



Tuesday 21 February 2023

## What's In Your Partners in Care Bulletin?

This weekly bulletin provides details of training, guidance, access to past editions and lots more. There's also helpful information on the web pages dedicated to our Independent Care Provider colleagues.

[Please click here to bookmark these pages](#)

## LeDeR – Learning from the Lives and Deaths of People with Learning Disability or Autism

Providers are encouraged to please read this [summary](#) of the LeDeR Programme, which anybody with a diagnosed learning disability or autism is referred into when they die. The overall aim of the LeDeR programme is to help reduce premature mortality and health inequalities in this population, through driving improvement in their lives and in the care that they receive. People with a learning disability and / or autism experience significant health inequality when

compared to the rest of the population. Learning and themes are collated locally and workstreams are discussed via Local Steering Group, an all local themes and learning are fed up into the national LeDeR system.

To discuss LeDeR further- please contact [Jennifer.MacNeill@nhs.net](mailto:Jennifer.MacNeill@nhs.net)



### **Quality Assurance and Improvement Team: Your Feedback Please!**

We are evaluating the pilot between the NYCC Quality and Service Continuity Team and York Place Quality Nursing Team, who since April 2022 have been working as an integrated service led by Principal Nurse/ Head of Quality Improvement. The Quality Assurance and Improvement Team comprises Quality Assurance Managers, Quality Nurses, Quality Improvement Officers and Quality Assurance and Contracting Officers working together, with a risk-based approach, to provide support and advice to providers across York & North Yorkshire. We welcome your feedback in relation to whether the integrated structure established by this pilot enables NYCC and the HNYHCP to deliver a more effective and efficient quality assurance and improvement programme for contracted out care services to the benefit of the local users.

To access the survey please follow this [link](#). Alternatively you can have a confidential discussion with Ellie Whittaker, Public Health Officer via [Eleanor.Whittaker@northyorks.gov.uk](mailto:Eleanor.Whittaker@northyorks.gov.uk). The closing date for the survey is Friday 24 January.



## Right Care, Right Person

In close collaboration with health and social care partners across North Yorkshire and the City of York, North Yorkshire Police have introduced a significant 'Right Care, Right Person' model designed to ensure that when there are concerns for a person's welfare linked to mental health, medical or social care issues, the right person with the right skills, training and experience will respond.

In recent years, police officers have often been required to offer support to those who really require specialist medical or psychological care. Under 'Right Care, Right Person', our officers will no longer be taking on this responsibility when it is not appropriate to do so. Indeed, police intervention can have a detrimental effect on vulnerable patients who feel they are being criminalised because of their health or social care issues.

The care will now be provided by the agency that can best meet the individual's needs. Similar schemes have already been successfully adopted by forces in Humberside, Lincolnshire, Hampshire and The Metropolitan Police.

To view the full briefing- please follow this [link](#).



## HNY February Financial Wellbeing Newsletter

The February edition of the Humber and North Yorkshire Financial Wellbeing Newsletter can be found through this [link](#), and this month includes:

- Tips on to how reduce our food bills and make ingredients stretch further
- Latest discounts available to health and care staff
- Links to government help for households, cost of living advice and benefits calculator
- Access to free period products.

Did you know we also have an app? "HNY Our People" is a fantastic app for health, care, emergency service, local authority and voluntary sector staff living and working in our local area. The app places everything you need to take care of your wellbeing in one place. Join challenges, gain awards, build healthy habits; and access a range of self-help tools and podcasts. It is available through [iOS](#) or through [Google Play](#).

You can also view the latest list of upcoming Health and Wellbeing sessions available to all health and care staff across Humber and North Yorkshire by following this [link](#).



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## National PPE Portal- Check Your Supplies

The Government recently announced the decision to extend the central, free provision of personal protective equipment (PPE) to the health and care sector for protection against COVID-19, by up to one year, to March 2024 or until stocks run out. This means the scheme will continue to provide protection for frontline staff, as part of the Government's Living with COVID-19 strategy. There's also a list of dates showing when supplies of individual PPE items are likely to end- [Click here review the dates](#).

Please check the list as some may run out prior to March 2024 and you will need to purchase your own.

## Need to know



### New Digital Leadership Programme

The Digital leadership programme is a national development between Skills for Care and the National Care Forum for both new and experienced managers of adult social care services. The learning programme will support managers to gain the underpinning skills and knowledge of digital leadership that can be practically applied when implementing technology in a care service.

To find out more about the programme please follow this [link](#).

#### What's covered by Menopause support?

Peppy

Symptoms	Treatment guidance	Wellbeing	Life-stage
<ul style="list-style-type: none"><li>Physical and psychological symptoms</li><li>Managing symptoms at work and at home</li></ul>	<ul style="list-style-type: none"><li>Options available</li><li>HRT and other treatments</li><li>Advice for talking to your GP</li></ul>	<ul style="list-style-type: none"><li>Weight management, exercise and nutrition</li><li>Exercise videos</li><li>Access to a mental wellbeing expert</li></ul>	<ul style="list-style-type: none"><li>Relationships and sex</li><li>Caring for teenage children and ageing parents</li></ul>

### Peppy Menopause Support

Are you struggling with your Menopause symptoms? Do you feel like you're not getting the help or support you need? If your answer to these questions is yes, then the Peppy Health Menopause support app might be for you. We have partnered with Peppy Health and have a number of app licences available to health, care and local authority staff and volunteers across Humber and North

Yorkshire free of charge. There is an amazing range of support available within the app including

- One to one consultation with expert practitioners
- Symptom management advice and treatment guidance
- Live broadcast events with expert speakers
- Tailored mental wellbeing support
- Peer support groups
- General wellbeing and life-stages advice and guidance

To watch our short information video that gives you the information you need about the Peppy Health app and how to apply for a licence please follow this [link](#) . If after watching the video you would like some further information please email us at [hny.wellbeing@nhs.net](mailto:hny.wellbeing@nhs.net). If you think the Peppy health app is for you please follow this link [Peppy Application \(office.com\)](#) to complete our application form and we will aim to get back to you at the earliest opportunity.



## **Are you Finding it Difficult to Afford Period Products?**

According to recent surveys women and/or people who have periods spend on average £11 per month on period products or an equivalent of £128 per year. With the current squeeze on household incomes this may feel like a significant amount of money. Did you know that there are sustainable, reusable period products available and by switching to these types of products that last on average 5-10 years you could see savings of between £640-£1280 over this time period. Reusable products are also a more sustainable option to disposable products that make an important contribution to reducing the amount of plastic waste in our oceans and overall having less impact on our planet.

Here at Humber and North Yorkshire (HNY) Health and Care Partnership we have partnered with Hey Girls, an award-winning period product social enterprise, to purchase a stock of reusable period products including Period Cups and reusable Period Pads that are now available free to staff/ volunteers in health and care across HNY. If you would like some more information on these products including how they are used we have included both of the HEY Girls

webpage links below where you can find lots of helpful information particularly in the FAQs tab.

[Cup Combo Kit | Hey Girls | Period Product Social Enterprise](#)

[Reusable Day Pads | Hey Girls | Period Product Social Enterprise](#)

If you would like us to provide you with either one of these products free of charge or would like more information on these products, please email us at [hny.wellbeing@nhs.net](mailto:hny.wellbeing@nhs.net). All emails will be treated with confidentiality.



## T34 Syringe Driver Request- Scarborough, Ryedale and Whitby Nursing Homes

If you have not done so already please can you return any old CME T34 syringe drivers to Medical Engineering Department at Scarborough Hospital either via post or transport. Please check all drawers and cupboards for any that you may have stored away. They are identified by having T34 on the label. The newer syringe drivers models provided have BD Bodyguard T on the them.

The address to return devices to is: Medical Engineering Department, Scarborough Hospital, Woodlands Drive, Scarborough, YO12 6QL. For any further queries please contact: [shaun.bryan1@nhs.net](mailto:shaun.bryan1@nhs.net)

## Learning and Development Opportunities

### Masterclass: Using Sensor Based Falls Monitoring

**When:** Thursday 23 February 2023 14:00 – 15:30

Are you an adult social care provider who is interested in using sensor based falls monitoring technology?

In this session, care providers who are already using these systems share their expertise. This includes discussing how to choose the technology, what funding is available and how this software can improve care quality.

For more information please follow this [link](#)

Don't forget- funding for care homes is available from our local DREAMS Team. Please contact [dreamsteam@eastriding.gov.uk](mailto:dreamsteam@eastriding.gov.uk) for more information.



### Skills for Care Webinar- Providing Evidence to CQC

**When:** Wednesday 01 March 10.00-10.45

This webinar will provide insight into how other adult social services gather and share evidence with the Care Quality Commission (CQC). It will provide the opportunity to ask questions about adapting to meet the evidence requirements of the new CQC Single Assessment Framework.

For more information please follow this [link](#)

## Further Information

## Contacts for Incident Reporting- Updated Process

To report any patient safety concerns regarding York and Scarborough Teaching Hospitals NHS Foundation Trust, please complete and submit this [form](#) and send to [yhstr.s2s@nhs.net](mailto:yhstr.s2s@nhs.net) This will allow the Trust to continuously receipt, acknowledge and investigate these concerns.

To make a complaint or to highlight any concerns regarding Yorkshire Ambulance Service NHS Foundation Trust, please email [yas.patientrelations@nhs.net](mailto:yas.patientrelations@nhs.net). Please find through this [link](#) a template which you are able to complete, which will ensure they have all the information required to investigate.



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## Get Nominating- Chief Nurse for Adult Social Care Awards

Last year, Deborah Sturdy (Chief Nurse for Adult Social Care England, Department for Health and Social Care) launched an awards programme which are an opportunity to recognise the outstanding contribution made by social care staff. The awards are designed to celebrate those who go above and beyond in their work, provide outstanding care, commitment and inspiration to colleagues.

Further information on the award including the nomination criteria can be found through this [link](#). We would encourage providers to have a think about staff meet these criteria and deserve recognition. We're happy to support with any nominations, and if you submit an application please copy us in so we can also celebrate the outstanding work undertaken everyday by care staff in our area.

**This bulletin is produced by York Health and Care Partnership**

## **Do you have.....**

- **thoughts or comments to share?**
- **news that you would like to feature in the bulletin?**
- **items to be discussed at the next Partners in Care Meeting?**

If so please contact [sam.varo@nhs.net](mailto:sam.varo@nhs.net)