



Elbow Osteoarthritis:

Diagnose Osteoarthritis clinically without investigation if a person-

Is 45 or over **AND** Has activity related joint pain **AND** Has either no morning joint related stiffness **OR** morning stiffness that lasts for no more than 30 minutes and has some observable reduction in joint range.

No history of trauma

Mechanical symptoms (i.e. locking) are not at the fore.