make access to care fair.



## Events

### **Nursing recruitment and retention toolkit webinar series**

Wednesday 15 May 2024 | 13:00 – 13:45 | Online

Wednesday 12 June | 13:00 – 13:45 | Online

Recruiting and retaining the nursing workforce within social care is now more important than ever. We have two webinars covering opportunities for restorative clinical supervision and developing the nursing associate role in social care. These webinars are designed for those invested in the social care nursing workforce and with input from key stakeholders will explore best practices in both topics.

[⇒ Register now](#)

### **Registered manager webinar: Workforce wellbeing – practical and cost-effective ways to support your team**

Thursday 16 May 2024 | 10:00 - 11:00 | Online

Delivered in partnership with The Outstanding Society, this webinar will look at simple and effective ways to best support your workforce, helping them manage the latest pressures and workload. It will explore how you can offer meaningful wellbeing initiatives that won't break the bank, whilst convincing others – including the CQC - of the value this brings to your service.

[⇒ Register now](#)

### **Delivering outstanding care seminar**

Wednesday 5 June 2024 | 10:00 - 15:30 | Online

This interactive seminar is for services who want to understand what Outstanding care looks like and how to deliver and evidence this. It's primarily aimed at services currently rated Good but who want to progress to Outstanding, as well as newer services hoping to achieve this accolade in their first inspection.

[⇒ Register now](#)

## **Skills for Care want to hear from you**

Are you a provider employing Nursing Associates? If so we'd love to hear from you to share your developments at our Nursing Associate Forum

We're looking for provider representatives to sit on the forum and help shape this work. If you would like to be involved, please email [SocialCareNursing@skillsforcare.org.uk](mailto:SocialCareNursing@skillsforcare.org.uk).

We're receiving lots of interest about where the nursing associate role is being developed outside of nursing care home settings. If you are a provider, nurse, or student/qualified nursing associate involved in this and willing to share your experience please contact

[lucy.gillespie@skillsforcare.org.uk](mailto:lucy.gillespie@skillsforcare.org.uk)



Royal College  
of Nursing

**'Time for you' webinar series:  
Career spotlight on  
general practice**



21 May 2024

**Time for you: career spotlight on  
general practice**

Nursing can take you in so many directions. This webinar for independent health and social care sector RCN members will shine a spotlight on general practice nursing as a career possibility.

This series of monthly hour-long webinars has been designed for those working within the Independent Health and Social Care (IHSC) sectors, to provide you with a dedicated time for uninterrupted updates, discussions, and networking opportunities with likeminded professionals working within the Northern and Yorkshire & Humber regions.

To find out more and to book a place click [here](#).



## Support for leaders and managers

Our registered manager webinars cover a range of topics to support managers and their services. You can join live or watch a recording whenever is convenient for you. They are 30-60 minutes long and are supported with bite-size resources and additional information. Our recent webinars include leading effective teams, providing evidence to the CQC, maximising recruitment and retention, digitising social care, plus many more.

[⇒ Take a look at our recorded and upcoming webinars](#)

**Upcoming webinar 16<sup>th</sup> May**  
**10am – 11am**



## Registered manager webinar: Workforce wellbeing - practical and cost-effective ways to support your team

**Thursday 16 May 2024 | 10:00 – 11:00 |  
Zoom**

Delivered in partnership with The Outstanding Society, this webinar will look at simple and effective ways to best support your workforce, helping them manage the latest pressures and workload. It will explore how you can offer meaningful wellbeing initiatives which won't break the bank, whilst convincing others – including the CQC - of the value this brings to your service.

[⇒ Register now](#)

## Further Information

### Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please email [yhstr.s2s@nhs.net](mailto:yhstr.s2s@nhs.net) This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email [yas.patientrelations@nhs.net](mailto:yas.patientrelations@nhs.net). Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

### Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

**This bulletin is produced by York Health and Care Partnership**

### **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**

If so please contact [hnyicb-voy.yorkplacequalitynursingteam@nhs.net](mailto:hnyicb-voy.yorkplacequalitynursingteam@nhs.net)