

York Drug & Alcohol Service

**3 Blossom Street
York
YO24 1AU**

**01904464680
york-info@changinglives.org.uk**

Service opening times:

- Mondays and Thursdays: **9.00am to 7.30pm**
- Tuesdays, Wednesdays and Fridays: **9.00am to 5.00pm**
- Saturdays, Sundays and Bank Holidays: **Closed**

Services provided:

Opioid Substitution Therapy: Opioid prescribing of Methadone and Buprenorphine. In-patient detoxes are available subject to assessment and funding.

Alcohol Treatment: Including prescribing of Acamprosate, Naltrexone and Disulfiram. Community and In-patient detoxes are offered where appropriate; subject to assessment and funding.

Young Persons: Offering 1:1 support for under 18s who are misusing substances or have been affected by others' substance misuse. This team offers support for schools around drug & alcohol education, as well as supporting the adult service by working with 18-22 year olds.

Hepatology: York Drug & Alcohol Service have close links with the Hepatology department at York Hospital, providing ongoing Hepatitis testing and monthly HCV clinics with a specialised nurse.

Oaktrees: a twelve-week recovery programme, offering both 1:1 and group support. Available for those who are abstinent from all substances. Oaktrees works in partnership with the York Drug & Alcohol Service.

Groups: focused recovery groups are offered to clients in addition to their psychosocial and clinical interventions. These include: *Changing Little Lives*, *Discover to Recover*, *When Women Connect*.

York Drug & Alcohol Service works within a greater network of organisations in York and North Yorkshire, such as the Community Mental Health Team, Foodbank, Local Area Coordinators and housing organisations. We are able to refer and signpost as appropriate in cases where there may be more than one need.