

York and Scarborough Teaching Hospitals

NHS Foundation Trust

Residential/Nursing Homes and Domiciliary Carers Bladder and Bowel Training Dates 2024 All sessions via MS Teams

This training will cover: 'promoting continence and managing incontinence'.

Session includes:

• updating carers in residential homes/nursing homes and domiciliary carers on the necessary skills to promote continence and manage incontinence within their work environment.

This training is aimed at non-registered staff from residential homes and nursing homes and all domiciliary carers.

These are the objectives of the session:-

- List the possible causes of incontinence;
- Know main functions of the healthy bladder and bowel;
- · Understand the impact of incontinence on quality of life;
- Have an awareness of types of incontinence;
- · Examine various management options;
- · Look at how to care for a urinary catheter;
- · Help within your work environment.

Date	Time	Training Provider
Thursday, 25 January 2024	1400 – 1600	Ellie Gow
Thursday, 7 March 2024	1400 – 1600	Ellie Gow
Thursday, 8 August 2024	1400 – 1600	Ellie Gow
Thursday, 7 November 2024	1400 – 1600	Ellie Gow

To make these sessions interactive, we have limited the amount of bookable spaces to 20 per session, and therefore there is a limit of 2 spaces available per care home/per care agency. We recommend and encourage 'train the trainer', so once this session has been attended, the attendee can update their colleagues with what has been discussed.

To book a place, please email <u>clare.markwell@nhs.net</u>, who will send you the Teams meeting invite.