





Monday 31 July 2023

What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues across North Yorkshire and York. Please click here to bookmark these pages













Kirkwood Hall- Leyburn

Sherbutt Residential and Home Care Services-Pocklington

Announcing Our 2023 North Yorkshire and York Care Provider Olympic Champions

After a summer showcasing excellence in physical activity across our area, the providers who took part in the 2023 North Yorkshire and York Care Provider Olympics came together last week to celebrate how teams have been promoting movement and wellbeing for all through the initiative. We can now confirm our 2023 champions are **Kirkwood Hall** in our Older Adults Category, and **Sherbutt Residential and Home Care Services** who have defended their crown in our Younger Adult and LD Category. Thank you to all the providers who have taken part in this year's competition and risen to the challenge to fight deconditioning and promote Health Creation within our sector.

Our inspiring 2023 highlights can be found through this <u>link</u>, and all the action from this summer including our final medal table and a can be found through our website.



Save The Date- Achieving Excellence in Health and Social Care 2023

When: Friday 01 December at The Principal Hotel, York

After the success of last year's event where over 200 individuals from across our sector joined us at the Achieving Excellence in Health and Social Care Conference, we're delighted to be holding a follow up event in December. This will be open to all colleagues working across social care within North Yorkshire and York as well as partners from health and wider organisations who work with the sector. The event will bring together the latest local and national developments and quality improvements opportunities open to providers, and be our chance to share learning and best practice, and celebrate all the innovative work being led by our sector.

If you would like to join us on what promises to be an exciting and collaborative day then please do save the date, and we anticipate bookings will be opening later this month.



Multiply- Free Bite Size Maths Support Available

'For employees looking to progress in their roles or for employers looking to upskill the workforce the biggest barriers are often fear of things that go back to school. Often potential learners cite fear of Maths, confusion with English and issues in the use of technology. All of these things are simpler to overcome than many people think with teaching and assessment support provided by individuals who recognise these issues and are able to support in removing these barriers.

One such example is Multiply, which is free funded bite-sized support that aims to build confidence in the use of numbers. Though it may be a progression to getting a maths qualification it is far from the starting point. Programmes target the 'need' for someone to use numbers, whether that being navigating the cost of living crisis, learning how to eat healthier or support children with homework. Free interventions can be designed to build confidence, before progressing through incentivised learning and onto qualifications if needed. Multiply is just one initiative that can be supported by North Yorkshire Council's and City of York Council's Adult Learning Service as similar free support is also available for literacy and digital skills.

For questions and enquires simply send an email to paul.cliff@northyorks.gov.uk to arrange a short meeting to shape how we can support.



Promoting Good Practice: Alcohol Use in Care Homes for Older People

The University of Bedfordshire hosted a webinar earlier in the month to share and promote good practice for alcohol use in older adults care homes. The record of the session can be found through this <u>link</u>.

The webinar also highlighted the now closed <u>Drink Wise</u>, <u>Age Well</u> (DWAW) programme which has a wide range of resources, video guides and webinars designed for professionals to change attitudes, combat stigma and reduce alcohol harm in the over 50s so they can live longer, healthier lives.

Need to know



Staff Leaver Questionnaires

Staff Leaver Questionnaires are an important tool in understanding your workforce, why people leave, and how you can support the retention of your workforce. We are looking for care provider involvement to help in the development of a ICB wide staff leaver questionnaire to ensure that it is shaped in an appropriate, useful and accessible way which supports social care providers. If you would like to be part of this working group please contact:

Nichola Greenwood, Social Care Workforce Lead – North Yorkshire and York Nichola.Greenwood1@nhs.net

Joanne Holland, HR Manager – Care Sector, North Yorkshire Council joanne.holland@northyorks.gov.uk





Care Connected- Slides from The Meeting

Thank you to all those who joined us last week at Care Connected. The slides from the meeting can be found through this <u>link</u> along with slides from all previous meetings. Care Connected is open to all care providers and partner organisations from across North Yorkshire and York. The group is facilitated jointly by City of York Council, North Yorkshire Council and NHS Humber and North Yorkshire ICB and designed to help you access the updates relevant to you and your teams from across health and social care in one single place. The meeting takes place through Microsoft Teams every two weeks and the next session will take place on **Wednesday 09 August**.



IPC Bulletin: To Dip or Not to Dip? UTIs in Those Over 65 years OR Catheterised Adults

The Community Infection Prevention Team have produced their <u>latest bulletin</u> covering whether to use dipsticks to aid diagnosis of a urinary tract infection (UTI).

Whilst this test has some diagnostic value in those who are aged under 65, it becomes more unreliable when the resident is over 65 years of age. In fact, residents over 65 years of age are more likely to have bacteria present in their urine which is not causing any infection. This is called asymptomatic bacteriuria. By 80 years of age, half of older adults in care, and most with a urinary catheter, will have bacteria in their bladder/urine, but not have a UTI. The bacteria in the bladder produce an enzyme which turns nitrates into nitrites which shows as positive on the dipstick. The positive dipstick result happens if the person has a

UTI and if they have asymptomatic bacteriuria so does not help you diagnose a UTI if the person is over 65 or if they have a catheter.





Adult Social Care Nurse Leadership Programme- NY+Y

Skills for Care has developed this programme to support registered nurses working in social care (who are in a leadership role) develop their leadership practice and enhance their personal and professional impact when managing teams. The programme is made up of five interactive workshops covering a range of leadership concepts and theories. These will enable participants to develop the required knowledge and skills to enhance their leadership practice when working across complex and often challenging systems. There will be presentations, discussions, and exercises to take part in, including 360 appraisals and workbased projects to embed learning and further support the development of leadership and management skills. We're offering 20 funded places to organisations based in York and North Yorkshire as well as a backfill payment of £1000 per participant to employers.

Further information including how to apply can be found through this <u>link</u>. The deadline for applications is **Monday 21 August.**

Learning and Development Opportunities



BD Bodyguard Syringe Driver Training- Vale of York Providers

When: Tuesday 22 August 1.00-4.00 at Tang Hall Clinic, Fifth Avenue, York

These sessions are designed for care home nurses from the York and Selby area. This will cover when to appropriate to put one in place, knowledge of commonly used medicines and dilatants and how to set up a syringe driver.

For further information please follow this <u>link</u>.

An Introduction to Living with Dementia My Life, My Goals

When: Monday 4 September and Monday 9 October 10.00-1.00 at Foxwood Community Centre, York

Beetle Bank Social Farm in York are hosting a pair of workshops open to individuals with early to moderate stage dementia and their care partners. This is designed an introduction to the "Living with Dementia- My Life, My Goals" framework which has been designed by individuals with dementia alongside researchers. The guide is intended to provide:

- Hope that there are ways of managing any difficulties
- Hope that there are solutions to problems
- Hope that you can live a good life with dementia

For more information please follow this <u>link</u>.

Further Information

Contacts for Incident Reporting-Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this <u>form</u> and send to <u>yhstr.s2s@nhs.net</u> This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email yas.patientrelations@nhs.net. Please find through this link a template which you are able to complete, which will ensure they have all the information required to investigate.

Chief Nurse for Adult Social Care Awards-Nominate Your Team!

The Chief Nurse Awards are an opportunity to recognise the outstanding contribution made by social care staff, and celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues. As well as being able to nominate individual staff members for a gold and silver award, there is now also the chance to nominate your team!

Further information on the award including the nomination criteria can be found through this <u>link</u>. We would encourage providers to have a think about staff meet these criteria and deserve recognition.

We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

This bulletin is produced by York Health and Care Partnership

Do you have.....

- thoughts or comments to share?
- news that you would like to feature in the bulletin?

If so please contact sam.varo@nhs.net