

Wednesday 3rd April 2024

- Social Care Market Updates
- Care Market Representative Discussion
- Top-up Guidance Discussion
- Mayoral Election

Updated Guidance - Infection Prevention and Control in Adult Social Care: Acute Respiratory Infection

[Infection prevention and control \(IPC\) in adult social care: acute respiratory infection \(ARI\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk) Guidance has been updated in line with changes to testing policy from April 1st 2024.

Routine COVID-19 lateral flow device (LFD) testing of asymptomatic individuals prior to discharge from hospital into care homes is no longer required. Testing may still be undertaken, based on local risk assessment by the hospital together with the care home, for example during outbreaks.

The ordering portal for accessing LFD test kits for outbreak testing has now closed. During a suspected outbreak of acute respiratory infection (ARI), settings can access multiplex PCR tests through their local health protection team (HPT) to help identify the infection responsible.

Guidance on visiting has also been updated to reflect the new Care Quality Commission (CQC) fundamental standard on visiting and accompanying in health and care settings (Regulation 9A) which requires, among other things, that care home residents must be facilitated to receive visits, and not discouraged from taking visits out of the care home.

Also, information on ordering free PPE has been removed to reflect the scheme to provide free PPE for COVID-19 needs, ending on the 31st March 2024.

Home Based Support Provider Forums

The North Yorkshire Council Approved Provider List (APL) has been in place since November 2022.

North Yorkshire Council would like to set up regular Provider Forums to directly engage with Home Based Support Providers, share future plans and co-produce future services.

The first Provider Forum, to be held virtually, will be held on Tuesday 30th April 2024, from 10am to 12pm through Microsoft Teams.

If you wish to attend, please send your interest to HASservicedevelopment@northyorks.gov.uk with details of who to send the invite to.

Stress Awareness Month - April 2024

The theme of this years Stress Awareness month is “Little by Little”. It focuses on the impact of consistent, small positive actions on wellbeing. For Stress Awareness Month 2024, The Stress Management Society, want to emphasise how even the smallest steps taken each day towards self-care and stress reduction can yield significant improvements in mental health over time.

They encourage you to focus on making manageable adjustments to your daily routine. While the impact of small actions on their own may seem little, the cumulative effects of these habits can end up being profound!

The link to their webpage is: [Stress Awareness Month 2024 - The Stress Management Society](#)

Posters and the infographic are available to help explain this concept and suggestions for how small actions can make big changes. [The Stress Management Society - Free Resources 2024](#)



Cyber security practices and impacts within the Adult Social Care Sector

[Cyber security in adult social care | IPC Brookes](#) - The Department of Health and Social Care have commissioned Ipsos UK and the Institute of Public Care to conduct research looking into the cyber security environment and impacts of cyber incidents within the adult social care sector. This research will help build knowledge beyond the Data Security and Protection to look at outcomes and impacts of cyber incidents, both on care providers and those receiving care.

This will be a key part of achieving the ambition for the Cyber security strategy for health and social care: 2023 to 2030 and will support policy development, risk analysis, and planning within cyber.

Key stakeholders are involved in developing the scope of the research, which will benefit from the input of an Expert Reference Group which includes stakeholders from across the sector.

Fieldwork has been taking place between September 2023 and February 2024, which included online surveys, qualitative interviews, and discussion groups. As providers you may have been contacted to take part and if they continue to contact providers, we would encourage you to join in to feed into this research.

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Autism Awareness Month – April 2024

April 2024 is Autism Awareness Month and is dedicated to improving acceptance for autistic people. It is crucial that autistic people, their families and carers, can access tailored information, guidance and support to overcome any discrimination and barriers they face, along with opportunities to explore their interests, develop skills and build friendships for fulfilled lives.

World Autism Acceptance Week runs from Tuesday 2nd of April 2024 (which is also World Autism Awareness Day) right through to Monday 8th of April 2024.

The link below provides further information specific to the week and month of April. Detailing how you can spread the Autism Awareness, as well as ways to sign up for Spectrum Colour Walks or other Fundraising ideas.

[World Autism Acceptance Week 2024](#)

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Yorkshire & the Humber Care Home Support Network

Yorkshire & Humber Care Home Support Network on **Tuesday 23rd April 10:00 – 12:30**.

The network is open to all social care settings including supported living, domiciliary care and care homes. It will focus on topics related to resident/service user safety.

The network brings together colleagues from across health and care. Those working in primary / community/ secondary / social care are welcome to attend. The focus of this meeting is **'Person-centred care'**

- We will hear from the NHS England regional lead for Personalised Care.
- We will hear about the 'carers in the ED' project which looks at the experiences of care home staff when they accompany residents to the Emergency Department.

There is also their regular 'Ask the network' slot where you can raise questions/comments/concerns and share ideas, insights and good practice.

There will be an opportunity for discussion, networking, sharing of ideas and innovation

If you would like to register to attend, please email: Academy@yhia.nhs.uk





CareFind

Lunch & Learn Session

Are you **CareFind** ready?

Join us on Thursday 11th April 12:30-13:00

Introduction to **CareFind**, Quick tips on creating your Public Profile

Microsoft Teams meeting

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 318 850 204 918

Passcode: Pt6yCT

[Download Teams](#) | [Join on the web](#)

Or call in (audio only)

[+44 20 3321 5208](tel:+442033215208), [878262101#](tel:+442033215208) United Kingdom, London

Phone Conference ID: 878 262 101#

[Find a local number](#) | [Reset PIN](#)

<https://vimeo.com/903354442/26517f1d5a?share=copy>

Care Market Representative Contract

Current Position

- Current Agreement in place with Independent Care Group (ICG)
- Contract will cease on 30th September 2024
- Intention to undertake a Procurement exercise for the new contract
- Potential for a 3 year agreement from 1st October 2024

Review

We have issued an on-line survey active from now until Monday 13/05/2024 [Care Market Representative Body Provider Survey \(snapsurveys.com\)](https://snapsurveys.com). This is to obtain views from Providers on what they want from a representative organisation, questions include:

- Are you a member of the ICG?
- What are the benefits of being a member?
- Satisfaction with the level of support
- What support do you want from an organisation
- Use the information shared to ensure that the organisation is supporting the care market to the best of its ability
- Will build a service specification that focuses on the needs of the care market and increases the membership and variety of care providers



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Top-up Guidance

Review

- Currently reviewing the current policy and associated guidance.
- As part of the review we will be producing guidance/support documents for the care market.
- Purpose is to ensure that all parties involved in the process have guidance available to them.



We want to hear from any providers that have views on this subject.

- Do you want to be involved in the creation of guidance?
- Do you have views you want to feed into the process?
- Do you have any issues with the current processes and guidance?

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Contact Details

- Steven.Crutchley@northyorks.gov.uk
- Barney.Weston@northyorks.gov.uk
- HASservicedevelopment@northyorks.gov.uk



York and North Yorkshire Mayoral Election 2nd May 2024

Request from the NYC comms team to help support people to vote



We want to give voters information about how to vote in this and other upcoming elections

Please can you help us share information about voting in the election with the people you support?



Key dates for the mayoral election - summary

The election to choose our first York and North Yorkshire Mayor is on **2nd May 2024**.

Voters must be registered to vote in this election by **16 April 2024**.

Find out if a voter is registered and how to vote at <https://www.northyorks.gov.uk/mayoralelection>

If voters are voting in person they will need to bring a Photo ID to their polling station.

Check what is an accepted form of identification on the website above.

If someone doesn't have an accepted form of identification, they can apply for free voter ID by **5pm on Wednesday 24 April**.

Voters can vote from home if they can't or don't want to go to a polling station on election day.

Registering to vote by post is easy – proof of identity is required. Apply for a new postal vote or cancel an existing one, before the deadline of **5pm on Wednesday 17 April** on the website above.

Voters can apply for a trusted friend or family member to cast their vote by proxy at a polling station on the website above.

Apply for a proxy vote for this election before the deadline of **5pm on Wednesday 24 April**.



What is this election for?

- The York and North Yorkshire Mayor will be chosen in the first York and North Yorkshire Mayoral election on **Thursday 2 May 2024**.
- The Mayor will lead the new York and North Yorkshire Combined Authority.
- They will have investment of £540 million to be spent over the next 30 years.
- The Mayor and Combined Authority will have powers and responsibilities devolved to them by central government. This includes powers to improve the supply and quality of housing and funds to improve transport.
- City of York Council and North Yorkshire Council will continue to deliver vital services to the communities they serve

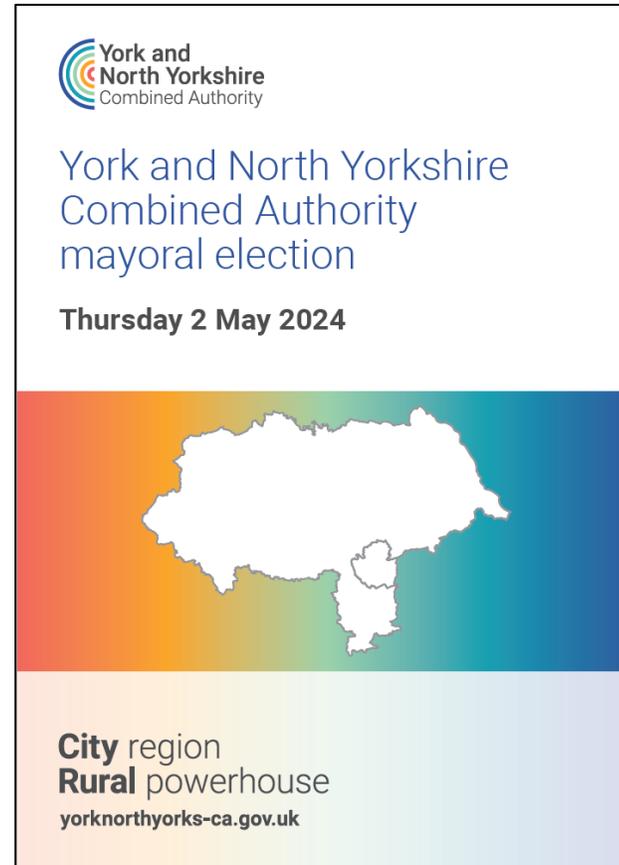


Candidate address book

An A5 booklet with information about how to vote and details of the candidates that are standing for mayor will be posted to every registered voter in North Yorkshire and York from w/c 8 April.

This is a legal requirement.

This will also be available in Easy Read format from w/c 8 April



Voter information leaflet for care home residents

A leaflet for people living in North Yorkshire Council provider services care homes has been distributed by Wendy McDonald.

You can request more copies from Alison.Clarke@northyorks.gov.uk



Who can vote?

Anyone living in York or North Yorkshire who is registered to vote

They can register to vote if they...

- Are 18 years old or older.
- Are a British, Irish or Commonwealth citizen.
- Live in the UK.

They must register again each time they move home or change their legal name.

Information about voting is here: <https://www.myvotemyvoice.org.uk/voting/quick-guide-to-voting/>



Registering to vote

Voters must be registered to vote in this election by **16 April 2024**

To find out if a voter is registered visit <https://www.northyorks.gov.uk/mayoralelection>



Information about supporting someone to register to vote is here:

<https://www.myvotemyvoice.org.uk/supporting-voters/i-am-a-carer-or-support-worker/supporting-someone-to-register-to-vote/>

Easy read information about how to vote is here:

<https://www.myvotemyvoice.org.uk/voting/register-to-vote/>



How can you cast your vote?

Summary:

There are three ways you can vote in an election:

- in person,
- by post,
- or by proxy, which is when you ask someone to vote on your behalf.

Easy read information about how to help someone chose they way they vote is here: <https://www.myvotemyvoice.org.uk/voting/how-to-vote-in-an-election/>

Voting in person

Summary:

- Polling stations - usually a local hall or other public building such as a school in the area where you live – will be open from **7am to 10pm on 2nd May**.
- When you arrive at the polling station, tell the election staff your name and address.
- You can take your polling card with you.
- Please also show your photo ID when asked
- The staff will give you a ballot paper, which is a list of the people or parties you can vote for.
- The ballot paper will tell you how many votes you have.
- You can ask a member of staff at the polling station for help or refer to guidance in the polling station.

Information to help support someone to vote in person is here:

<https://www.myvotemyvoice.org.uk/supporting-voters/i-am-a-carer-or-support-worker/supporting-someone-to-vote-in-person/>

Easy read info here: <https://www.myvotemyvoice.org.uk/voting/how-to-vote-in-an-election/how-to-vote-in-person>



You need ID to vote in person

Summary:

- You will need to bring a Photo ID to your polling station. You can make sure you have an accepted form of identification here, <https://www.northyorks.gov.uk/your-council/elections-and-voting/how-vote>
- If you don't have an accepted form of identification, you can apply for free voter ID by **5pm on Wednesday 24 April**. Apply for free voter ID here: <https://www.gov.uk/apply-for-photo-id-voter-authority-certificate>

Easy read information about Voter ID is here:

<https://www.myvotemyvoice.org.uk/voting/how-to-vote-in-an-election/how-to-vote-in-person/>



Voting by post

Summary:

- You can vote from home if you can't or don't want to go to your polling station on election day.
- Registering to vote by post is easy - you'll simply need to prove your identity.
- Apply for a new postal vote or cancel an existing one, before the deadline of **5pm on Wednesday 17 April** at <https://www.northyorks.gov.uk/your-council/elections-and-voting/apply-postal-vote>

Easy read information about voting by post is here:

<https://www.myvotemyvoice.org.uk/supporting-voters/i-am-a-carer-or-support-worker/supporting-someone-to-vote-by-post/>



Voting by proxy

Summary:

- You can ask for a friend or family member to cast your vote by proxy at your polling station at <https://www.northyorks.gov.uk/your-council/elections-and-voting/apply-proxy-vote>
- Apply for a proxy vote for this election before the deadline of 5pm on **Wednesday 24 April.**

Easy read information about voting by proxy is here:

<https://www.myvotemyvoice.org.uk/supporting-voters/i-am-a-carer-or-support-worker/supporting-someone-to-vote-by-proxy>



Christopher Porter – self-advocate

Christopher Porter, who is a self advocate for people with learning disabilities and autism, very kindly did this video for us – please share and use.

Please see the toolkit for details of how to use the video.

The video can be downloaded here: <https://we.tl/t-HFtrgxMqVG>

Or you can use this YouTube link <https://youtu.be/TBdQ3-K54p8>



How you can help people to vote in the Mayoral Election on 2 May

Voting is a legal right for everyone who is eligible to vote in an election.

Use the resources to help you share information on your channels

- Toolkit on the sharepoint site
- Easy read version of the Candidate Address book
- Voter information leaflet
- <https://www.myvotemyvoice.org.uk/>

Have conversations about registering to vote and voting with the people you support

Display information in public places if possible (posters are available)

Request information in accessible formats as needed

Contact alison.clarke@northyorks.gov.uk for help with any of the above.



Additional resources

The toolkit of resources for the York and North Yorkshire Mayoral election can be downloaded from the sharepoint site – filename is ‘CAM election toolkit for people who may need support to vote’

Resources from my vote my voice here:

<https://www.myvotemyvoice.org.uk/voting/voting-resources/>

Alternative formats of information specifically about the Mayoral election can be made available, please contact

Alison.Clarke@northyorks.gov.uk





PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING EASTER HOLIDAYS 2024

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from
From Mon - Fri in Half Terms 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £9.75 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

COCONUT TREE

One child (10 & Under) eats free per paying adult. Valid from 23/03/2024 - 14/04/2024

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

BILLS

Two kids can eat free ALL DAY (Weekdays) from Monday 25th March - Friday 12th April 2024, with one adult main dish.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

ReSPECT Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- **17/05/2024 10.00am** - The ReSPECT process: a guide for care staff – held on MS Teams; suitable for all working in the social care sector
- **06/06/2024 10.00am** - The ReSPECT process: a guide for care staff – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable for all working in the social care sector
- **19/07/2024 10.00am** - The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- **17/09/2024 10.00am** - The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- **14/10/2024 10.00am** - The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July. Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months. To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email: sarah.holloway@saintcatherines.org.uk.



Change of Email Address

Please be aware that the previous Generic Email address for the old Quality and Contracting Team at North Yorkshire Council socialservices.Contractingunit@northyorks.gov.uk is no longer in use. Should you email this address you will receive a bounce back email asking you to redirect your email to either:

The Quality and Service Continuity Team at HASQuality@northyorks.gov.uk This email is for Quality related queries (e.g. PERSON form, RNR, whistleblowing, guidance and advice, service continuity).

Or

The Contract Management Team at HASContracting@northyorks.gov.uk This email is for Contract related queries (e.g. contract terms, information requests relating to the contract and fee queries).

We are in the process of updating documents that contain the old email address so that they are replaced with the appropriate email above. Please note that during April the old email will be fully switched off.



Dates for your Diary

- ReSPECT process support sessions being held from May to October.
Contact: sarah.holloway@saintcatherines.org.uk
- Autism Awareness Month – April 2024
- World Autism Acceptance Week – 2nd April – 8th April 2024 [World Autism Acceptance Week 2024](#)
- Stress Awareness Month - April 2024 [Stress Awareness Month 2024 - The Stress Management Society](#)
- Yorkshire & Humber Care Home Support Network on Tuesday 23rd April 10:00am – 12:30pm.
Please email: Academy@yhia.nhs.uk if you would like to attend.
- Home Based Support Provider Forums – Tuesday 30th April, 10am – 12pm. Please send your interest to HASservicedevelopment@northyorks.gov.uk

Key Contacts – North Yorkshire Council

North Yorkshire Council website [Home | North Yorkshire Council](#)

Quality Team: HASQuality@northyorks.gov.uk

NYV HAS Contract Team: HASContracting@northyorks.gov.uk

North Yorkshire Partnership website: [Care Connected | North Yorkshire Partnerships \(nypartnerships.org.uk\)](http://Care Connected | North Yorkshire Partnerships (nypartnerships.org.uk))

NYC Approved Provider Lists for Adult Social Care – FAQs, Webinars can be found [here](#)

Public Health dph@northyorks.gov.uk

Service Development: HASservicedevelopment@northyorks.gov.uk

Jo Holland - joanne.holland@northyorks.gov.uk

Training available NYC, PHE & NYSAB:

<https://safeguardingadults.co.uk/> & <https://www.nypartnerships.org.uk/phtraining>

Workforce

Make Care Matter www.makecarematter.co.uk



Key Contacts and Information – City of York Council

City York Council website - <https://www.york.gov.uk/AdultSocialCare>

Dedicated email address for care providers:

Commissioning and Contracts: AllAgeCommissioning@york.gov.uk - If you require further assistance, please contact All Age Commissioning on Tel: 01904 55 4661

Transformation and Service Improvement: asctransformationteam@york.gov.uk

<https://www.york.gov.uk/ShapingCare> - Market Position Statement for all providers to view

City of York Council Individual Provider Bulletin is circulated regularly to providers and as/when there is important information to share.

Key Contacts – Health and Adult Social Care

NHS Humber and North Yorkshire ICB: hnyicb-voy.yorkplacequalitynursingteam@nhs.net

iCG: John Pattinson johnpattinson@independentcaregroup.co.uk To join the iCG [click here](#)

Heather Bygrave- Relationship Team Manager Immedicare hbygrave@immedicare.co.uk

Dreams Team - dreamsteam@eastriding.gov.uk

Skills for Care: [Home - Skills for Care](#)

Training available

IPC [Home - Infection Prevention Control](#)

NHS Humber and North Yorkshire ICB- [Training and Development Opportunities](#)

Digital Update Newsletter sign up - [Newsletter Signup - Digital Social Care](#)

Workforce

Skills for Care <https://www.skillsforcare.org.uk/Recruitment-retention/Recruitment-and-retention.aspx>

Department of Health & Social Care <https://www.adultsocialcare.co.uk/home.aspx>

The DHSC social care reform [Homepage -](#)

Workforce wellbeing resource finder: [Wellbeing resource finder](#)

