



Humber and North Yorkshire
Health and Care Partnership



Humber and
North Yorkshire
Integrated Care Board (ICB)



Our North Yorkshire and York Care Providers

Tuesday 27 February 2024

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. [Please click here to bookmark these pages](#)



Have You Got Medequip Community Equipment that Could be Recycled?

In January 2024 Medequip introduced a bulk care home collection speed. Medequip are aware that care homes can find it challenging when trying to arrange collections and as a result, often have a number of items that they need to collect at once. To make this easier, Medequip have introduced a bulk collection speed for care homes.

Care homes need to contact Medequip via the north.yorks@medequip.com email address and let the Medequip team know the details (EIN number) of at least one item they need to be collected. This bulk collection speed is for 6 large items or more. For less than 6 items the normal collection process remains for care homes, which is to email Medequip and inform them of all of the EIN numbers and equipment details of the items they want to be collected.

If you have equipment that is no longer needed, you are urged to contact Medequip. An email must be sent to Medequip to confirm as many items as possible to be collected (EIN numbers), this information will be passed to the commissioners who will review the request. Once the request is approved, Medequip will contact you direct to agree the collection date and location of the items on site. On the day of the collection please make sure a member of your team is available should Medequip need to be shown where to access the equipment.

Should you have any issues in arranging your collection with Medequip please contact pam.bolderson@nhs.net



News from Skills for Care

Moving Up bookings open now.

Our Moving Up programme supports Black and Asian minority groups who are managers or aspiring managers and have the desire and drive to progress in their career but are facing blockages and resistance preventing them from doing so.

Taking part in the programme gives participants an increased understanding of who they are, their strengths and weaknesses and a variety of techniques to help overcome any personal challenges. It will focus on increasing confidence and self-belief, to allow growth and progression to where they want to be in their career.

The next programme dates (which are three live online sessions) are:

- Tuesday 30 April | 09:30 - 16:00
- Tuesday 28 May | 09:30 - 16:00
- Wednesday 26 June | 09:30 - 16:00

If you, or someone you know, is interested, register by Friday 15 March.

[⇒ Find out more and book](#)



**National
Patient
Safety Alert**

Patience Young the Clinical Commissioning Lead for Equipment & Wheelchairs, Hull & East Riding Place (ICB) has provided two easy read documents providing information on how to use bed grab handles safely.

Safe use of bed grab handles

This is information about how to use bed grab handles safely.

A health or social care worker has decided if this equipment is safe and helpful for you. This is called a risk assessment.



The bed grab handle is there to help you get in and out of bed and can also help you to move in bed. It is not there to stop you falling out of bed.



The people who made the equipment have given you some information on how to use it. This is called the manufacturers guidance or instructions. You should make sure you follow this information to keep you safe.

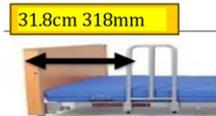


Your equipment may have been fitted by someone who knows how to fit it or you may have been told how to fit it yourself. You must fit and use the equipment as you have been told or shown. This is to keep you safe.



Once a week you will need to check for problems and changes like rust or damage. The equipment does not need to be checked by a health care worker if there is no problem and you are using it as you have been shown.

Click [here](#) to download a copy.



The grab handle should be more than 318mm or 31.8cm away from the headboard of your bed all the time. This is because you could get trapped if it moves.



You must never move the grab handle to a different place as this could be unsafe



There should be no space between the grab handle and the side of the mattress



This is to stop parts of your body getting trapped whilst you are in bed.



If there is furniture next to the bed then make sure there are no gaps you could get stuck or fall into



If your weight has changed a lot, or your body has changed shape since you were given the grab handle you should tell your health care worker.



CQC is changing.

26 February 2024

A regular update for providers and professionals about the changes we're making to how we work.

CQC's new provider portal is available for everyone from 11 March.

In just over two weeks all providers registered with CQC will be able to create an account on our new provider portal.

We'd previously advised that our new portal would be available for all providers from 27 February. To ensure we give providers the best experience we are moving our launch date to 11 March.

From 11 March if you have a role registered with CQC you can use your email address associated with your CQC registration to create an account on our [new portal](#).

Our new portal will offer a better experience when submitting statutory notifications and completing some registration actions.

In just over two weeks all providers registered with CQC will be able to create an account on our new provider portal.

Until **11 March** you can continue using our existing provider portal and submitting notifications via email.

Here's what to do to get ready for these changes:

- Make sure all the [contact details](#) we hold for your organisation are correct (you'll need to sign up to the new portal using an email address we have on record).

Watch the [introduction to our new provider portal](#) Please follow us on [Instagram](#) and [LinkedIn](#) and share our content to help us reach as many people as possible. Find out more about our new provider portal [here](#)

Update from CQC

A regular update for providers and professionals working in primary medical and dental services

29 February 2024

Our new assessment approach



Our new assessment approach is now live across the whole country.

NOTE: Our new approach is not currently being used for services we do not rate, such as dental practices. We will be in touch with those providers directly for more information about when the new approach will apply to them.

What can providers do to prepare:

- Read provider guidance on [our new approach to assessment](#).
- Make sure [your contact details are up to date](#), and the right people in your organisation are [subscribed to our email newsletters](#) to get the latest information.
- Watch our [videos and webinar recordings](#) on our new regulatory approach.
- Sign up to attend our webinars when we advertise them.
- Join our [digital engagement platform](#) to share feedback on our new approach.

[Find out more](#)



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Save the date: Clinical assembly for Health, Learning Disabilities and Autism Collaborative Programme

The next clinical assembly for the Mental Health, Learning Disabilities and Autism Collaborative, 'Our future direction and how you can help shape it', will be held on **Wednesday 20 March 2024**, 12:30–1:15pm via Teams.

This is an opportunity for those attending the assembly to hear about the future plans of our collaborative programme and equally important, how you can be involved, be heard and shape things.

We are delighted to welcome Brent Kilmurray, Chair of the Collaborative and Chief Executive of Tees, Esk and Wear Valleys NHS Foundation Trust, and Alison Flack, Collaborative Programme Director, who will both be talking at this assembly and there will be ample time for questions and answers.

For further information and to receive the link to join the meeting, please email hnf-tr.hnymhpmo@nhs.net.



Mindfulness Sessions Available for Humber and North Yorkshire Health and Social Care Staff

A reminder - Mindfulness Taster Sessions

These two-hour sessions will give you a taste of what mindfulness is all about and the variety of offerings our service provides. Sessions include information, discussion, and brief guided meditations. You need to attend a taster before applying for one of our longer courses. A range of sessions will be running from March until September 2024. [Click here to book onto a taster session.](#)

Staff Introduction to Mindfulness Course

This short course consists of 3 sessions over a 3-week period. Each online session is an hour long and will include brief guided meditations, as well as some theory and discussion. You will be invited to use the mindfulness practices at home between sessions. This course is designed for people who are new to mindfulness or who only have limited time to attend a mindfulness course.

[Click here to complete the registration form to book onto the course.](#)

Weekly Drop-In Mindfulness Sessions

These regular 30 minute online drop-in sessions aim to support staff wellbeing and include:

- A guided meditation
- An opportunity for some brief discussion

Sessions currently take place on Mondays at 10-10.30am and Tuesdays at 8.30-9am via Microsoft Teams. You don't need to book in advance, and no previous experience of mindfulness is necessary. To register for the drop-in sessions, please contact tewv.mindfulness@nhs.net.



Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- 17.5.24 10.00 - The ReSPECT process: a guide for care staff – held on MS Teams; suitable for all working in the social care sector
- 6.6.24 10.00- The ReSPECT process: a guide for care staff – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable for all working in the social care sector
- 19.7.24 10.00- The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- 17.9.24 10.00- The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- 14.10.24 10.00- The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July

Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months.

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email:

sarah.holloway@saintcatherines.org.uk.



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Living Well Together Newsletter- February/March 2024



Supporting individuals with a learning disability and/or Autistic individuals, you will be acutely aware of the impact health inequalities has on people's health and well-being. We work in partnership with individuals, parents/carers, voluntary sector, support providers, social care, and health professionals to raise awareness, promote well-being and ultimately reduce health inequalities in our communities.

This newsletter aims to reach community-based support providers in North Yorkshire and York. We will be highlighting specific health issues and signpost you to useful and accessible information and resources.

Please feel free to share the newsletter with individuals and agencies you feel appropriate. We are also keen to hear from you if there are any specific health topics you want to be covered or if you need any accessible information or resources to promote health and well-being of individuals you support.

To view the Newsletter please see the attachment to this email.

Learning and Development Opportunities



Free GOLD webinar: Menopause and Learning Disabilities

When: Tuesday 12 March at 12.30
via Zoom

In this webinar, Dr Louise Newson will be talking about hormones, perimenopause and menopause. She will cover common symptoms and health risks of the menopause and treatments including HRT. Louise will also share information resources and where to find them, for people who have learning disabilities.

To book your place please follow this [link](#)



Nursing in Adult Social Care Community of Practice Event

When: Tuesday 19 March 2024 10:00-
12:00 (Via Zoom)

Nursing recruitment and retention webinar series

6 February to 5 March 2024

Recruiting and retaining the nursing workforce within social care is more important than ever. We're running a series of webinars for those invested in the social care nursing workforce. Each webinar is designed to explore recruitment and retention best practice approaches, including career opportunities, developing learning environments and supporting early careers nurses.

⇒ [Book now and find out more](#)

Further Information

Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#) and send to yhstr.s2s@nhs.net This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**

If so please contact hnyicb-voy.yorkplacequalitynursingteam@nhs.net