



Our North Yorkshire and York Care Providers

Monday 11th March 2024

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. [Please click here to bookmark these pages](#)



Humber and North Yorkshire
Health and Care Partnership



Social Care Legacy Mentoring Programme for North Yorkshire and York

Update

- The Registered Managers program is now extended out to **all** Registered Managers in Residential Care Homes, Hospices and Domiciliary Care providers as well as Nursing Homes. You do not need to be a registered nurse to access this.
- The Registered Nurse Programme is extended to All Nurses in Social Care regardless of role within the service.

For further information or to request an emailed expression of interest form please email [here](#)



**Ruth Mayhew,
Legacy Nurse
Mentor**

Ruth qualified as a registered nurse in 1994 as a registered general nurse and has experience in the acute hospital care and within the care home sector.

More recently Ruth has worked in Further Education teaching the new T level Qualification and level 3 Diploma in Health and social care.

Ruth is looking forward to supporting nurses in the early years of their career as well as those returning to the nursing profession.

For further information or to request an emailed expression of interest form please email:

Yhs-tr.legacymentoring.socialcare@nhs.net

Or contact the following individuals for a discussion:

Nichola Greenwood, Social Care Workforce lead – North Yorkshire and York, Humber and North Yorkshire Health and Care Partnership

Nichola.Greenwood1@nhs.net

Joanne Holland, HR Manager – Care Sector, North Yorkshire Council

Joanne.Holland@northyorks.gov.uk

Hannah Morley, Head of HR – Health and Adult Services, North Yorkshire Council

Hannah.Morley@northyorks.gov.uk



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Health and Care Partnership



**Social Care
Legacy Mentoring
Programme for North
Yorkshire and York**



Working in partnership with



Have You Got Medequip Community Equipment that Could be Collected and Reused within the System?

In January 2024 Medequip introduced a 'bulk care home collection speed'. Care homes often have several items of equipment that need collecting, to make this easier, Medequip have introduced a bulk collection speed' for care homes.

Care homes wanting to return 6 or more pieces of equipment should contact Medequip via the north.yorks@medequip.com email address and let the team know details. Include the EIN number for at least one item to be collected. For less than 6 items the normal collection process remains, which is to email Medequip and inform them of all EIN numbers and equipment details.

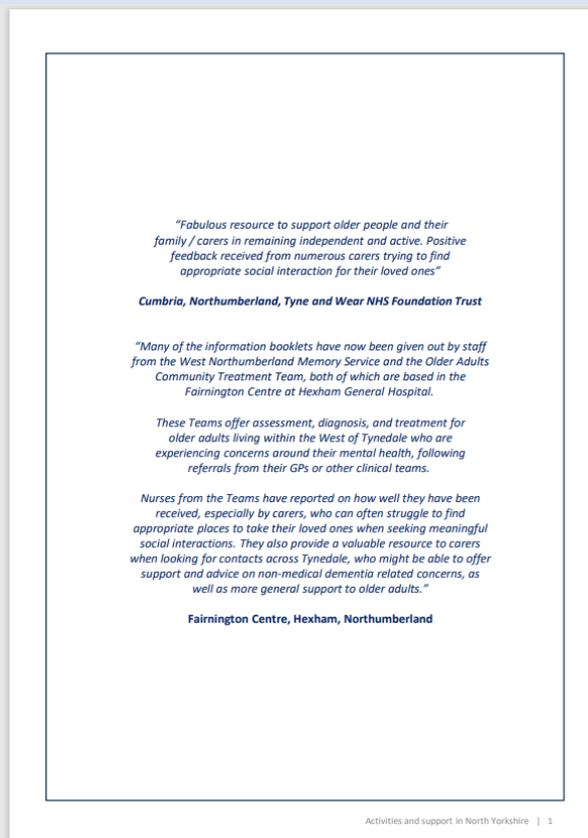
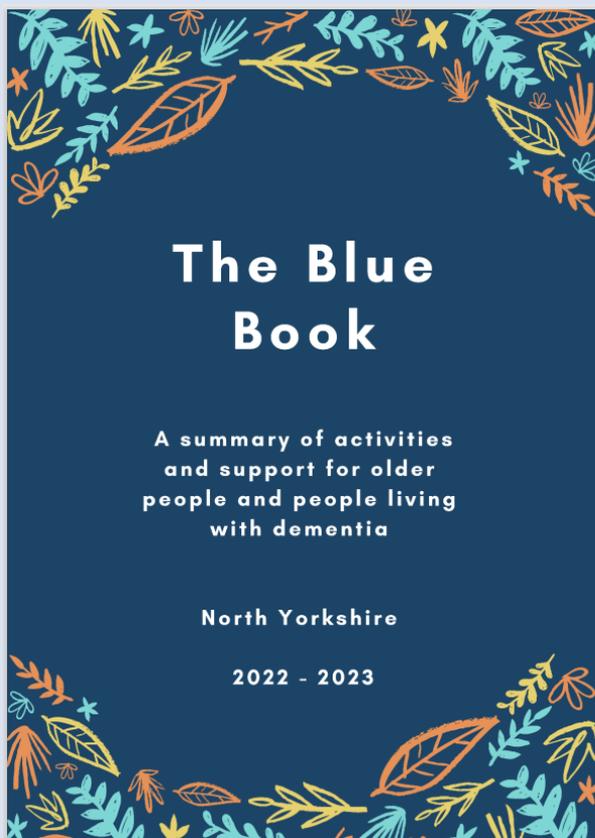
If you have equipment that is no longer needed, you are urged to contact Medequip. An email must be sent to Medequip to confirm as many items as possible to be collected (EIN numbers), this information will be passed to the commissioners who will review the request. Once the request is approved, Medequip will contact you direct to agree the collection date and location of the items on site. One the day of the collection please make sure a member of your team is available should Medequip need to be shown where to access the equipment.

Should you have any issues in arranging your collection with Medequip please contact pam.bolderson@nhs.net

The Blue Book

A summary of activities and support for older people and people living with dementia

The Blue Book is an information booklet which provides a summary of activities and support for older people and people living with dementia in North Yorkshire including lots in York. It contains 220+ entries and is provided free of charge. Click [this link](#) to view the digital copy. The Blue Book is a family project - a voluntary initiative which came about through personal experience. It is updated each year and circulated as digital and hard copies. To date, we've distributed over 60,000 copies! You can also order hard copies **FREE** of charge [here](#).





News from Skills for Care

Moving Up bookings open NOW

Our Moving Up programme supports Black and Asian minority groups who are managers or aspiring managers and have the desire and drive to progress in their career but are facing blockages and resistance preventing them from doing so.

Taking part in the programme gives participants an increased understanding of who they are, their strengths and weaknesses and a variety of techniques to help overcome any personal challenges. It will focus on increasing confidence and self-belief, to allow growth and progression to where they want to be in their career.

The next programme dates (which are three live online sessions) are:

Tuesday 30 April | 09:30 - 16:00

Tuesday 28 May | 09:30 - 16:00

Wednesday 26 June | 09:30 - 16:00

If you, or someone you know, is interested, register by Friday 15 March.

⇒ Find out more and book



Capacity Tracker

Insight for Care

What's New to Capacity Tracker

As part of the continuous improvement of the Capacity Tracker, we draw your attention to the following update that took place on 28th February 2024.

System Refinements

Vaccination Questions:

The red asterisk (*) that denotes the questions that are part of the mandated collection have been removed from the Covid-19 vaccination questions on the Provider Update pages for Care Home and Home Care providers.

Local Authority Alignments:

An update regarding Local Authority Alignments will follow in due course.

For more information, please click [here](#).

Important Reminders

Winter Planning Guidance

[Working together to deliver a resilient winter: System roles and responsibilities](#)

Updating Capacity Tracker? We recommend that there is more than 1 user registered at each location who can update Capacity Tracker to cover periods of absence (*if you are an approver, you are able to approve new users immediately*)

Going Abroad? Users are reminded that Capacity Tracker is not accessible outside of the UK

Need Help? Provider Training Sessions are available - see [here](#) - and remember to share these with colleagues who are also welcome to join our sessions!

Need Additional Support? Please contact our Support Centre, Mon - Fri (excluding Public Holidays) 8am - 5pm by phoning 0191 691 3729 or emailing necsu.capacitytracker@nhs.net

With kind regards
Capacity Tracker Team



CQC is changing.

26 February 2024

A regular update for providers and professionals about the changes we're making to how we work.

CQC's new provider portal is available for everyone from 11 March.

In just over two weeks all providers registered with CQC will be able to create an account on our new provider portal.

We'd previously advised that our new portal would be available for all providers from 27 February. To ensure we give providers the best experience we are moving our launch date to 11 March.

From 11 March if you have a role registered with CQC you can use your email address associated with your CQC registration to create an account on our [new portal](#).

Our new portal will offer a better experience when submitting statutory notifications and completing some registration actions.

In just over two weeks all providers registered with CQC will be able to create an account on our new provider portal.

Until **11 March** you can continue using our existing provider portal and submitting notifications via email.

Here's what to do to get ready for these changes:

- Make sure all the [contact details](#) we hold for your organisation are correct (you'll need to sign up to the new portal using an email address we have on record).

Watch the [introduction to our new provider portal](#) Please follow us on [Instagram](#) and [LinkedIn](#) and share our content to help us reach as many people as possible.

Find out more about our new provider portal [here](#)



Save the date: Clinical assembly for Health, Learning Disabilities and Collaborative Programme

The next clinical assembly for the Mental Health, Learning Disabilities and Autism Collaborative, 'Our future direction and how you can help shape it', will be held on **Wednesday 20 March 2024**, 12:30–1:15pm via Teams.

This is an opportunity for those attending the assembly to hear about the future plans of our collaborative programme and equally important, how you can be involved, be heard and shape things.

We are delighted to welcome Brent Kilmurray, Chair of the Collaborative and Chief Executive of Tees, Esk and Wear Valleys NHS Foundation Trust, and Alison Flack, Collaborative Programme Director, who will both be talking at this assembly and there will be ample time for questions and answers.

For further information and to receive the link to join the meeting, please email hnf-tr.hnymhpmo@nhs.net.



Mindfulness Sessions Available for Humber and North Yorkshire Health and Social Care Staff

A reminder - Mindfulness Taster Sessions

These two-hour sessions will give you a taste of what mindfulness is all about and the variety of offerings our service provides. Sessions include information, discussion, and brief guided meditations. You need to attend a taster before applying for one of our longer courses. A range of sessions will be running from March until September 2024. [Click here to book onto a taster session.](#)

Staff Introduction to Mindfulness Course

This short course consists of 3 sessions over a 3-week period. Each online session is an hour long and will include brief guided meditations, as well as some theory and discussion. You will be invited to use the mindfulness practices at home between sessions. This course is designed for people who are new to mindfulness or who only have limited time to attend a mindfulness course.

[Click here to complete the registration form to book onto the course.](#)

Weekly Drop-In Mindfulness Sessions

These regular 30 minute online drop-in sessions aim to support staff wellbeing and include:

- A guided meditation
- An opportunity for some brief discussion

Sessions currently take place on Mondays at 10-10.30am and Tuesdays at 8.30-9am via Microsoft Teams. You don't need to book in advance, and no previous experience of mindfulness is necessary. To register for the drop-in sessions, please contact tewv.mindfulness@nhs.net.



Introduction of ReSPECT Process Briefing for Providers

The York and North Yorkshire area is moving towards the adoption of the ReSPECT process. The aim of this is to promote a more patient-centred and consistent approach to advanced care planning. Over the coming year, you will see the introduction of ReSPECT documentation and eventually the phasing out of the “red bordered” DNACPR forms. In order to support staff with this, a number of sessions are planned to talk through the process, and enable you to ask questions. The following sessions, lasting approximately 1.5 hours, are currently available:

- 17.5.24 10.00 - The ReSPECT process: a guide for care staff – held on MS Teams; suitable for all working in the social care sector
- 6.6.24 10.00- The ReSPECT process: a guide for care staff – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable for all working in the social care sector
- 19.7.24 10.00- The ReSPECT process: a guide for LD and autism providers – held on MS teams; suitable for any staff caring for clients with learning disabilities and/or autism
- 17.9.24 10.00- The ReSPECT process: a guide for care staff – held on MS Teams and suitable for all working in the social care sector
- 14.10.24 10.00- The ReSPECT process: a guide for LD and autism providers – held face to face in the Education Centre, Saint Catherine’s Hospice, Scarborough; suitable on MS teams for any staff caring for clients with learning disabilities and/or autism

There will also be a session on ReSPECT on the *Palliative care for care staff study day* run at St Catherine’s on 8 July

Further dates, including face to face sessions in other locations across the area, will be circulated over the coming months.

To book onto any of these sessions, or to discuss how we can support your organisation with the ReSPECT roll out please email:

sarah.holloway@saintcatherines.org.uk.

Learning and Development Opportunities



Free GOLD webinar: Menopause and Learning Disabilities

When: Tuesday 12 March at 12.30 via Zoom

In this webinar, Dr Louise Newson will be talking about hormones, perimenopause and menopause. She will cover common symptoms and health risks of the menopause and treatments including HRT. Louise will also share information resources and where to find them, for people who have learning disabilities.

To book your place please follow this [link](#)



One language for digital care records

NHS England's digitising social care programme has worked with people from across the sector to develop a single set of standard data and definitions to help care providers capture information in the same format, and label it the same way, across all care systems in England.

The new draft Adult Social Care Record Standard: Minimum Operational Data Standard (MODS) provides a single set of data definitions for care providers to ensure they capture information in the same format and label it in the same way across all assured Digital Social Care Record solution suppliers. The standard will support Care Quality Commission (CQC) registered adult social care providers to use one shared language in digital social care records.

Find out more about the standard in our webinar on Navigating Digital Assurance on March 19th [here](#).

Further Information

Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#) and send to yhstr.s2s@nhs.net This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.

Chief Nurse for Adult Social Care Awards- Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact hnyicb-voy.yorkplacequalitynursingteam@nhs.net

